

A black and white photograph of a group of nine people in medieval costumes. Three people are seated in the front row, and six are standing behind them. The costumes include long robes, hennin hats, and various accessories like necklaces and belts. The background features a checkered cloth and a banner with a lion's head.

A black and white photograph showing two men in historical fencing attire practicing with rapier swords in a hall. The man on the left is in a lunge, wearing a dark vest over a white shirt with puffed sleeves, dark breeches, and a wide-brimmed hat. The man on the right is in a more upright stance, wearing a dark vest over a white shirt with puffed sleeves, dark breeches, and a wide-brimmed hat. They are both holding rapier swords. In the background, there is a table covered with a white cloth, several chairs, and two framed pictures of a lion rampant on the wall.

The organization's public service information campaign stresses the importance of consulting with health-care providers, as well as visiting helpful Web sites that provide information on preventing and treat-

To learn more, visit
www.phrma.org and
www.innovation.org.
 (NAPSA)

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Rachel Goodman, L.M.T

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Representatives of the United States Department of Agriculture will lead the workshop.

Seating is limited. For reservations, call **(541) 415-1961**

Don't drink and drive

Illinois Valley Chamber of Commerce

**Crossword
courtesy of**

CROSSWORD PUZZLE

MONDAY-FRIDAY MORNING/AFTERNOON																										
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30		
2	WTTES	Saved by the Bell	Saved by the Bell	Saved by the Bell	Saved by the Bell	The Megan Mullally Show	Dawson's Creek	Movie					Home Improve.	Home Improve.	NewsRadio	Cosby Show	Steve Harvey	Steve Harvey	Home Improve.	Home Improve.	Yes, Dear	Yes, Dear	The King of Queens	The King of Queens		
3	FOYFAM	Joyce Ruler	Feed the Children	Family Matters	Family Matters	Boy Meets World	Boy Meets World	The 700 Club	Living the Life	Home Videos		Gilmore Girls	Full House	Full House	Family Matters	Family Matters	Step by Step	Step by Step	Full House	Full House	Sabrina-Witch	Sabrina-Witch	Gilmore Girls	Gilmore Girls		
4	KMMV	Paid Program	Believer's Voice	Life Today	Paid Program	Varied Programs	Judge Hatchett	Judge Hatchett	The Tyra Banks Show	Maury			Montel Williams		Judge Mathis		The People's Court		Judge Alex	Judge Alex	The People's Court		King of the Hill	According to Jim		
5	KOB	News		Today					Home Improve.	Varied Programs			Martha		Days of our Lives		Passions		The Megan Mullally Show		Be a Millionaire	Be a Millionaire	News	Nightly News		
6	ESPN	SportsCenter		Sports-Programs	Varied Programs	SportsCenter	Varied Programs								NFL Live	Jim Rome is Burning	Around the Horn	Interruption	SportsCenter		Varied Programs					
7	KSY5	Business Rpt.	BBC World	Curious George	Clifford-Red	Dragon Tales	It's a Big Big World		Teletubies	Mister Rogers	Sit and Be Fit	Charlie Rose			Curious George	Barney & Friends	Bob the Builder	Between the Lions	Reading Rainbow	Clifford-Red	Cyber-chase	Arthur	Maya & Miguel	Postcards		
8	TBN	Changing-World	John Hagee	Rod Parsley	Marilyn Hickey	Believer's Voice	Varied Programs		First to Know	Varied Programs	Life Today	This Is Your Day	The 700 Club		John Hagee	Rod Parsley	Praise the Lord				Varied Programs	Behind Scenes	Varied Programs	Varied Programs		
