TV Listings • Entertainment

Lorna Byrne scholars named to Jr. Honor Society

Forty-three students at Lorna Byrne Middle School recently were inducted into the National Junior Honor Society.

During a special ceremony in the school gym, the following were honored for scholarship -- maintaining a minimum grade-point average (gpa) of 3.5 -- plus demonstrating potential in the areas of service, leadership, character and citizenship:

Eighth-Grade: Jonathan Anderson, Eric Carter, Charles Davis, Logan Emonds, Sonya Hogan, Hannah Phlaum, Noelle Ramon.

Seventh-Grade: Tyler Delaney, Brittany Mosely.

Sixth-Grade: Stephanie Agee, Thea Barker-Cortrecht, Tyler Bryant, Alexandra Buckmaster, Jazmyn Danko, Myana Dhenin, Daniel Gomez, Briana Grabarz, Anastasia Greenberg, Makayla Gunn, Jillian Hanson, Sierra Heikka, Christopher Heise, Meghan Householder, Fredderick Hults, Cece Imerti, Carly Jensen, Cheyenne Johnson, Zachary Kay, Andrew McLaughlin, Rachel Miller, Benjamin Milner, Andrew Mullins, Kierra Perez, Felisha Ripley, Travis Robbins, Rebekah Sawall, Radiance Schroeter, Kaitlyn Skiles, Jamie Sowell, Sarah Spring, Xenia Velasco, Kristen Vidales, Brandi Wollerton.

Seventeen eighth-graders were recognized for retaining membership for three consecutive years by maintaining a minimum gpa of 3.0.

They are Brieana Andrews, Brien Charbonneau, Alexander Dominguez, Zachary Dominguez, Edward Goynes, Woody Gutshall-Douglas, Callie Harland, Autumn Isenagle, Ben Kendall, Jessica Lindhe, Daniel Nordal, Paige Ragsdale, Clinten Robertson, Robert Sanders, Mitchell Swartz, Heidi Unger, and Kenneth White.

The keynote speaker was D.J. Zissen, a senior at Illinois Valley High School and former LBMS student and honoree. He urged the students to always strive for scholarship and never give up their ideals.

Candles representing the five major areas were lighted by Jessica Lindhe, Sabrina Swartz, Heidi Unger, Celilo Nordal, and Ben Kendall. Thea Deter and Margaret Ruiz sang, "Lean On Me."

The flag bearer was Lucas Harris, and the Pledge of Allegiance was led by Jordan Crouse. "The Star-Spangled Banner" was performed by Cody Chieverton on guitar and Taylor Harris on drums.

"God Bless America" was sung by Brieana Andrews. A poem, "Slow Dance," was read by Rachel Paul and Callie Harland.

Ben Kendall lit the Citizenship Candle. ('Illinois Valley News' photo)

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Ask the Acupuncturist:

What is Chi?

Chi (pronounced "chee", Qi, or Ki, in Japanese) is the body's vital energy. It refers to strength, and the function of a particular organ system. It can be directly accessed and affected with herbs and acupuncture, diet, exercise and lifestyle.

Stress, emotions, and music also affect Qi. Qi is a primary aspect of Chinese physiology. It can be read in the pulses and tongue, and also in the "shen" or "spirit" of the eyes. We treat the Qi through the systems-respiratory, digestive, elimination, endocrine, and can affect the flow of Qi with the needle.

A well-trained practitioner may subdue an asthma attack, quickly reduce blood pressure or a high fever, or help a patient to break and expel kidney or gallstones. It is important to "cultivate" Qi with a simple, wholesome diet and exercise. This is the key to a healthy, peaceful life.

Illinois River Acupuncture
592-5041 Mon., Wed., Fri.
Jo Anne Stone, M.S., L.Ac.

Art is the stored honey of the human soul, gathered on wings of misery and travail.

