



National Day of Prayer was observed Thursday, May 1 in front of the Josephine County Courthouse in Grants Pass. Approximately 150 persons attended the observance which had the theme, ‘Prayer! America’s Strength and Shield.’ Speakers included county Commissioner Dwight Ellis, Gordon Anderson, Pastor Wes Winn of First Christian Church and Assistant Pastor Kathy Stewart of Bethany Presbyterian Church. (Photo by *Illinois Valley News*)

Evergreen Elementary Round-Up May 8

Kindergarteners, first-graders invited for tour, enrollment information

The Evergreen Elementary School Round-Up in Cave Junction will provide an opportunity for next year’s kindergarteners and first-graders that will be new to Evergreen next year to attend an orientation and submit enrollment paperwork. Students must be 5 years old on or before the first day of September to attend kindergarten.

The Round-Up will be held on Thursday, May 8 from 1 to 2:30 p.m. Said Evergreen Principal David Valenzuela:

“Will your child be starting first-grade at Evergreen next year? Would you like to

meet the first-grade teachers and learn about the programs at our school?

“In the past, Round-Up has been for kindergarten only. This year we are also inviting first-grade students who will be attending Evergreen for the first time. We would like to meet you and your first-grade child.

“Every year, Evergreen has a large number of first-grade students that show up unexpectedly the first day of school. In an effort to provide the best education possible for children, we want to know now if your child will be attending Evergreen Elementary School next year.

“You will get an opportunity to meet the kindergarten and first-grade teachers, as well as tour the school and classrooms. The law requires Oregon children initially entering school to be fully immunized or currently up-to-date on immunizations prior to enrollment.

“Please bring a copy of the child’s birth certificate and immunization records. We will not be able to process their enrollment without these vital documents.

“Those with any additional questions can feel free to contact the school office at 592-3136,” the principal said.

‘Ecostry’ program in Selma set May 18

“Ecostry: The Art of Seeing Through Nature’s Eyes” is the topic for a presentation Sunday, May 18 from 10 a.m. to 1 p.m. at Selma Community Center, 18255 Redwood Hwy.

Tim Hermach, Native Forest Council executive director and founder, will join Selma resident Orville Camp, a sustainable forest practitioner. The presentation is to “expose the waste and abuse of Oregon’s forests through destructive logging, while offering solutions for developing healthy human-forest relationships.”

Hermach’s talk will focus on the Bureau of Land Management’s WOPR

(Western Oregon Plan Revision), U.S. Fish & Wildlife Service’s “Spotted Owl Recovery Plan,” the pitfalls of stewardship contracting logging on public forests, and Rep. Peter DeFazio’s “Forest Legacy Act.”

Camp, a life-long Illinois Valley logger and author of *The Forest Farmer’s Handbook*, will offer an introductory slideshow to ecostry, “an alternative model to forestry. It is defined as the science, art and occupation of achieving sustainable relationships with Nature and community through natural selection-- the process that tests organisms for compatibility with their environment.”

Following the presentation and discussion will be a 1 p.m. bring-your-own sack lunch, then a 3 p.m. tour of Camp Forest (2100 Thompson Creek Road in Selma) to demonstrate the practice of ecostry at work.

From 4:30 to 5:30 p.m. Mary & Orville Camp will host a potluck, music by Patrick Dodd at 6:30 p.m. around a campfire into the evening by reservation only: email maryc@rogueriver.net or phone 597-4313.

“Forest Problems and Forest Solutions” is co-sponsored by Native Forest Council, Deer Creek Association, and Cascadia’s Ecosystem Advocates.

Dental care takes bite from tooth decay

Oral disease is a serious, often overlooked public health problem that affects the majority of Oregonians during their lifetime, according to a new report from the Oregon Dept. of Human Services (DHS) Public Health Division.

“The Burden of Oral Disease in Oregon” describes the extent of the problem and its consequences, and offers strategies for improvement.

“Mounting evidence shows that a healthy mouth is a reflection of a person’s health and is vitally important to their overall well-being,” said Gordon Empey, DHS state dental director who holds degrees as a doctor of dental medicine, and as a master of public health.

“Yet far too many suffer from oral disease, which is mostly preventable and always controllable,” he said.

Empey noted that untreated oral disease leads to poor nutrition, disabling pain and lowered productivity. It also is associated with increased risk of chronic health conditions such as heart disease and pneumonia.

The report presents a sobering perspective of oral disease in Oregon. Some highlights:

*Recent pilot projects targeting lower-income Oregon preschoolers found that

between 6 and 25 percent of those seen had tooth decay.

*Fifty-six percent of Oregon children ages 6 to 8 have had tooth decay; 24 percent have untreated tooth decay.

*Seventy-three percent of Oregon 11th graders report having had at least one cavity.

