

Sponsored Feature:

Haro offers mental health aid in I.V.



Tony Haro, LPC (Photo provided)

I'm Tony Haro and I'm glad to be a part of the Illinois Valley community of health care.

I am an Oregon Licensed Professional Counselor and an active member of the Behavioral Health branch of the Mid Rogue Independent Physicians Association.

I have 10 years experience providing psychotherapy to adolescents, individuals, adults, couples, and families. I work out of two locations: my home office in Grants Pass

and out of the Clear Creek Family Practice Clinic in Selma.

I am willing to see clients at either location. I am trained as a Grief Recovery Specialist through the Grief Recovery Institute, integrated with my own grief/loss experience. Grief Recovery is a 12-week program that takes active steps in reconciling and completing grief/loss. This program is conducted individually or in a group setting.

I also provide counseling services that include working with people coping with anxiety, depression, life transition and/or adjustment, PTSD, past/present abuse, marital difficulties, parenting issues, and chronic health problems.

I believe that strength comes to those who admit they need help. Seeking help is not always easy when trust may have been violated, or when society tells us to be strong and hold it together when the storms of life occur. When we don't get the help we need, we tend to feel alone in our emotional pain and suffering, thinking and believing that no one understands what we are going through.

We all need a safe place to uncoil, work through our difficulties, and feel good about ourselves and our relationships with others.

I strive to provide such a place where health and healing can take place for our minds, in our bodies, with our emotions, and deep within our soul.

Please phone (541) 787-4217 to schedule an appointment. Current hours at Clear Creek Family Practice in Selma are Thursdays from 9 a.m. to 5 p.m. Most insurance is accepted.

Off-road committee seeking one volunteer

A volunteer to represent dirt bike (Class III off-highway vehicle) riders is sought by the Oregon Parks & Recreation Dept. (OPRD) for its All-Terrain Vehicle (ATV) Account Allocation Committee.

The committee has seven voting members appointed by the Oregon Parks & Recreation Commission and advises OPRD on the disbursement of state ATV grants.

Government agencies and nonprofit organizations use the grants to develop, maintain and acquire ATV riding areas, and for safety education and training. Also, to provide law enforcement. ATV permit sales and a percentage of the unrefunded fuel tax revenue fund the grants.

Members serve four-year

terms. They usually attend three public meetings per year, and occasionally participate in workshops and tours.

Applicants should contact Ron Price at (503) 986-0706 for more information and applications. OPRD will accept applications until 5 p.m. Friday, Feb. 6. More information about the program is online at www.oregon.gov/OPRD.

Obituaries

Patrick Doyle

Cave Junction resident Patrick Doyle, 56, died Sunday, Jan. 18, 2009 at home.

A gathering of family and friends with a potluck will be held Thursday, Jan. 29 at 6 p.m. at Art's Red Garter Steakhouse & Saloon in Cave Junction. Illinois Valley Funeral Directors is in charge of arrangements.

Mr. Doyle was born on July 26, 1952 in Omaha, Neb. He grew up and graduated from high school in Omaha, and later graduated from Lub-

boch-based Texas Tech University with a bachelor's degree in accounting. In 2001 he moved from Minneapolis, Minn.

He was an arts-and-craftsman. His family said that he loved adventure, music, and "redneck fun." The family added that he was a follower of the church of Neal Young, a student of the *Beatles*, and had a lifelong pursuit of knowledge.

He helped serve dinners at Thanksgiving and Christmas in Illinois Valley.

Survivors include a daughter, Katie Doyle, of St.

Paul, Minn.; his mother, Norma Jena Doyle; and a sister, Karyl Doyle, both of Kerby; three brothers, Tom Doyle, of Denver, Colo., Rich Miller, of Cave Junction, and Pedro (last name not provided), of Mexico. He also leaves behind his partner, Missy Morgan, of Cave Junction.

Robert E. Short

Robert E. Short, 82, of Cave Junction died Friday, Jan. 16, 2009 at his home in Cave Junction. Arrangements are pending with Stephens Family Chapel.