- Theodore Dreiser -

THE BOOKWORM

Sponsored by Clear Creek Family Practice

I. V. Branch Library News & Happenings

Library hours: Mondays & Tuesdays Noon to 5, Wednesdays 11 to 6, Saturdays 10 to 1, closed Thursdays, Fridays & Sundays

Have you signed the petition? Most of you know that the entire Josephine County Library System has been told to seek funding outside of the county general fund. There will be significant changes starting this July, and by July of 2007, the library will not be funded by the county. The best way to seek sustainable funding is for the libraries to form a county-wide district. In order to make it onto the ballot, 8,000 signatures must be gathered to show public interest and support in the idea. With three weeks to go, about half of the needed signatures have been collected.

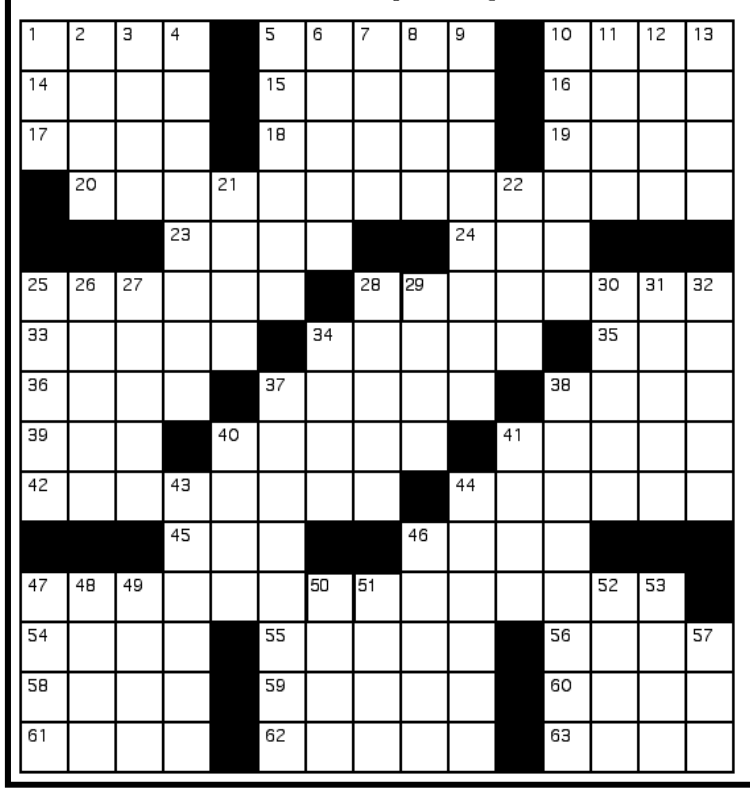
You can find petition-gatherers at Shop Smart, in front of the post office, and even right in front of your library. Library staff may not discuss or answer questions about the district on work time, but we can gladly put you in touch with a library board member or even the library manager. Please support your local libraries.

To make us feel small in the right way is a function of art; men can only make us feel small in the wrong way.

- E. M. Forster -

CROSSWORD PUZZLE

Crossword courtesy of DAVES Outdoor Power Equipment



ACROSS
1 Performs
5 Baby's complaint
10 Emcee
14 Worth or Knox
15 Center of activity
16 Comedian Johnson
17 Den
18 Braid of hair
19 Large knife
20 Popular man
23 Advertising light
24 Silver or gold
25 Loiterer
28 Novelist J.D.
33 Attracted
34 Italian city
35 First lady
36 Sandarac tree
37 __ acid
38 Spotted
39 Porch item
40 Villages
41 Common contraction
42 Menu phrase
44 Remove
45 Make a boo-boo
46 Become exhausted
47 Popular woman
54 Iran's money
55 Telegraphs
56 Worms or salmon eggs
58 Square column
59 Wipe away
60 Moon goddess
61 Roe
62 Drive back
63 Home for 35 Across

DOWN
1 Samuel Gompers' org.
2 Garment
3 Half of a sextet
4 More mysterious
5 Seizer
6 Synthetic fabric
7 Plant part
8 Part of a monogram: abbr.
9 Church member
10 Go quickly
11 Yes __?
12 Main dish
13 High-schooler
21 Beginning
22 Irish name
25 Beast of burden
26 Of the ear
27 Persona non __
28 Sudden, strong increase
29 Onassis and others
30 Waterfowl
31 Happening
32 French pension
34 Legal wrong
37 Mole or gopher
38 Marketable
40 Uncovered
41 Cook's additive
43 Lowest room
44 Engine
46 The ones here
47 Metal fastener
48 German article
49 Lacking promptness
50 Source of heat
51 Word with booby or tourist
52 Praise
53 Row
57 Pantyhose shade

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M-F 8-5:30 SAT 9-4
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Additional Listings

Besides the program listings provided, the following also are among those available from Charter Communications. For information about costs that might apply, contact the company.