9	LCB	Paid Program	Fit & Life	Daily Workout	The Nanny	The Nanny		Golden Girls	Golden Girls	Frasier	Frasier	Will & Grace	Will & Grace	Movie	Varied Programs			Movie			Golden Girls	Golden Girls	Still Standing	Still Standing		
10	KTVL	News		The Early Show				The 700 Club	The Price is Right	The Young and the Restless		News	Bold, Beautiful	As the World Turns		Guiding Light		Rachael Ray			The Ellen DeGeneres Show	DeGeneres	News	Evening News		
11	NICK	Rugrats	Jimmy Neutron	Danny Phantom	OddParents	Sponge-Bob	Sponge-Bob	Dora the Explorer	Go, Diego, Go!	Blue's Clues	Backyardigans	Wonder Pets	Dora the Explorer	Go, Diego, Go!	Blue's Clues	Backyardigans	Wow! Wubbyz!	Sponge-Bob	Sponge-Bob	Jimmy Neutron	Jimmy Neutron	OddParents	OddParents	Drake & Josh		
13	KDRV	News		Good Morning America				Liv With Regis and Kelly	The View	Judge Judy	Judge Joe Brown	All My Children		One Life to Live		General Hospital		Dr. Phil			Oprah Winfrey	News	ABC Wid News	ABC Wid News		
15	USA	Coach	Coach	JAG				Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger		Movie		Varied Programs												
17	A&E	Paid Program	Paid Program	The District				City Confidential	American Justice		Cold Case Files	Crossing Jordan	CSI: Miami		24			City Confidential		American Justice		Cold Case Files				
18	HBO	Movie Cont'd	Varied Programs										Movie	Varied Programs		Varied Programs										
19	SHOW2	Movie Cont'd	Varied Programs	Movie		Varied Programs						Movie	Varied Programs		Movie	Varied Programs		Movie	Varied Programs		Movie	Varied Programs				
21	SHOW	Movie		Varied Programs	Movie		Varied Programs	Movie	Varied Programs								Movie		Varied Programs		Movie	Varied Programs				
22	MAX	Movie	Varied Programs									Movie	Varied Programs			Movie		Varied Programs								
29	ESPC	PBA Bowling	College Football		Strongest Man	Varied Programs	PBA Bowling	Stump the Schwab	Stump the Schwab	College Football			SportsCentury	Varied Programs							Stump the Schwab	Varied Programs	Boxing			
30	TRAV	Epicurus	Epicurus	Varied Programs	Passport to Europe	Great Taste of America	Made in America	Varied Programs	Vacation Home	Vacation Home		Varied Programs	Globe Trekker		Varied Programs											
34	AMC	Movie		Varied Programs			Movie	Varied Programs																		
35	TNT	Angel		Angel		Charmed	Charmed	ER		ER		Judging Amy	Judging Amy		Law & Order	Law & Order		Charmed		Charmed						
38	DISN	Stanley	JoJo's Circus	The Wiggles	Higgly-town	Little Einsteins	Mickey Mouse	Handy Manny	Doodle-bops	Charlie & Lola	The Koala Brothers	The Wiggles	Higgly-town	Lilo & Stitch	The Little Mermaid	Timon & Pumbaa	Buzz Lightyear	Mr. Whiskers	The Proud Family	American Dragon	Kim Possible		Varied Programs			
39	SCIFI	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs															Ripley-Believe	Varied Programs	The X-Files			
45	DISC	Paid Program	Paid Program	Paid Program	Paid Program	Joyce Meyer	Paid Program	Biker Build-Off	American Chopper	American Chopper		Varied Programs					The New Detectives		The FBI Files		48 Hours: Hard Evidence		Cash Cab	Cash Cab		
46	ANPL	Backyard Habitat		Adoption Tales	Animal Miracles		Emergency	Animal Precinct	Varied Programs			Growing Up...	Funniest Animals	Funniest Animals	The Jeff Corwin Experience		The Crocodile Hunter		The Most Extreme		Varied Programs					
47	COM	Paid Program	Paid Program	Paid Program	Paid Program	Movie	Varied Programs						Com-Presents	Mad TV	Daily Show	Colbert Report		Mad TV	Mad TV	Varied Programs	Blue Collar TV	Movie				
48	CRT	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Bloom & Politan: Open Court		Best Defense			Banfield & Ford: Courtside					Nancy Grace: Closing Arguments					Catherine Crier			