Church News

Seventh-day Adventist Church, Cave Junction
By Patty Lee Hyland

The Madrone Adventist Elementary School appreciates the help it received to make its fund-raiser a success. More than 2,000 pounds of navel oranges were sold.

Community health education instruction given Saturday afternoons by Josephine Kelley, a registered nurse; and Sharon Whitcombe, who has a bachelor's degree, has greatly benefited everyone. Phone 592-3218 for more information on this program.

Good Shepherd Lutheran Church

In Mark we read of Jesus telling Simon and Andrew, who were fishing in the Sea of Galilee, "Follow me and I will make you fish for people." Likewise, in Jonah, God told him to proclaim His message.

What is common to these

verses is that God calls people of many walks to spread the Good News, which can influence others to follow Him.

Calendar: All-comers Sunday school at 9:15 a.m.; followed by worship and Communion at 10.



A major expansion is under way at The Church of Jesus Christ of Latter-day Saints, Cave Junction Ward building on Junction Avenue. Bishop Jack Brown said late last year that the ward is adding a cultural hall, including a gymnasium, and that it will be made available to the general public by arrangement. (Photo by *Illinois Valley News*)

ODFW plans to auction 11 big-game tags

Eleven big game tags will be auctioned during various events this year by Oregon Dept. of Fish & Wildlife (ODFW), with proceeds benefiting sponsors, wildlife habitat improvement and public hunting access to private land.

ODFW's Access and Habitat (A&H) Program is providing nine big game tags: four statewide deer hunts, four statewide elk hunts and one governor's statewide deer and elk combination hunt. The auction tags award winning bidders extended hunting seasons from Sept. 1 to Nov. 30, 2009 anywhere in Oregon where there is an authorized season for deer and/or elk.

A pronghorn antelope and bighorn sheep tag also will be auctioned, with proceeds benefiting research and management of these species in Oregon. Winning bidders may hunt anywhere there is an authorized season from Sept. 1 to Oct. 31, 2009 for Rocky Mountain goat, and Aug. 15 to Nov. 22, '09 for bighorn sheep.

Up to 10 percent of each auction's proceeds will go to the sponsoring sportsman organization.

See page 21 of the 2009 *Oregon Big Game Regulations* booklet for complete information on the auction hunts. Hunters may bid on tags in person by attending the events or by telephone after contacting event organizers to make advance arrangements. The auctions will

include:

March 7, Statewide Deer, sponsor Rogue Gobblers/Nat'l. Wild Turkey Federation, Red Lion Hotel, Medford. Contact Jeff Heil at (541) 779-8926.

March 14, Statewide Elk, sponsor Portland Chapter, Oregon Hunters Association Embassy Suites, Washington Square, Portland. Contact Leslie Shaw at (503) 259-9821.

May 16, Pronghorn Antelope, sponsor Oregon Hunters Association, Umpqua Chapter, Seven Feathers Casino, Canyonville. Contact Cindy Rooney at (541) 430-4722.

Tony A. Haro MA, LPC, NCC
Oregon Licensed Professional Counselor #C1722

Certified Grief Recovery Specialist

777 N.E. 7th St., Suite 214
Grants Pass OR 97526
541-787-4217
Mondays & Wednesdays 9-5
Tuesdays 9-1

Clear Creek Family Practice
Draper Valley Rd., Selma
Thursdays 9-5

Senior Nutrition Menu
Sponsored by

True Value

592-3562

Meals are served in the
CJ County Bldg.
592-2126, 955-8839
FRIDAY, JAN. 30
SHAKE'N BAKE CHICKEN
Parslied potatoes, winter blend vegetables, honey wheat roll, lemon square
MONDAY, FEB. 2
BEEF HUNGARIAN GOULASH
Scandinavian blend vegetables, steamed spinach, seven grain bread, spiced peaches
WEDNESDAY, FEB. 4
LIMA BEANS & HAM
Broccoli cuts, spinach romaine salad, cornbread, butterscotch bar

Llama Hats are Warm!
Pillboxes are \$115

Come see all the choices

At Forest Edge Farm
5489 Takilma Road 592-6078
and at
Hampton's Rock Shop
in Kerby 592-2800

Places of Worship

It's time to start planning your garden!