1-800-338-8838

- *12 - QVC
- *14 - Better Life TV
- *16 - Home Shopping
- *23 - Community Bulletins
- *25 - Fox News
- *26 - C-Span/House of Rep.
- *27 - C-Span 2 (Senate)
- *28 - ESPN 2
- *31 - CNN Headline News
- *33 - Fox Sports Northwest
- *36 - Country Music TV
- *37 - Spike TV
- *40 - The History Channel
- *41 - The Learning Channel
- *42 - Cartoon Network
- *43 - Home & Garden TV
- *44 - The Weather Channel

What garlic is to salad, insanity is to art.

- Augustus Saint-Gaudens -

MONDAY-FRIDAY MORNING/AFTERNOON

		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
2	WTBS	Mama's Family	Mama's Family	Saved by the Bell	Saved by the Bell	Saved by the Bell	Saved by the Bell	Dawson's Creek		Movie				Becker	Becker	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.
3	FOXFAM	Joyce Meyer	Feed the Children	Kong-Series	Spider-Man	Power Rangers	Power Rangers	The 700 Club		Living the Life	Step by Step	Full House	Full House	Hogan Family	Hogan Family	Family Matters	Family Matters	Boy Meets World	Boy Meets World	Full House	Full House	Grounded for Life	Grounded for Life	Gilmore Girls	
4	FOX	Mary Tyler Moore	Bob Newhart	Fall Guy		Paid Program	Paid Program	Eye for an Eye	Eye for an Eye	Maury		Paid Program	Paid Program	Divorce Court	Divorce Court	Starting Over		Quincy, M.E.		Kojak		St. Elsewhere		Varied Programs	
5	KOBI	News		Today						Home Improve.	New Day	Varied Programs		Martha		Days of our Lives		Passions		Dr. Phil		Inside Edition	The Insider	News	NBC News
6	ESPN	Sports-Center	Varied Programs	SportsCenter		SportsCenter		NBA Fastbreak	Baseball Tonight	Varied Programs						1st and 10	Jim Rome Is Burning	Around the Horn	Interrup-tion	SportsCenter		Varied Programs			
7	KSYS	Business Rpt.	BBC World	Dragon Tales	Clifford's-Days	Sesame Street		Teletub-bies	It's a Big Big World	Mister Rogers	Varied Programs	Sit and Be Fit	Charlie Rose		Berens-tain Bears	Barney & Friends	Bob the Builder	Between the Lions	Reading Rainbow	Clifford-Red	Cyber-chase	Arthur	Maya & Miguel	Postcards	Zoom
8	TBN	Changing-World	John Hagee	Rod Parsley	Marilyn Hickey	Believer's Voice	Varied Programs			Behind Scenes	Varied Programs	Life Today	This Is Your Day	The 700 Club		John Hagee	Rod Parsley	Praise the Lord				Varied Programs		Behind Scenes	Varied Programs
9	LIFE	Paid Program	Paid Program	Fit & Lite	Daily Workout	Designing Women	Designing Women	Golden Palace	Golden Palace	The Nanny	The Nanny	Golden Palace	Golden Palace	Will & Grace	Will & Grace	Frasier	Frasier	Unsolved Mysteries		Movie				The Nanny	The Nanny
10	KTVL	News		The Early Show				The 700 Club		The Price Is Right		The Young and the Restless		News	Bold, Beautiful	As the World Turns		Guiding Light		Happy Days	Family Feud	The Ellen DeGeneres Show		News	CBS News
11	NICK	As Told by Ginger	Rugrats	Oddpar-ents	Oddpar-ents	Sponge-Bob	Sponge-Bob	Dora the Explorer	Go, Diego, Go!	Blue's Clues	Backyar-digans	Dora the Explorer	Wonder Pets	LazyTown	Miss Spider	Dora the Explorer	Go, Diego, Go!	Sponge-Bob	Sponge-Bob	Jimmy Neutron	Jimmy Neutron	Oddpar-ents	Oddpar-ents	Sponge-Bob	Drake & Josh
