

Arts & Entertainment



Solstice skill workshops well-received

By ZINA BOOTH
IVN Staff Writer
Young and old enjoyed the Solstice Skills Share held Saturday, June 10 at the Frog Farm in Takilma.

The free activities, sponsored by Spiral Living Center, included horse-drawn wagon rides, basket-weaving, and draw-knife pole-peeling. There were

workshops on beekeeping, trellising tomatoes and making compost tea.

John Roth from Oregon Caves National Monument discussed obsidian and serpentine rock, and percussion and pressure flaking methods of carving stone. Nearby, children tore paper, soaked it in water and poured the mixture into a blender, then mixed it with flowers and leaves to create unique stationary.

Deb Lukas gave a Frog Farm tour, home to Siskiyou Mountain Herbs and more than 100 species of medicinal plants. Dr. Margaret Philhower discussed homeopathic first aid remedies A-Z, many of which are prepared at the Frog Farm.

Evening entertainment included *Illinois Valley String Band*, storytelling with Tom Siewert, and an acoustic music band.

For more information on sustainable living skills, email spiral@frontiernet.net or phone 592-3642.

(Photos by Zina Booth/Illinois Valley News')



And they're off ...! (Photo by Scott Jorgensen/IVN')

Grants Pass Downs offers horsing-around enjoyment

By SCOTT JORGENSEN
IVN Staff Writer
Grants Pass Downs kicked off its annual racing season Saturday, June 16, with plenty of fun and excitement to go around.

Picture-perfect weather contributed to the event's strong attendance of 2,350 spectators and \$58,701 in total bets placed.

Parking spots were scarce during the minutes before the first race's 12:30 p.m. start time. Mary Stradford, of Southern Oregon Horseracing Association, held steady at her front-seat bleacher spot, the same one she's had for the last six years of racing.

Sunday's Fathers Day races also drew large crowds, with an attendance figure of approximately 2,450. The "handle," or amount of bets placed, totaled approximately \$59,884.

Stradford said that she arrived at the Downs more than an hour early, just to make sure that her space would be secure.

Fairgrounds Manager Jackie McBee was among those present, and was feeling quite festive.

A rush went through the crowd after the first announcement, at which point the galloping steeds sped past, kicking up dust as they

circled the track. "Yesterday and today were both really good," she said. "I'm pleased."

Last year's racing season proved to be somewhat of a disappointment, with an unexpected rainstorm forcing cancellation of three days of races. That caused the fair-

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Rogue Natural Living products feature allergy avoidance, lack of chemical ills

By SCOTT JORGENSEN
IVN Staff Writer

Takilma resident Lisa Rohde remembers battling allergies for most of her life as a younger person.

What she subsequently found was that her reactions were due to many of the chemicals commonly found in most households.

"For me, it was a discovery on how to make myself healthier," Rhode said.

But these days, Lisa and her husband, Justin, have turned her experience into one of the area's newest businesses, Rogue Natural Living.

Rogue Natural Living carries a variety of items, including carpet shampoo, wood stains, prime, paints, cleaners, water filters and children's toys.

"There are a lot of hand-carved rattles made with various woods," Justin said.

The company also carries clothing for adults and children. The cotton used in that clothing is grown without the use of pesticides, and uses nontoxic dyes.

"Organic cotton is hand-picked, and tends to be softer," Justin said. "And clay colors and materials are an environmentally friendly alternative."

Lisa is no stranger to the world of organic industry, as she previously worked in the business. That know-how, along with rapidly growing demand, has made it easier for her and Justin to pursue their entrepreneurial dreams.

"We had a place to start in terms of vision and what products we wanted to stock," she said.

The couple began operating Rogue Natural Living from their home during February. they hope to have a storefront location in the valley within a year.

Meanwhile, to guide customers to their products they rely on their Website, RogueNaturalLiving.com.

"Our Website is fully operational," Justin said.

Many of the products sold by the fledging firm are made in the United States. All the rest are manufactured by companies that engage in fair trade practices.

"They are companies that produce products at fair wages to all their workers," Justin said. "You can feel better



The Rohde Family with some allergy-beating products

about buying from them."

The couple provides free pickup and delivery to Illinois Valley residents. And they offer discounts to nonprofit

organizations.

For more about the business, email family@RogueNaturalLiving.com or phone 592-3828.

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 ♪ Charlie Greenwood - 7/13

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Crossword
courtesy of Illinois Valley News

1	2	3	4	5	6	7	8	9	10	11	12		
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ACROSS

1 Unser and Gore

4 Dr. Zhivago's love

8 Is biased

13 Fix a paper

14 "Oh no!"

15 Saleswoman

16 Away

17 Take a break

18 Metal mixture

19 Dingy cafe

22 Enterprize

23 Sunday words

24 Ceremonies

26 Gave a pink slip to

29 Words of a song

32 Cathedral feature

36 Divide

38 Cheer

39 Female

40 Ore

CROSSWORD PUZZLE

locator

41 "That's one ___!"

42 Word game: abbr.

43 Dill herb

44 Criminal offense

45 Mend

47 Loud sound

49 Remains unsettled

51 ___ tires

56 Whitney

58 After-dinner items for barbequed rib eaters

61 Home's location, in song

63 Auk genus

64 N.T. opener

65 Hothead's problem

66 Beverages

67 Slaughter

68 Persists

69 In case

70 Address abbrs.

DOWN

1 Worship

2 Ship

3 Become furious

4 Vocal cords' site

5 Tavern requests

6 Irritate

7 John Jacob ___

8 Insufficient

9 Afflicted

10 Hallucinations

11 Aphrodite's son

12 "The ___ the limit!"

13 Coop items

20 Fly

21 Tanker

25 Boner

27 Colleen's home

28 Truck stop

30 Perry

31 British weapon

32 Product made from

35 Down

33 Shortest

distance between two points

34 Adornments

35 Seabed growths

37 Prohibit

40 Start of a celebration that precedes Lent

44 Egyptian

46 Hints

48 Check

50 Canine sound

52 Architectural features

53 "All ___ for Christmas is my..."

54 Singers

55 Naval transports: abbr.

56 Of a time

57 Turner

59 Sticky stuff

60 Trees

62 Understand

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