

Arts & Entertainment

So. Ore. Guild showcases array of area artistry

By JOYCE ABRAMS

The Southern Oregon Guild (SOG) Gallery and Artists' Center in Kerby bustled with activity Saturday afternoon, March 24, during a reception for Featured Artist, woodworker F. Mallory Hicklin.

Thirty visitors – SOG members, friends and family, and the public – filled the gallery with conversation and energy.

Hicklin explained the genesis and use of the snow sculpture tools he created for the first Mt. Ashland snow sculpture competition in 2006. And he spoke with



Hats and other items made of llama wool from Forest Edge Farm were displayed (above), as well as gourd art (left). (Photos by Dale Sandberg/IVN)

many about his other displayed pieces.

Guild members and nonmembers alike explored the numerous other exhibits. They also learned more about what can be accomplished with the equipment in the center; socialized and enjoyed a sumptuous pot-

luck snack buffet.

Monthly Artist Receptions are planned throughout the year to inform the public about the Southern Oregon Guild and its Gallery and Artist Center in the RCC Learning Center in Kerby. The receptions also provide guild members a regular

opportunity to meet and share ideas and to focus on the changing exhibits in the SOG Co-op Gallery.

Receptions usually will be held on fourth Saturdays from 1 to 3 p.m. at the center. However, the next reception is planned for Saturday, April 21.



Hypnotherapist eyes free mind-opening presentation

By SCOTT JORGENSEN
IVN Staff Writer

Retired hypnotherapist Ray Blankenship wants to help Illinois Valley residents tap into a higher consciousness, and will introduce himself to the community on Saturday, March 31.

Blankenship will give a one-hour free presentation at the Community Media and Education Center (CMEC), at 140 S. Red-

wood Hwy. The event starts at 10 a.m.

In the mid-1970s, Blankenship went through what he describes as a "spiritual rebirth," complete with dreams and visions. That inspired him to help others with similar experiences.

"It made me realize that there are more people out there that go through this," Blankenship said.

During the years, Blankenship has studied ESP, healing, hypnotherapy, meditation and other aspects of higher consciousness.

"I want to share those," Blankenship said. "All of it's interconnected."

On the April 14 and 15 weekend, Blankenship will host a class, "A New Day, A New Beginning." It will be held from 9 a.m. to 6 p.m.

both days, and there is a fee.

Topics include phobia removal, regression, memory technique, weight loss and healing processes.

"We basically can do anything we believe we can do," Blankenship said. "I want to give people a chance to be themselves."

For more information, phone 592-2408 or visit <http://cmec.n3.net>.

IVHS host families sought

By YULIA TYUKOVA

It's time to make a decision to be a host parent so that a foreign exchange student can attend Illinois Valley High School, or another, and stay with a family.

This year's selection of Future Leaders Exchange Program (FLEX) participants is nearly concluded in Eurasia. FLEX is a U.S. government-sponsored program for secondary school students from the 12 republics of the former Soviet Union (Eurasia).

Countries participating in the FLEX program are Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, Russia, Tajikistan, Turkmenistan, and Ukraine. FLEX finalists are students 15- to 17-years-old, who were chosen through a multilayered selection process that draws more than 50,000 candidates annually.

Selection is based on evaluation of multiple factors: communication abili-

ties, personal creativity, adaptability and flexibility. Also openness, satisfactory academic standing, English language training, Eurasian country citizenship, age limits, and visa eligibility.

Since 1992, when the program was established, FLEX finalists show positive exchange experiences and leadership potential.

All finalists undergo an extensive orientation to life in America, and pursue a full course of study at a U.S. high school.

The U.S. government provides scholarship funding for students to travel to the United States, attend a high school for a full academic year, and live with a host family. One

(Continued on page 7)



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To the Root:

Spring Liver Cleanse

Spring is liver time. Time to clean our bodies of accumulated toxins and purify the blood, enlivening the lymph system.

Want to gain a cleaner liver and even expel gallstones? A supervised cleanse is your best bet. Several options are available, depending upon the degree of cleansing desired. Yearly cleansing prevents a host of chronic health problems!



