



The Daddy & Me crew. (Photo by Jennifer Newsted, IVN)

Key to future found at Daddy & Me Locksmith

**By ZINA BOOTH
IVN Staff Writer**
Another young couple is finding their American Dream in Western Plaza in Cave Junction.

Sara and Bart Cole, with their young sons, Daniel and James, recently opened Daddy & Me Locksmith between True Value Hardware and My Brothers Pub.

The dream began as Bart studied at Abram Freedman’s Occupational Center in Downtown Los Angeles, and worked at Manchester Lock and Key in L.A.

He then moved to Big Bear Lake to “find a wife.” The first day on his new job at Denny’s Restaurant, he met Sara, a co-worker. He declared to his supervisor, “That’s the girl I am going to marry,” and his supervisor replied, “That’s my daughter!” They eloped a year later.

The couple moved to Cave Junction in 2002 from Big Bear Lake, with \$20 borrowed money in their pocket, and a trunk full of locksmith tools. Their business venture began as a mobile unit, but “having a shop legitimizes the business,” says general manager Bart.

When Rick’s Copy Express moved from Western Plaza, it was exactly the location they’d been waiting for.

“Anyone willing to sacrifice and have discipline can do this -- open a business, become successful and independent,” states Sara. “For Christmas, my husband bought me liability insurance, and I bought him

Workers Comp. The rest of the money was spent on toy overload for Daniel.”

“We didn’t have six months equity, or a big plan or a six-figure income,” she said, “Yet against all odds we managed to succeed. We set our own hours, we have our kids with us. Daddy & Me Locksmith -- how much more pure American can you get than that?”

For all lock and key needs, whether residential, commercial, auto, or safes, phone Daddy & Me Locksmith at 415-0306, or visit their new shop Mondays, Tuesdays, Thursdays and Fridays from 9 a.m. to 5:30 p.m. and from 10 a.m. to 4 p.m. Saturdays. (Closed Wednesdays & Sundays).

They offer 24-hour emergency service and home security checks. Phone for an appointment.

Daddy & Me Locksmith Security Checklist:

1. When moving to a new home, change the combination of the locks, and install deadbolts.
2. Install a door viewer and chain if you don’t have a security door.
3. Keep bushes and plants cut away from the house.
4. Lock up garden tools, ladders and other items that could be used to break into your house.
5. Keep mailbox empty.
6. Maintain some lighting to give the impression of occupancy at night and when away.
7. Install window locks.
8. Don’t let newspaper deliveries stack up.

Oregon’s Food Stamp Program a recognized leader USDA gives state \$1.7 million bonus for assisting highest percentage of those eligible

Oregon continues to be a national leader in relieving hunger by helping thousands of families gain food security through the Food Stamp Program.

And that leadership now has drawn national recognition.

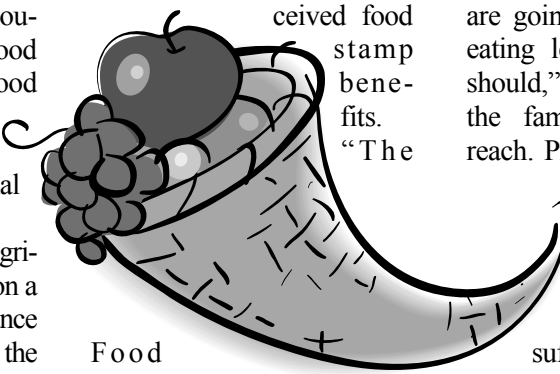
The U.S. Dept. of Agriculture has awarded Oregon a \$1.7 million performance bonus for being one of the four states that provide food stamps to the highest percentage of people who are eligible for food assistance. USDA estimates that Oregon has reached nearly 68 percent of eligible individuals, an extremely high rate nationally.

The Oregon Dept. of Human Services (ODHS), which will receive the bonus money, is in the process of developing plans for how best to spend those resources to further reduce hunger in Oregon.

