

Eat those vegetables, mama

There may be another reason for pregnant and nursing women to eat a nutritious diet that includes generous amounts of cruciferous vegetables like broccoli and cabbage.

They could help protect their children from cancer, as infants and later in life.

A new study by scientists from the Linus Pauling Institute at Oregon State University at Corvallis, conducted with laboratory mice, found that supplements of a key phytochemical found in certain vegetables provided a very high level of protec-

tion against leukemia and lymphoma in young animals. The phytochemical also significantly protected against lung cancer during the rodents’ equivalent of middle age.

The research, published in the journal “Carcinogenesis,” is one of the first of its type to demonstrate that diet may play a protective role in a fight against cancer that may begin -- and could be won or lost -- well before a person is ever born. And some of the protective benefits may last into adulthood.



Arts and crafts are displayed in a show at the Southern Oregon Guild gallery by (from left) Eva Subias (hand knits), Joyce Abrams (hand-felted llama fiber), Donelle Kemmer (polymer clay), and Bobbie Blakely (fine jewelry). The show also includes work by Patti Culver and Isabel Gaige. (Photo provided)

Women’s ‘Fanciful Creations’ display at Kerby SOG Gallery through May 15

Whether looking for a unique Mother’s Day gift or something for another special person, the new group show at the Southern Oregon Guild (SOG) Gallery, “Fanciful Creations -- By Women for Women,” offers an array of ideas.

The show, which opened Monday, April 16, features wearable, whimsical, and décor art in a wide range of styles, media, and prices.

The Artists’ Reception Saturday, April 21 from 1 to 3 p.m. will provide a great place to meet the artists as well as to learn what the Southern Oregon Guild is all about.

Exhibitors are jeweler Bobbie Blakely, decorative artist Patti Culver, polymer clay artist Donelle Kemmer, hand-knitter Eva Subias, and llama fiber artists Joyce Abrams and Isabel Gaige from Forest Edge Farm.

Blakely’s selection of

silver necklaces, earrings, pins and bracelets illustrate some of the techniques used in making fine jewelry that she teaches in her classes at Rogue Community College. Culver’s “Twingles” combine flowing forms of copper wire and colorful beads to create delightful gift items that can hang in a window or on a wall to catch light and provide a playful moment.

Kemmer’s tiny polymer clay wizards and dragons bring quick smiles and elicit visions of fantasy worlds. Some of her little characters become collectibles for display. Others become parts of useful items such as barrettes and ceiling fan pulls.

Swedish hand-knitter Subias’s work includes brightly colored sweaters, vests, hats, caps, scarves and mittens in a wide variety of quality yarns from throughout the world. Her passion for knitting began when she

was a child in her native Sweden and has continued throughout her life.

Abrams’ and Gaige’s llama fiber collection has a new grouping of hand-felted derby, dome and flanged brim hats, and includes handbags, decorator pillows, coaster sets, doll hats, cell phone cases, and yarn. The llamas at Forest Edge Farm provide the fiber.

“Fanciful Creations -- By Women for Women” is open to the public until May 15 on Mondays, and Thursdays through Saturdays from 10 a.m. to 3 p.m., and Sundays from 11 a.m. to 4 p.m. Members and non-members alike can view the exhibit, meet the artists, and enjoy a sumptuous snack at the Artists’ Reception Saturday.

The SOG Gallery is located in the RCC Learning Center in Kerby, 24311 Redwood Hwy. Phone 592-5019 for more information.

BLM powers up for solar installations on public land sites including Medford

As part of the effort to diversify the nation’s energy supply and develop renewable energy resources, the Bureau of Land Management (BLM) has issued updated policy guides to process applications for solar energy projects on public land.

“As technology improves and the cost of producing solar energy declines, we need to be prepared for a greater interest in locating solar energy projects on public land,” said Deputy BLM Director Henri Bisson. “BLM is eager to facilitate environmentally responsible solar energy development as part of our multiple-use mission.”

BLM also continues to evaluate the feasibility of installing photovoltaic (PV) systems on administrative facilities, as well as on range improvements and resource monitoring, public safety, and recreation projects on public land. Some 600 PV systems generating 135 kilowatts are installed in BLM-owned facilities, supplying nearly 200 megawatt-hours

of power annually.

The second phase of a contract will be awarded soon to install additional renewable energy technologies, including solar energy systems at the BLM Field Office in Medford, and the Anasazi Heritage Center at Canyon of the Ancients National Monument in Colorado.