*One in five Oregonians 65 to 74 have lost all their natural teeth.

*Oral disease takes a heavier toll among minority racial and ethnic groups and low-income residents.

*Tobacco use and excessive alcohol use accounts for approximately 75 percent of all oral cancer in Oregon.

“Oregon is falling short in oral disease prevention,” said Empey, pointing to four findings:

*Fewer than half of pregnant women visited a dentist during pregnancy. Evidence shows that poor oral health during pregnancy may lead to poor birth outcomes.

*Only 20 percent of Oregon community water systems are adjusted to provide fluoride, which is shown to be an effective and inexpensive way to prevent tooth decay.

*Fewer than half of children age 8 have received dental sealants, a plastic coating applied to permanent molar teeth to seal out decay.

*Twenty-two of Ore-

gon’s 36 counties have a shortage of dental professionals.

Empey said that the report is intended as a call to action, although it points to proven strategies such as dental exams for pregnant women, fluoride treatments, dental sealants and regular dental visits for everyone. Future goals include obtaining more data to better understand the problem, securing stable funding and expanding oral health services across the state.

“This is a sobering assessment and the price of doing nothing is high -- treating oral disease can cost up to 73 times more than preventive programs,” said Empey. “Oregon is beginning to make strides in this area, but the solution calls for collaboration among government, private industry, nonprofits, consumer groups, health professionals, educators and others.”

The DHS Public Health Division operates a fluoride supplement program in 250 elementary schools across the state, and more than 30 schools participate in dental sealant programs. Federal funds received during 2002 enabled the division to begin building a program to confront oral disease.

Ray's

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Selma

2 Day Meat Bonanza

Friday & Saturday, May 9 & 10



Beef	Pork	Poultry
WHOLE IN-BAG BONELESS BEEF RIB-EYE \$3⁹⁷ lb.	WHOLE IOWA GOLD NATURAL IN-BAG BONELESS PORK LOIN \$2³⁶ lb.	WHOLE IN-BAG BONELESS BEEF NEW YORK STRIP \$3⁹⁷ lb.
WHOLE IN-BAG BONELESS PORK CUSHION \$1⁷⁸ lb.	LEAN 81/19 APPROX. 10 LB. PKG. GROUND BEEF \$1⁸⁷ lb.	WHOLE IN-BAG CAB BONELESS BEEF SIRLOIN TIP \$2⁷⁷ lb.
WHOLE IN-BAG BONELESS PORK SHOULDER ROAST \$1³⁷ lb.	WHOLE CAB BONELESS BEEF TRI-TIP or TOP SIRLOIN \$3⁴⁶ lb.	WHOLE IOWA GOLD NATURAL IN-BAG BONELESS PORK SIRLOIN \$1⁹⁴ lb.



Seafood		
13/15 IQF EZ-PEEL BLACK TIGER PRAWNS 1 ½ LB. BAG \$13⁷⁷ ea.	COOKED SALAD SHRIMP 5 LB. BAG \$19⁷⁷ ea.	41/50 IQF EZ-PEEL RAW CHINA WHITE PRAWNS 2 LB. BAG \$8⁷⁷ ea.
51/60 IQF COOKED PEELED PRAWNS 2 LB. BAG \$9⁷⁷ ea.	SEABEST ASSORTED BREADED SEAFOOD 10 OZ. BOX \$2⁸⁷ ea.	WHOLE SIDE IQF WILD PACIFIC SALMON FILLET \$3⁷⁷ lb.

Beef	Pork	Poultry
FULL RACK PORK SPARE RIBS \$1⁹⁷ lb.	HILL LINK SAUSAGE 5 LB. BOX HILL SMOKED SLICED BACON 10 LB. BOX \$14⁷⁷ ea.	WHOLE NATUREWELL OR CAB BONELESS NY STRIP OR RIB-EYE \$6⁷⁷ lb.
COOK'S BONE-IN SHANK PORTION HAM 97¢ lb.	BONELESS SKINLESS So. FRYER BREAST APPROX. 10 LB. BAG \$1⁸⁷ lb.	CRYOVAC INDIVIDUALLY FROZEN PORK BABY-BACK RIBS \$3⁷⁷ lb.
GUSTO SMOKED HALF PICNIC HAM 97¢ lb.	BARLOW TRAIL 5LB. GROUND BEEF PATTIES \$6⁷⁷ ea.	
FRYER HINDQUARTERS 10 LB. BAG 77¢ lb.	FILET MIGNON IN-BAG \$9⁷⁷ lb.	
FULL SLAB BEEF BACK RIBS 77¢ lb.	2 LB. C&K PRIVATE RESERVE BEEF JERKY \$18⁷⁷ ea.	

Ray's Food Place
110 Deer Creek Road
541-597-4349

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