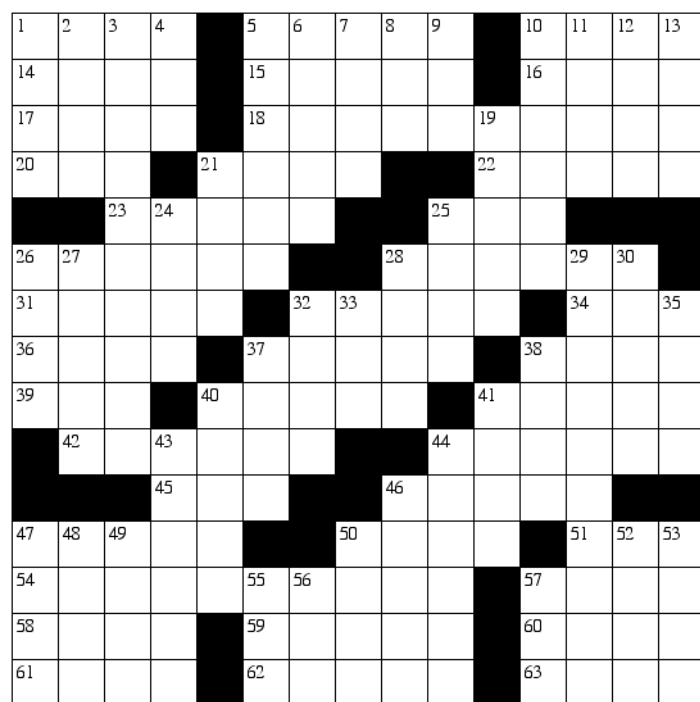
Illinois River Acupuncture
592-5041 Mon., Wed., Fri.
Jo Anne Stone, M.S., L.Ac.

In our time, political speech and writing
are largely the defense of the indefensible.

- George Orwell -

Crossword
courtesy of

Illinois Valley Chamber of Commerce



CROSSWORD PUZZLE

ACROSS

- Middle Eastern herb
- British dramatist
- Ready to be eaten
- Lower
- Park
- Make a record of
- Scorning of the unattainable
- Where a bad cockney may end up?
- Female
- Reason to celebrate
- On the nose
- Pronoun
- Oyster linings
- Uncrowded
- Pivotal
- Indian title of respect
- Shake back and forth
- Orderly
- Weight
- Utah's

DOWN

- Word with any or every
- Capital city
- Hard
- Slippery stuff
- Alerted
- other drivers
- Jazz's org.
- Beat
- Posthaste
- Calorie
- counter's routine
- Eggnog ingredient
- Female sweets
- Man's nickname
- Elected official: abbr.
- Name for a mademoiselle
- Dobbin's dinner
- In need of water
- Obligated ones
- Comotions

logs

- Johnson
- Iranian currency
- Beverage
- Striped flier
- ABCs
- End prematurely
- One converted in Acts 9:18
- Syr's neighbor
- Sharp item
- Class
- Cover completely
- Excessive promotion
- Yemen's capital
- Vane direction
- Process of restoring to health, for short
- Highlander
- Diagnostic procedure
- Tips upside-down
- Intl. alliance
- Splitting
- Counterfeit
- Cal's pancreas
- National emblem
- For verb
- Miner's discovery
- Niño's home
- "Beat it!"
- Sharp item
- Class
- Cover completely
- Research papers
- Word with egg or old
- Hissers
- Chaste
- Ripening agent
- Sand ridge
- "Do others..."
- Military meal
- Paid athlete
- Mr. Ayres
- Region in India

