

New home projects ...

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will change.”

Polk estimates that “the true impacts on the town could be between 1,500 and 3,000 people.” That kind of influx would require a “whole philosophically different approach” to how the city is run, Polk said.

The city -- with a current estimated population of 1,600 -- may have to change its charter and adopt a city manager style of government if the population reaches those numbers.

Builder Bruce Donelson, who owns Better Way development, said that the growth could have a potentially positive net effect on the community.

“I think it will make it a little easier for younger folks to find work,” said Donelson, a Cave Junction resident.

“In the past, Cave Junction has had people leave town because they couldn’t find work here,” he added. “They went to RCC (Rogue Community College) for a couple of years, looked for a job and had to find it somewhere else. As people have some disposable income, there will be more opportunities for people to find work closer to home.”

Mayor Tony Paulson agrees, and said that the town’s future occupants will create new demands within the local service industry.

“They’re still going to want the quality of life that they’re accustomed to,” Paulson said.

Osborn said that the new developments could draw more professionals to

the area, which also would improve the local economy.

“They’re going to be the job creators,” he said.

Donelson thinks that the new Siskiyou Community Health Center will be a “step in the right direction for that, too.” Osborn said the clinic will bring a sense of comfort to aging Boomers, as well as providing a new industry.

The new facility is on Redwood Hwy. between Wild River Brewing & Pizza Co. and Illinois Valley Golf Course. Water and sewer lines are being installed to service it.

“The medical-care field can be one of great growth,” Osborn said. “There are doctors who are very skilled who want to live in this kind of environment.”

Donelson predicts that the city will continue to grow by leaps and bounds for the foreseeable future.

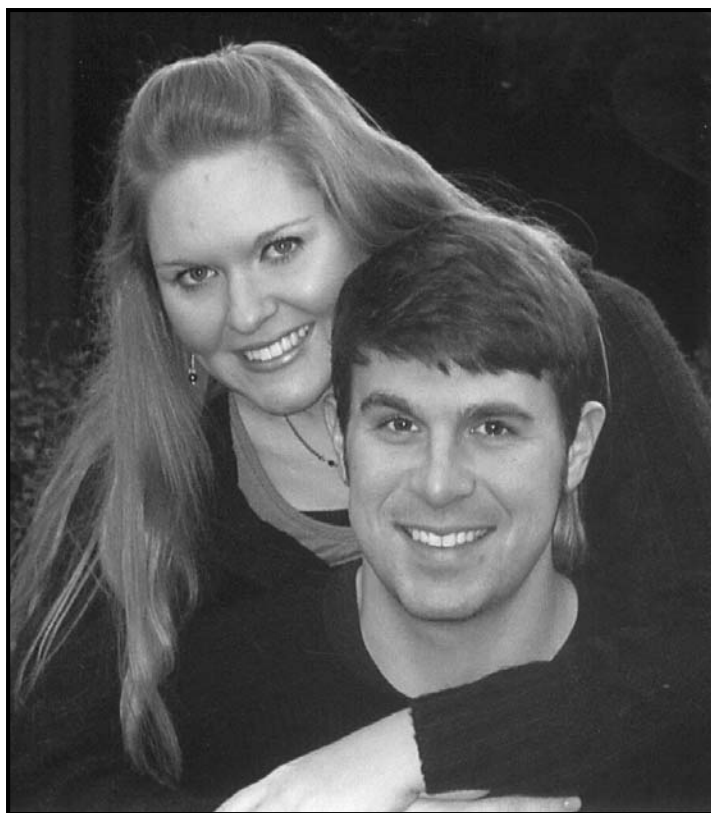
“I think it’s been growing fast, and I think it will keep growing fast,” Donelson said. “This is a town just now coming into its own.”

What remains to be seen, however, is the effect that new development will have on Cave Junction’s small-town charm.

“The more people that move in here, the fewer people you’re going to know at the post office or at the grocery store,” Donelson said.

But the mayor remains optimistic that the city, and its citizens, can retain a true sense of community and quality of life.

“Does doubling the population make it a bad city to live in? I don’t think so,” Paulson said.



Lindsey Higgins & Steve McMahan (Photo provided)

McMahan-Higgins will wed

Cave Junction residents Steve and Mary Anne McMahan announce the engagement and forthcoming wedding of their son, Richard McMahan, to Lindsey Higgins.

Lindsey is the daughter of former Illinois Valley residents Stan and Lynda Higgins of Sebastopol, Calif.

Richard and Lindsey were sweethearts at Lorna Byrne Middle School in Cave Junction during seventh grade. Their parents stayed friends through the years, and the former boyfriend/girlfriend couple was reunited last year.

Richard is employed by Panera Bread Co. in San Diego. Lindsey is a graduate of Biola University at La Mirada, Calif. She is currently in a post-graduate program to become an audiologist at San Diego State University.

Stan Higgins was the pastor at Valley Evangelical Free Church in Cave Junction. He is now the director at Oaks of Hebron, where he and Lynda work assisting disabled persons.

A wedding is planned during September 2007 in Sebastopol.

Nasseri new outreach head for aiding Lovejoy Hospice

Nadereh Nasseri, a registered nurse with a background in obstetrics and hospice work, is the new Lovejoy Hospice outreach and education coordinator.

Nasseri, who began her new job Jan. 2, moved to Josephine County from Lawrence, Kan., where she was founding director of the Midland Healing Institute, focusing on grief and bereavement therapy.

With degrees in business administration and nursing, Nasseri has an extensive background as a hospice patient-care coordinator; is a Certified Hospice and Palliative Nurse (CHPN), and is a Certified Educator with the End of Life Nursing Education Consortium (ELNEC).

She also has served as a hospice education coordinator, hospice performance improvement coordinator, director of hospice outreach, and as an obstetrical nurse.