Applications for commercial solar energy facilities on public lands are processed as right-of-way (ROW) authorizations under Title V of the Federal Land Policy and Management Act (FLPMA). The latest policy guidance directs BLM field offices to provide adequate resources to review and process ROW applications for solar energy projects in a timely manner.

The guidance also requires BLM to address solar development when revising or updating land-use plans for areas shown to have potential for commercial solar energy development.

The policy requires appropriate stipulations in ROW authorizations to miti-

gate environmental effects of projects, as well as bonding to ensure compliance and site reclamation. The guidance also describes the level of environmental review required before an authorization can be issued, and states that commercial solar energy projects will meet BLM requirements for recovery of costs associated with application processing.

Solar energy has significant potential in the Western states, where approximately 370 megawatts (MW) of solar power are currently installed. BLM said. Authorizing solar energy projects on public land is part of BLM’s effort to meet the goal Congress set in the Energy Policy Act of 2005 – seeking by 2015 to approve nonhydropower renewable energy projects on federal land that generate at least 10,000 MW of electricity.

BLM manages 258 million surface acres – more land than any other federal agency – located mostly in 12 Western states, including Alaska.

Man with 21 pounds of pot runs from trooper

A 20-year old California man who ran on foot from an Oregon State Police trooper during a Friday morning, April 13 traffic stop on Interstate 5 approximately 3 miles south of Ashland is now wanted on felony marijuana-related charges.

OSP has not located the suspect, who is believed to have been headed to the Salem area, and is asking for the public’s help with information to locate him.

At approximately 7 a.m. an OSP trooper stopped a 1995 Jeep Grand Cherokee with Oregon license plates northbound on Interstate 5 near milepost 10. During the stop, driver Pedro Lopez Cruz, 20, from California, fled on foot east from the freeway. Cruz was last seen wearing a white T-shirt and baggy blue jeans. He is described as a Hispanic male, 5-9, 145 pounds, with black hair and brown eyes.

OSP troopers and drug

enforcement detectives obtained a search warrant Friday for the Jeep Grand Cherokee and discovered approximately 21 pounds of marijuana inside.

There is no information to indicate Cruz is armed, but OSP has probable cause for arrest on felony drug-related charges and misdemeanor attempt to elude.

Anyone with information is asked to contact OSP Southern Command Center dispatch at (541) 664-4600.

LEGAL NOTICE

FORM LB-1 NOTICE OF BUDGET HEARING

A meeting of the Illinois Valley Rural Fire Protection District will be held on May 10, 2007

at 7:00pm at 681 Caves Hwy., Cave Junction (Administration Building). The purpose of this meeting will be to discuss the budget for the fiscal year beginning July 1, 2007, as approved by the Illinois Valley Rural Fire Protection District Budget Committee.

A summary of the budget is presented below. A copy of the budget may be inspected or obtained at 681 Caves Hwy., (Adm. Bldg.) Cave Junction, between the hours of 8:30 am and 4:00 pm. This budget was prepared on a basis of accounting that is consistent with the basis of accounting used during the preceding year.

Major changes, if any, and their effect on the budget, are explained below. This budget is for 2007-2008 Annual Period

County	City	Chairperson of Governing Body	Telephone Number
Josephine	Cave Junction	Joe Malcolm	(541) 592-2225

FINANCIAL SUMMARY

☐ Check this box if your budget only has one fund		Adopted Budget This Year 2006-2007	Approved Budget Next Year 2007-2008
TOTAL OF ALL FUNDS			
Anticipated Requirements	1. Total Personal Services.....	522205	501488
	2. Total Materials and Supplies	355340	346795
	3. Total Capital Outlay	222713	27000
	4. Total Debt Service	99535	88991
	5. Total Transfers	0	10000
	6. Total Contingencies	7514	46156
	7. Total Reserves and Special Payments.....	0	0
	8. Total Unappropriated Ending Fund Balance	100000	100000
	9. Total Requirements - add Lines 1 through 8	1307307	1120430
Anticipated Resources	10. Total Resources Except Property Taxes	562113	327201
	11. Total Property Taxes Estimated to be Received	745194	793229
Estimated Ad Valorem Property Taxes	12. Total Resources - add Lines 10 and 11	1307307	1120430
	13. Total Property Taxes Estimated to be Received (line 11)	745194	793229
	14. Plus: Estimated Property Taxes Not To be Received		
	A. Loss Due to Constitutional Limits		
	B. Discounts Allowed, Other Uncollected Amounts		
Tax Levies By Type	15. Total Tax Levied - add Lines 13 and 14	745194	793229
	16. Permanent Rate Limit Levy (rate limit 1.8701).....	Rate or Amount	Rate or Amount
	17. Local Option Taxes.....	1.8701	1.8701
	18. Levy for Bonded Debt or Obligations.....	202468	199104