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MONDAY-FRIDAY MORNING/AFTERNOON																			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00
2	WTSB	Cosby Show	Draw Carey	Saved by the Bell	Saved by the Bell	Saved by the Bell	Saved by the Bell	Dawson's Creek	Movie				NewsRadio	Cosby Show	Steve Harvey	Steve Harvey	Steve Harvey	Steve Harvey	Home Improve.
3	FOX4M	Joyce Meyer	Feed the Children	Family Matters	Family Matters	Family Matters	Boy Meets World	Home Videos	Living the Life	The 700 Club	Gilmore Girls		Full House	Full House	Family Matters	Family Matters	Step by Step	Step by Step	Full House
4	KMYU	Paid Program	Believer's Voice	Life Today	Paid Program	Paid Program	Varied Programs	Judge Hatchett	Judge Hatchett	The Tyra Banks Show	Maury		Montel Williams		Judge Mathis		The People's Court	Judge Alex	Judge Alex
5	KOBI	News		Today					Home Improve.	Varied Programs			Martha		Days of Our Lives		Passions	Seinfeld	Seinfeld
6	ESPN	SportsCenter	SportsCenter	Varied Programs	SportsCenter	Baseball Tonight	Varied Programs		Mike and Mike	1st and 10	Outside the Lines		NFL Live	Jim Rome is Burning	Around the Horn	Interruption	SportsCenter	Reading Rainbow	Clifford-Red
7	KSVS	Business Rpt.	BBC World	Teletubbies	Mister Rogers	Curious George	Clifford-Red	Dragon Tales	It's a Big Big World	Sesame Street	Sit and Be Fit	Charlie Rose	Jakers!-Winks	Curious George	Barney & Friends	Bob the Builder	Between the Lions	Between the Lions	Cyber-chase
8	TBN	Changing World	John Hagee	Rod Parsley	Marilyn Hickey	Believer's Voice	Varied Programs		First to Know	Varied Programs	Life Today	This is Your Day	The 700 Club	John Hagee	Rod Parsley	Praise the Lord			Varied Programs
9	LIFE	Paid Program	Paid Program	Daily Workout	My Workout	The Nanny	The Nanny	Golden Girls	Golden Girls	The Price Is Right	The Young and the Restless	Movie	Movie						Golden Girls
10	KTVL	News		The Early Show				The 700 Club					News	Bold, Beautiful	As the World Turns	Guiding Light	Rachael Ray		The Ellen DeGeneres Show
11	NICK	Varied Programs	Jimmy Neutron	Danny Phantom	OddParents	SpongeBob	SpongeBob	Dora the Explorer	Go, Diego, Go!	Blue's Clues	Backyardigans	Wonder Pets	Dora the Explorer	Go, Diego, Go!	Blue's Clues	Backyardigans	LazyTown	SpongeBob	Jimmy Neutron
13	KDRV	News		Good Morning America				Live With Regis and Kelly	The View			Judge Judy	Judge Joe Brown	All My Children	One Life to Live	General Hospital	Dr. Phil		Oprah Winfrey
15	USA	Coach	Coach	JAG				Walker, Texas Ranger	Walker, Texas Ranger			Walker, Texas Ranger	Movie	Varied Programs					
17	A&E	Paid Program	Paid Program	The District				Crossing Jordan	City Confidential	American Justice			Cold Case Files	CSI: Miami			24	Crossing Jordan	City Confidential
18	HBO	Movie Cont'd	Varied Programs						Movie	Varied Programs			Movie	Varied Programs	Movie		Varied Programs		Varied Programs
19	SHOW2	Movie Cont'd	Movie	Varied Programs				Movie	Varied Programs				Movie		Varied Programs	Movie	Varied Programs	Movie	Varied Programs
21	SHOW	Movie Cont'd	Varied Programs	Movie	Varied Programs	Movie	Varied Programs		Movie				Varied Programs					Movie	Varied Programs
22	MAX	Movie Cont'd	Varied Programs					Movie	Varied Programs				Movie	Varied Programs	Movie		Varied Programs		Movie
23	ESPC	PBA Bowling	Strongest Man	Varied Programs	NHRA Drag Racing	PBA Bowling	Varied Programs	Stump the Schwab	Stump the Schwab	Varied Programs									Boxing
30	TRAV	Epicurious	Varied Programs		Made in America	Made in America	Great Hotels	Passport to Europe	Home Search	Home Search			Varied Programs						
34	ABC	Movie	Varied Programs																Movie
35	TNT	Angel	Angel		Charmed	Charmed		ER		ER			Judging Amy	Judging Amy	Law & Order	Law & Order	Charmed		Charmed
38	DISN	Stanley	JoJo's Circus	The Wiggles	Higglytown	Little Einsteins	Mickey Mouse	Handy Manny	Doodle-bops	Charlie & Lola	The Koala Brothers	The Wiggles	Higglytown	Lilo & Stitch	The Little Mermaid	Timon & Pumbaa	Buzz Lightyear	Mr. Whiskers	The Proud Family
39	SCIFI	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs													Ripley's Believe It or Not!
45	DISC	Paid Program	Paid Program	Paid Program	Paid Program	Joyce Meyer	Paid Program	How It's Made	How It's Made	Future Weapons	MythBusters		How It's Made	How It's Made					MythBusters
46	DISC	Backyard Habitat	Adoption Tales	Animal Miracles	Emergency	Emergency		Animal Cops Houston	Varied Programs				Growing Up...	How It's Made	Funnest Animals	Funnest Animals	The Jeff Corwin Experience		Future Weapons
48	ANPL	Paid Program	Paid Program	Paid Program	Paid Program	Movie			Daily Show	Colbert Report	Scrubs	Scrubs	Varied Programs	Com.-Presents	Mad TV	Mad TV	Daily Show	Colbert Report	Mad TV
49	COM	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program		Bloom & Politan: Open Court		Best Defense					Banfield & Ford: Courtside		Nancy Grace: Closing Arguments		Catherine Crier
50	GRT	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program													

Additional Listings

Besides the program listings provided, the following also are among those available from PC One Cable.

For information about costs that might apply, contact the company.

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- *12 - QVC
- *14 - Better Life TV
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- *25 - Fox News
- *26 - C-Span/House of Rep.
- *27 - C-Span 2 (Senate)
- *28 - ESPN 2
- *31 - CNN Headline News
- *33 - Fox Sports Northwest
- *36 - Country Music TV
- *37 - Spike TV
- *40 - The History Channel
- *41 - The Learning Channel
- *42 - Cartoon Network
- *43 - Home & Garden TV
- *44 - The Weather Channel