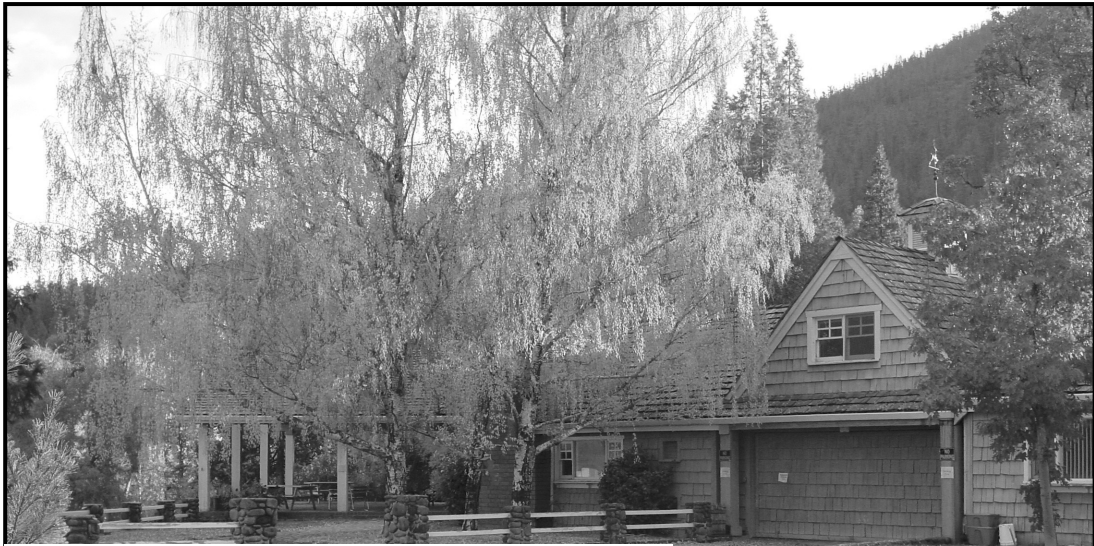


Arts & Entertainment



Siskiyou Field Institute (SFI) held a mixer for Illinois Valley Chamber of Commerce on Friday, Oct. 12 at its Deer Creek Center (top). Director Sue Parrish (above right) points out site plan details to guest Jann Taylor.



(Photos by Dale Sandberg for IVN)

Violin-piano concert Sunday, Oct. 21

Arlene Tayloe, an Ashland violinist, and pianist Dr. Dorothea Hover-Kramer from Cave Junction will combine musical talents at 4 p.m. Sunday, Oct. 21.

Sponsored by the Rogue Valley Unitarian Universalist Fellowship, the lively duo concert will take place at the Unitarian Center, 87 Fourth St. in Ashland. Refreshments will follow the performance.

The program ensemble offers a rich variety of classical music in three quite different styles:

*Bach's ethereal violin/piano sonata in B minor.

*The dynamic Beethoven sonata, Op. 12 #1, first of his 10 writings for this combination of instruments.

After a brief intermission, the Tayloe/Hover-Kramer duo will treat listeners to one of the highpoints of the romantic era:

*Grieg's famous third piano/violin sonata, op. 45, which has many concerto features for each instrument.

For further information contact the fellowship center at 482-4755, or Hover-Kramer at 592-5296.

Tayloe holds a master of music degree from North-



western University. Well-known locally for playing with Rogue Valley Symphony and Rogue Valley Opera, she also performs with the Rogue Valley Symphony Chamber Players which offers regular concerts in area schools.

Prior to moving to Ashland four years ago, Tayloe played with symphony and opera companies in Dallas, Denver, Chicago, Santa Fe and San Jose.

She also performed with chamber orchestras and as soloist in Colorado and New Mexico.

Dorothea Hover-Kramer is a licensed psychologist and clinical nurse specialist with a counseling

practice in Illinois Valley. Beginning with her musical family in Berlin, where classical music was considered an everyday event, she has actively played with ensembles most of her life.

Prior to moving to Oregon four years ago, she regularly performed for eight years with San Diego's Striano Piano Quartet. An exhibiting artist, poet and author of numerous textbooks on energy therapies, she is president of Illinois River Valley Arts Council.

Donations are requested to benefit the fellowship's music fund and support arts in Illinois Valley and Rogue Valley schools.

Food stamp benefits rise

Additionally, people can earn more and still qualify

This month 228,000 Oregon households that receive food stamps also will receive good news: Their annual benefits will rise, and the ceiling on earnings to qualify will increase.