STATEMENT OF INDEBTEDNESS

Debt Outstanding		Debt Authorized, Not Incurred	
☐ None	☒ As Summarized Below	☒ None	☐ As Summarized Below

PUBLISH BELOW ONLY IF COMPLETED

Long-Term Debt	Estimated Debt Outstanding at the Beginning of the Budget Year	Estimated Debt Authorized, Not Incurred at the Beginning of the Budget Year
	July 1 2007	July 1 2007
Bonds.....	\$2,160,000	
Interest Bearing Warrants		
Other		
Total Indebtedness	2160000	0

This budget includes the intention to borrow in anticipation of revenue ("Short-Term Borrowing") as summarized below:

Fund Liable	Estimated Amount to be Borrowed	Estimated Interest Rate	Estimated Interest Cost
	0	0	0

FORM LB-2 FUNDS NOT REQUIRING A PROPERTY TAX TO BE LEVIED

Illinois Valley Rural Fire Protection District

Publish ONLY completed portion of this page. Total Anticipated Requirements must equal Total Resources

Reserve Fund	Actual Data Last Year 2004-05	Adopted Budget This year 2005-06	Approved Budget Next Year 2006-07
1. Total Personal Services.....			
2. Total Materials and Services.....			
3. Total Capital Outlay.....			
4. Total Debt Service.....			
5. Total Transfers.....	15000		10000
6. Total Contingencies.....			
7. Total Reserves and Special Payments.....			
8. Total Unappropriated Ending Fund Balance.....	78845	43845	18345
9. Total Requirements.....	93845	43845	28345
10. Total Resources Except Property Taxes.....	93845	43845	28345

FORM LB-3 FUNDS REQUIRING A PROPERTY TAX TO BE LEVIED

Illinois Valley Rural Fire Protection District

Publish ONLY completed portion of this page.

Name of Fund : General	Actual Data Last Year 2005-2006	Adopted Budget This year 2006-2007	Approved Budget Next Year 2007-2008
1. Total Personal Services.....	430012	522205	501488
2. Total Materials and Services.....	306800	355340	346795
3. Total Capital Outlay.....	2397039	222713	27000
4. Total Debt Service.....	43000	99535	88991
5. Total Transfers.....	15000	0	10000
6. Total Contingencies.....		7514	46156
7. Total Reserves and Special Payments.....	0	0	0
8. Total Unappropriated Ending Fund Balance.....	181668	100000	100000
9. Total Requirements.....	3373519	1307307	1120430
10. Total Resources Except Property Taxes.....	2648519	562113	327201
11. Property Taxes Estimated to be Received.....	725000	745194	793229
12. Total Resources (add lines 10 and 11).....	3373519	1307307	1120430
13. Property Taxes Estimated to be Received (line 11)		745194	793229
14. Estimated Property Taxes Not to be Received.....			
A. Loss Due to Constitutional Limit.....			
B. Discounts, Other Uncollected Amounts.....			
15. Total Tax Levied (add lines 13 and 14).....		745194	793229
16. Permanent Rate Limit Levy (rate limit 1.8701).....		Rate or Amount	Rate or Amount
17. Local Option Taxes.....		1.8701	1.8701
18. Levy for Bonded Debt or Obligations.....		0	0

Name of Fund : General Bond	Actual Data Last Year 2005-2006	Adopted Budget This year 2006-2007	Approved Budget Next Year 2007-2008
1. Total Personal Services.....			
2. Total Materials and Services.....			
3. Total Capital Outlay.....			
4. Total Debt Service.....			
5. Total Transfers.....			
6. Total Contingencies.....			
7. Total Reserves and Special Payments.....			
8. Total Unappropriated Ending Fund Balance.....			
9. Total Requirements.....	0	0	0
10. Total Resources Except Property Taxes.....	63684	43759	42520
11. Property Taxes Estimated to be Received.....	190189	202468	199104
12. Total Resources (add lines 10 and 11).....	253873	246227	241624
13. Property Taxes Estimated to be Received (line 11)		202468	199104
14. Estimated Property Taxes Not to be Received.....			
A. Loss Due to Constitutional Limit.....			
B. Discounts, Other Uncollected Amounts.....			
15. Total Tax Levied (add lines 13 and 14).....		202468	199104
16. Permanent Rate Limit Levy (rate limit _____).....		Rate or Amount	Rate or Amount
17. Local Option Taxes.....			
18. Levy for Bonded Debt or Obligations.....		202468	199104