“The Food Stamp Program remains one of our best defenses against hunger, and for thousands of Oregon families it helps ensure that one of their most basic needs will be met,” said Gov. Kulongoski. “Even though the program is intended to supplement a family’s food dollars, we know there are some families who rely on this benefit as their primary food purchasing resource.”

The federal program, administered through ODHS, helps reduce hunger by providing eligible low-income Oregonians with food, a healthy diet and nutrition education. During August 2007, 442,393 Ore-

gonians representing 228,879 households received food stamp benefits. “The



Food Stamp Program has had a profound impact on the lives of thousands of individuals who otherwise would have gone hungry,” said Dr. Bruce Goldberg, ODHS director. “Oregon’s hunger rate – the number of people unable to provide a basic amount of food for their families – was at an all-time high a decade ago.

“We’ve made significant progress since that time in reducing food insecurity among Oregonians.”

Goldberg credits this turnaround to increased outreach efforts by DHS and its many community partners to enroll eligible individuals in the program. Three key groups he credited for their efforts are the Hunger Relief Task Force, the Interagency Coordinating Council on Hunger, and the Oregon Faith Roundtable Against Hunger.

“When other states were experiencing increases in their rate of hunger, Oregon’s rate fell,” said Goldberg, noting that this occurred despite an economic recession.

But there is more work to be done, he added.

“There are too many children and families who are going without meals or eating less food than they should,” he said. “Those are the families we need to reach. Providing life’s basic necessities – food, shelter, employment, health care – helps prevent at-risk families from suffering further problems.”

DHS will receive additional help reaching those families thanks to a recent three-year grant awarded by the federal Food and Nutrition Services Program. The \$430,843 grant will be invested to further support nutrition outreach and education by enabling DHS to:

*Purchase software for an online application process.

*Make the application available at a variety of non-traditional sites.

*Work with local partners to help applicants complete the online process and submit verification.

*Increase Food Stamp Program participation among seniors.

An electronic signature process will be developed for the online application to authenticate the identity of the applicant and to ensure the information given on the application has been sent unchanged.

This will enable clients to fill out and submit an application without making a trip into a DHS office. DHS will test the outreach potential of this new technology with seniors in Marion, Polk and Tillamook counties, and all residents of Multnomah County.

“We hope this improved application process will make it easier for individuals to get the help they need,” said Belit Stockfleth, who manages the state’s Food Stamp Program. “We plan on rolling out this technology statewide once we’ve learned what works and what doesn’t during the pilot project.”

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Siskiyou Health Center has new dental team member

Siskiyou Community Health Center (SCHC) Dental Facility announces the arrival of Dr. Kevin Mudrow to its growing dental team.

Mudrow received his pre-graduate training in Utah at Weber State University. He then moved to Halifax, Nova Scotia to receive his Doctor of Dental Surgery degree from Dalhousie University Dental School.

In July, Mudrow moved with his wife, Michele, and their son, Isaac, to Grants Pass. He states, “We picked the Rogue Valley for the mountains and the valley. They remind me of my hometown in Morgan, Utah.

“We love the people in this community and I look forward to treating many patients and making lots of friends. This is our home and our community now.”

Said Aubra Johnson, SCHC regional director, “I am delighted to have Kevin join our team. We are growing so fast, and it is wonderful to have another highly qualified dentist in our practice.”

SCHC and its Dental Facility is the only not-for-profit federal Safety Net clinic in Josephine County. Because of that, staff are able to treat patients regardless of the ability to pay.

There is a sliding fee scale for people without insurance.

The medical and dental clinics accept most private health insurances as well as Oregon Health Plan. The medical clinic also accepts Medicare.

The Dental Facility provides a full range of family dentistry from basic prevention to full restorative care and dentures. SCHC Dental facility is located at 1035 N.E. Sixth St., Suite B. Mudrow is now accepting new patients.

For more information about the clinic and its services phone 479-6393.

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