For an individual receiving the maximum benefit, the monthly payment will increase by \$7, from \$155 to \$162. Individuals can earn up to \$1,107 in gross income, compared with \$1,062 before Oct. 1.

For a family of four receiving the maximum benefit, the payment increases by \$24, from \$518 a month to \$542. The maximum gross monthly income families can earn to qualify for food stamps rises from \$2,167 to \$2,238.

The Oregon Dept. of Human Services manages the federal food stamp program in Oregon "as part of the agency's services to deliver high-quality nutrition

to low-income families and to support families moving from welfare to work."

The federal government, which finances the food stamp program, revises payments annually to reflect changes in food, housing and other costs. The average amount of food stamps received by an Oregon household before Oct. 1 was approximately \$175.

More than 440,000 Oregonians receive food stamp benefits each month.

During September, the U.S. Dept. of Agriculture (USDA) awarded Oregon a \$1.7 million performance bonus for its success in providing food stamps to a high percentage of people who are eligible for food assistance.

USDA estimates that Oregon has reached nearly 68 percent of eligible individuals, an extremely high rate nationally.

Heat-saving suggestions listed against winter chill

It's anticipated that Oregon will have a cooler than normal fall and winter, according to many meteorologists, meaning that people will face higher heating costs. Increasing the efficiency of a heating system can dramatically reduce expenses, said Molly Brady, chairman of Oregon Oil Heat, who offers these tips:

*Check your air filter. Dirty filters are one of the biggest causes of inefficient home heating systems because they reduce airflow through furnaces. Make sure to check filters every month. If it shows any buildup of dust and dirt, replace it immediately as the minimal cost of a new filter will quickly be paid back thanks to reduced energy bills.

*Have your duct work sealed. Leaky ductwork can result in heat loss of up to 50 percent into attics or crawl spaces. A rebate from the Energy Trust of Oregon and an Oregon income tax credit are available to offset much of the cost of the sealing.

*Install storm windows and drapes. Standard windows provide little insulation while storm windows (even a layer of plastic) and drapes seal out drafts and block significant heat loss.

*Consider weather-stripping. Many homes have drafts coming through doors and windows. Weather-stripping will cut down on cold air infiltration reducing the amount of heating work furnaces have to do. And it cuts down on cold drafts through homes.

*Get a qualified technician to inspect furnaces. A technician from the appropriate utility should inspect heating systems to ensure that they are safe and operating at maximum efficiency. Faulty heating equipment and poor installations can cause carbon monoxide to leak into homes, leading to headaches, drowsiness and even death.

*Add insulation. Heat leaks out when a house is poorly insulated.

Say you saw it in the news

Echoes on tap

Echoes of the Siskiyou on Tuesday, Oct. 23 has pizza on the menu at Selma Center beginning at 6 p.m., with open mic at 7 p.m.

The menu also will include chicken wings with blue cheese yogurt dipping sauce, sweet potato fries, chili fries, and desserts.

On Tuesday, Oct. 30 there will not be an open mic session. The eclectic open mic will return Nov. 6.

Is the pain of a past abortion still with you?

Abortion Recovery is possible!