She is responsible for Lovejoy Hospice’s educational outreach to the community and to other health-care professionals, and for orientation and continuing education of Lovejoy staff.

“We are pleased to welcome Nadereh to Southern Oregon, to the Grants Pass community, and to Lovejoy Hospice,” said Cheryl Valentine, executive director, who also is a registered nurse.

“Her commitment to health care, to hospice, and to education, and her broad experience and background complement the mission and vision of our growing agency perfectly.”

Said Nasseri, “I have found a deep satisfaction working with people at times of profound life transi-

tion, in obstetrics, helping to deliver a loved one; and then in hospice, helping a loved one with the dying process.

“These transitional times of life offer so many opportunities for growth, healing and love. As a nurse I have learned from these experiences and as an educator I now seek to empower hospice staff to provide the highest quality of care to patients and families.”

Lovejoy Hospice, located in Grants Pass and in its 26th year, offers programs that provide compassionate end-of-life care for people and their families in Josephine County and parts of Jackson and Douglas counties. Lovejoy makes available professional staff 24 hours a day to help maintain dignity and personal choices while providing symptom management and emotional support.

Lovejoy also offers support services to families as they care for loved ones and presents community education programs for health-care professionals and the public. For information about volunteer training, phone 474-1193.

Chocolate-based therapy at Deva Spa a sweet treat

Wondering about a unique gift for that “special someone” for Valentine’s Day Wednesday, Feb. 14?

Spas around the country are offering a variety of chocolate-based spa treatments geared for the observance. In Illinois Valley, Deva Treetop Spa, at Out ‘N’ About Treehouse Resort, a few miles southeast of Cave Junction, is offering several chocolate spa therapies. For those who are health or body conscious, it could be a pleasant treat.

“Women love chocolate. I wanted to offer a special treat for Valentine’s Day as an alternative to the customary box of chocolates, or heart necklace,” notes Claire Sierra, owner of Deva Treetop Spa.

“Chocolate, or cocoa, is certainly exotic and luxurious for skincare therapies,” she said. “The scent actually triggers the release of a chemical in the brain that produces a similar feeling to falling in love,” she adds.

Sierra cites research that shows chocolate has high levels of antioxidants (cocoa-phenols, flavonoids) that counteract free radical damage that creates skin aging at a cellular level. There also are minerals and vitamins (magnesium, potassium, calcium, iron, phosphorus and copper) that have a calming, stress-

reducing effect.

Chocolate contains more than 300 different compounds that can have a significant effect on one’s health and beauty, according to Sierra, a licensed esthetician. Theobromine, for example, a substance similar to caffeine, produces a slimming effect on bodies.

“When I started researching cacao, which gets chocolate, I was pleasantly surprised,” said Sierra. “This is not just sensory indulgence, it’s actually therapeutic, with a rich cultural history,” she said.

Options include Cocoa Therapy Facial with a chocolate-based exfoliation, mask, massage and moisturizing, among other steps and Cocoa Therapy Body Polish, during which the client is buffed with granulated cocoa imbedded in cocoa and shea butters, leaving skin smooth and hydrated.

“I see this as soul revival, a way to contact Divine Essence. And what is more divine than chocolate, food of the gods?” she concluded.

Through Valentine’s Day, Deva Treetop Spa is offering Cocoa Therapy Facials and Body Polish. Sierra can be contacted for gift certificates or more information at Deva Spa (541) 659-7284 or on the Web at www.devaspa.com.

Be a Saint!

On 2/2/07 our St. Bernard disappeared. He was shot with a pellet gun about two weeks previously. I’m not sure of what type people get enjoyment by hurting animals or even possibly stealing them, but we are pleading for your help in having him returned safely.

His name is “RUFUS” and he is 150 pounds of pure love and slobber. He is 2 1/2 years old and Tri-Color (white/tan/black). We miss him so much and are very worried about him.



He was last seen around Beebe Dr. (near Holland Store). We have searched and are broken-hearted. We are asking for everyone’s help, please call us if you have heard or seen anything. Thank You!

592-5057 or 415-1111

Life be not so short but that there is always time for courtesy.

- Ralph Waldo -

Treehouse Florist & Gifts

(541) 592-4188

134 S. Redwood Highway

Valentine Flowers & Gifts

Cards

Candy

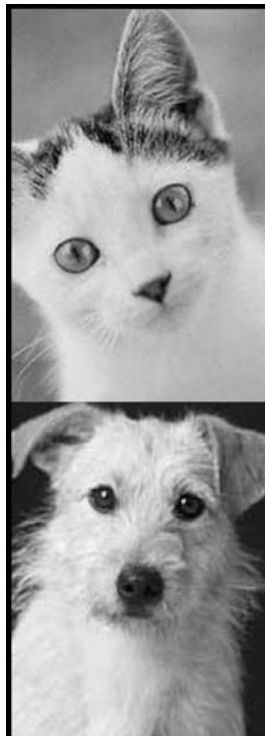
Balloons

Plants

Musical Animals

In my experience, cats and beds seem to be a natural combination.

- Louis J. Camuti, DVM -



Another program by: **SNYP**

February is Prevent A Litter Month

Shelters across the country are gearing up for the spring breeding season when countless animals will be born with no homes to go to.

Save lives by having your cat or dog fixed during this exceptional time limited offer!

Cat Neuter: \$25

Cat Spay: \$35

Dog Spay and neuters:

\$65 up to 60 lbs, and \$75 over 60 lbs

Certificates can be purchased in February at:

Pet Country, Medford and Ashland Grange CO-OPS, all Medford Mini Pet Marts, Grants Pass Mini Pet Mart, Jackson County Animal Shelter, SOHS, and C.A.T.S.

Visit spayneuter.org

or call 858-3325 for details.