2009 seed is in!
Large selection of organic seed.

Check out our new
Planting by the Moon calendars.

Bare root has arrived!
Apply dormant spray now for a better harvest.
Come in for a free spray schedule!

We carry the world's finest organics:
Fox Farm, Ocean Forest, & Happy Frog soils & fertilizers.

DILLON'S NURSERY
GARDEN CENTER
Corner of Redwood Hwy. & Rockydale Road
592-5386 Monday - Saturday, 9-5

IMMANUEL UNITED METHODIST CHURCH
200 Watkins St.
Phone 592-3876
Pastor Charles Chase
Sunday School - 9:15 a.m.
Sunday Worship - 9:15 a.m.
Child-care for small children
Web Page:
<http://UMCImanuel.org>

ST. PATRICK OF THE FOREST CATHOLIC CHURCH
407 W. River St., CJ
592-3658
Msgr. Gregory Moys, Pastor
Mass - Saturday 5:30 p.m.
No Sunday Mass
Holy Days TBA
Sacrament of Reconciliation
Saturday - 4:30 to 5 p.m.

ILLINOIS VALLEY BAPTIST CHURCH
2110 Caves Hwy.
Pastor Frank J. Matz, Jr.
Sunday School - 9:30 a.m.
Sunday Worship - 10:30 a.m.
Women's Bible Study
Tuesday at 12:30 p.m.
www.illinoisvalleybaptistchurch.org
Phone: 541-592-6149

GOOD SHEPHERD LUTHERAN CHURCH
East River Street & Lewis Court
Pastor Don Torala
Sunday School - 9:15 a.m.
Sunday Worship - 10 a.m.
Tuesday Youth group - 6 p.m.
Church Phone: 592-2290
www.goodshepherdlutheraniv.org

SEVENTH-DAY ADVENTIST CHURCH
265 S. Old Stage Rd.
Sabbath School - 9:30 a.m.
Saturday Church Service
11 a.m. Saturday
Prayer & Praise
7 p.m. Tuesday
Pastor Verne Hyland
Church 592-3218
Everyone Welcome
Madrone Adventist School
592-3330
Sr. Teacher: Mrs. Amy Whitchurch
592-6604

FIRST BAPTIST CHURCH OF SELMA
18285 Redwood Hwy.
597-4169
Pastor Monty Pope
Sunday School - 9:45 a.m.
Worship - 11 a.m.

VALLEY EVANGELICAL FREE CHURCH
498 Laurel Road
P.O. Box 1248
Pastor Les Knapp
Sunday School - 9:45 a.m.
Worship Service - 11 a.m.
evfree@frontiernet.net
592-6160

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
temporary location at
28195 Redwood Hwy., CJ
Sacrament Meet - 9 a.m.
Sunday School - 10:20 a.m.
Priesthood, Relief Soc. - 11:10 a.m.
Bishop John A. "Jack" Brown
1st Counselor Bob Knott
2nd Counselor Dan Fiske

FOUNTAIN OF LIFE ASSEMBLY OF GOD
451 S. Junction Ave.
592-3956
Pastor Mark McLean
Sunday School - 10 a.m.
Morning Worship - 11 a.m.
Evening Worship - 6 p.m.
Wednesday - 7 p.m.
Adult Bible Study

COMMUNITY BIBLE CHURCH
113 S. Caves Ave., CJ
Evangelical
Morning Worship - 10:30 a.m.
Evening Service - 6 p.m.
Awana - Wednesdays - 6 p.m.
Pastor Dave Gordon
Christian Academy - PK to 12th

BRIDGEVIEW COMMUNITY CHURCH
5181 Holland Loop
592-3923
"We celebrate God's Presence in our lives!"
Sunday Morning Worship
10:30 a.m.

TAKILMA BIBLE CHURCH
10300 Takilma Road
Pastor Dan Robinson
Bible Study / Prayer Time
9:30 a.m.
Morning Worship 11 a.m.
Wednesday Bible Study
7 p.m.

BAHA'I FAITH
Phone 592-5234