13	KDRV	News		Good Morning America				Live With Regis and Kelly		The View		Varied Programs	Your-House	All My Children		One Life to Live		General Hospital		Judge Judy	Judge Joe Brown	Oprah Winfrey		News	ABC Wld News
15	USA	Walker, Texas Ranger		Walker, Texas Ranger		JAG		The District		Nash Bridges		Nash Bridges		Walker, Texas Ranger		Varied Programs								Movie	
17	A&E	Paid Program	Paid Program	Varied Programs										Cold Case Files		Crossing Jordan		Varied Programs							
18	HBO	Movie Cont'd	Varied Programs				Movie		Varied Programs	Movie	Varied Programs			Movie		Varied Programs		Movie	Varied Programs						
19	SHOW2	The Zack Files	Varied Programs			Movie	Varied Programs		Movie	Varied Programs		Movie	Varied Programs									Movie		Varied Programs	
21	SHOW	Movie Cont'd	Varied Programs														Movie		Varied Programs				Movie	Varied Programs	
22	MAX	Movie Cont'd	Varied Programs					Movie		Varied Programs			Movie	Varied Programs											
29	ESPCL	PBA Bowling		Varied Programs		Billiards		PBA Bowling		Stump the Schwab	2-Minute Drill	NFL's Greatest Game			Varied Programs	SportsCentury		Vintage NBA		Varied Programs		Classic Now		Boxing	Varied Programs
30	TRAV	Epicu-rious	Travel Cafe	Most Haunted		Varied Programs	Great Hotels	Passport to Europe	Great Hotels	Epicu-rious	Travel Cafe	Home Search	Vacation Home	Passport to Europe	Far Flung Floyd	Globe Trekker		5 Takes: Pacific Rim		Varied Programs					
34	AMC	Movie Cont'd	Varied Programs																						Movie
35	TNT	The Lost World		Angel		Charmed		Charmed		ER		ER		Judging Amy		Judging Amy		NYPD Blue		Law & Order		Law & Order		Charmed	
38	DISN	The Wiggles	Breakfast With Bear		Higgly-town	Little Einsteins	Doodle-bops	JoJo's Circus	Charlie & Lola	The Wiggles	The Koala Brothers	Rolie Polie Olie	Doodle-bops	Charlie & Lola	Rolie Polie Olie	Higgly-town	JoJo's Circus	Lilo & Stitch	Mr. Whiskers	Varied Programs				Kim Possible	Lizzie McGuire
39	SCIFI	Paid Program	Paid Program	Paid Program	Paid Program	Twilight Zone	Twilight Zone	Passions		Varied Programs												Ripley's Believe It or Not!		The X-Files	
45	DISC	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	American Chopper		American Chopper		Varied Programs						The New Detectives		The FBI Files		48 Hours: Hard Evidence		It Takes a Thief	
46	ANPL	Emer-gency	Emer-gency	Animal Miracles		Backyard Habitat	Backyard Habitat	Varied Programs						Growing Up...		Funniest Animals	The Really Wild Show	The Jeff Corwin Experience		The Crocodile Hunter Diaries		The Most Extreme		Varied Programs	
47	COM	Paid Program	Paid Program	Paid Program	Paid Program	Movie				Daily Show	Colbert Report	Varied Programs				Mad TV	Varied Programs	Daily Show	Colbert Report	Mad TV	Varied Programs	Mad TV		Movie	Varied Programs
48	CRT	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Bloom & Politan: Open Court				Best Defense				Courtside				Nancy Grace: Closing Arguments				Catherine Crier	