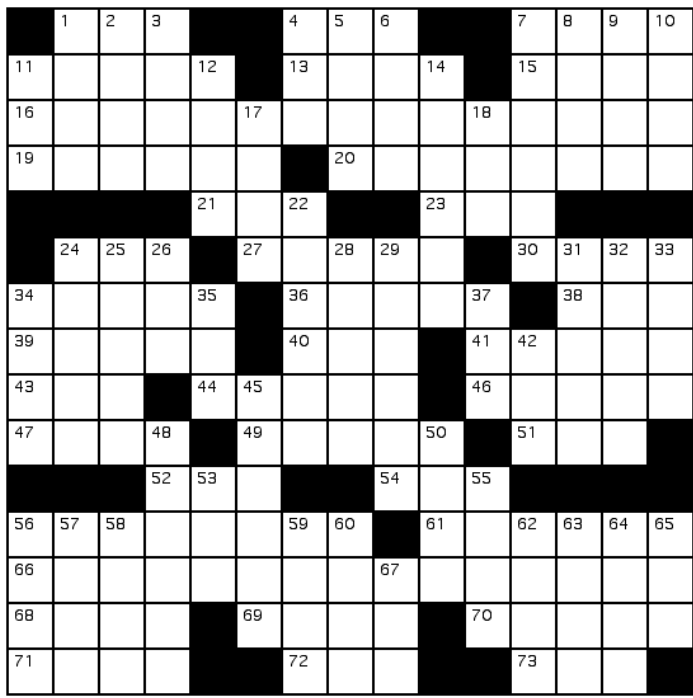
"Your Choice to Heal" classes

Pregnancy Center
~319 Caves Hwy.~
592-6058

Crossword courtesy of

Crocker Financial Services

Phone: 541-592-3667



ACROSS

- 1 Request permission
- 4 Trigger's rider
- 7 Crusty formation
- 11 Plums
- 13 Periods
- 15 Top-notch
- 16 Hit song of the '60s
- 19 Complete
- 20 Most in need of a plumber's attention
- 21 Of a Prot. denomination
- 23 Two-digit number
- 24 Gone by
- 27 Brit. church leader's accessory
- 30 Show delight
- 34 Refrigerator name
- 36 Taunt
- 38 Common verb
- 39 Like soft-boiled eggs
- 40 45 Down,

CROSSWORD PUZZLE

- to friends
- 41 At a future date
- 43 Years of life
- 44 Fat
- 46 Cruel one
- 47 Pitch
- 49 Places of perfection
- 51 Poetic monogram
- 52 Place for a muff
- 54 Down in the dumps
- 56 Cheats
- 61 Talked on and on
- 66 Sydney song
- 68 Maple genus
- 69 Jot down
- 70 Musical numbers
- 71 Overly curious
- 72 Fast way to go: abbr.
- 73 Letters on a disc
- DOWN
- 1 Ladd
- 2 Kind
- 3 French

IVHS Activities Calendar

Brought to you by the folks at

592-3356
Cave Jct.
469-7545
Brookings
471-7487
Grants Pass
773-7487
Medford

Blame us if your life goes to Pizzas!

THURSDAY, OCT. 18

*Open Gym boys basketball 3:45 p.m.

*Soccer JV Girls vs. Hidden Valley 4 p.m.

*JV Football at Henley 5 p.m.

*Girls Volleyball at Rogue River JV 5:15/Varsity 6:30 p.m.

FRIDAY, OCT. 18

*Varsity Football vs. Henley 7 p.m.

SATURDAY OCT. 20

*Boys Soccer at Henly 10 a.m.

MONDAY OCT. 22

*LBMS Football game 4:30 p.m.

*Girls JV Soccer at Brookings 4:30 p.m.

TUESDAY OCT. 23

*Open Gym Boys Basketball 3:45 p.m.

*Boys Soccer vs. Hidden Valley 4 p.m.

*Girls Volleyball at Hidden Valley JV 5:15 p.m./Varsity 6:30 p.m.

WEDNESDAY OCT. 24

*Calendar Expedition & Fish Watch Fieldtrip-Green bridge on Eight Dollar Rd. 9:00 a.m.

*Girls JV Soccer vs. Brookings Harbor 4 p.m.

*Band & Choir "Coffee House Concert" -Cafetorium 7 p.m.

WEAR WHAT YOU MEAN
MEAN WHAT YOU WEAR

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APPAREL ♦ JEWELRY ♦ ACCESSORIES
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605 S.E. 6TH ST. GRANTS PASS
479-4846

EVENTS CALENDAR

Wednesday October 17
- Karaoke, 8 p.m. at Art's Red Garter

Thursday, October 18
- Open Mic with Wally Aiken, 7-10 p.m. at Nacho Mama's

Friday, October 19
- Steve "Wiz" Krisa, Hot Guitar & Cool Vocals, 5:30 p.m. at Taylor's Country Store
- DJ Marv, 9 p.m. at Art's Red Garter

Saturday, October 20
- Witch's Garden-Hidden Meaning of Fairy Tales, 1:30 p.m. at the Senior Center-Free!
- Bruce Hanson, 5:30 p.m. at Taylor's
- Wally Aiken with Larry Younce, 6-9 p.m. at Nacho Mama's
- NW Bird Club-Bird Mart, 10-5 p.m. 10/20 & 10/21 at JoCo Fairgrounds, Info: 826.8687

Sunday, October 21
- Karaoke, 8 p.m. with Dave, at Art's Red Garter
- NW Bird Club-Bird Mart, see Oct. 20

Tuesday, October 22
- Organic Dinner/Desserts n'eclectic open mic, 6-9 p.m. at Selma Center

PHONE 592-2541
TO PLACE AN EVENT IN THIS CALENDAR

Guess what?

Bridgeview Community Church --
Come for the music, stay for the Word
All welcome