Cholesterol?

Nearly 38 million Americans have high levels of LDL ("bad") cholesterol-a major risk factor for coronary heart disease and stroke.

But a national survey shows that many don't know how best to manage their cholesterol. To raise awareness, WomenHeart: the National Coalition for Women with Heart Disease and the Association of Black Cardiologists Inc. joined AstraZeneca to launch the GOAL Standard, a nationwide consumer education campaign.

Because the survey showed that 60 percent of U.S. adults who are being treated with cholesterol-lowering statin medications do not know their target cholesterol goal, the focus of the campaign is to stress the need to identify this goal. For more information, visit www.GOALStandard.com

(News USA)

Questions and Answers

by Cheryl A. Valentine
Executive Director
Lovejoy Hospice

In an effort to help you to be better informed about hospice care in our community, Lovejoy Hospice produces an informative question and answer column each month. Look for our column printed on the fourth Wednesday edition of the 'Illinois Valley News.'

Question: I have a serious lung problem and am interested in hospice, but my neighbor told me hospice is only for people with cancer.

Answer: Many "myths" exist about hospice services, and one of them is that hospice serves cancer patients only. The TRUTH is that hospice is available to a person with any type of advanced illness that is life-limiting.

If you have been told that a health problem may limit life to months rather than years, you may likely be eligible for hospice services in the place where you live. Hospice brings health care and comfort to you, and this can include home nursing visits and coordination of care with your own physician, home health aide assistance if needed, counseling support, and spiritual support if you desire.

So whether you might have lung disease, general debility with decline, or any other health problem causing decline, call your physician and ask for a Hospice visit and consultation. Or you may call your hospice of preference directly for more information. Discover why so many people recommend hospice.

It's about how you live.

The Heart of Caring

If you have a question about hospice care for the column, please phone (541) 474-1193 or 1(888) 758-8569 or Email me at: cheryl@lovejoyhospice.org

THURSDAY EVENING/LATE NIGHT — JANUARY 26, 2006

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
2 WTBS	Seinfeld	Seinfeld	Every-Raymond	Every-Raymond	Friends	Friends	Friends	Friends	Movie: ★½ "The Haunting" (1999, Horror) Liam Neeson. Research subjects spend a weekend in a haunted house.						Movie: ★★★ "The Others" (2001, Horror) Nicole Kidman, Christopher Eccleston.				Movie: ★½ "The Haunting" (1999, Horror) Liam Neeson. Research subjects spend a weekend in a haunted house.				Interstitial	Cosby Show
3 FOXFAM	7th Heaven		Smallville "Perry" (In Stereo)		Movie: ★½ "My Boss's Daughter" (2003, Romance-Comedy) Ashton Kutcher.				Whose Line?	Whose Line?	The 700 Club		Home Videos	Home Videos	Paid Program	Paid Program	Paid Program	Paid Program	The 700 Club		Health-casts	Paid Program	Paid Program	Paid Program
4 FOX	The O.C. "The Pot Stirrer" (In Stereo)		The Fox Report With Shepard Smith		Blind Date (In Stereo)	Blind Date (In Stereo)	Maury Lie-detector tests.		Jerry Springer (N) (In Stereo)		Paid Program	Paid Program	News						Paid Program	The Virginian "Storm Over Shiloh"			Paid Program	Paid Program
5 KOBI	News	News	Ent. Tonight	Be a Millionaire	Will & Grace	Four Kings	My Name Is Earl	The Office (N)	ER "Nobody's Baby" (In Stereo)		News	The Tonight Show With Jay Leno		Late Night With Conan O'Brien (N)		Last Call-Daly	The Tonight Show With Jay Leno		Late Night With Conan O'Brien		Just Shoot Me	Seinfeld	Early Today	AgDay
6 ESPN	Ultimate Super Bowl 40-Man Roster (N)				SportsCenter (Live)		NFL Live (N)	Game-night	SportsCenter (Live)		SportsCenter (Live)		Ultimate Super Bowl 40-Man Roster				SportsCenter		SportsCenter		SportsCenter		SportsCenter	
7 KSYS	Business Rpt.	The NewsHour With Jim Lehrer (N)		American Consumer	The This Old House Hour (N) (In Stereo)		Nature Monterey Bay Aquarium. (N)		Guns, Germs, and Steel: A National		Charlie Rose (N) (In Stereo)		The NewsHour With Jim Lehrer (N)		The This Old House Hour (N) (In Stereo)		GED Connect.	Oregon Art Beat	Earth Revealed	Earth Revealed	Earth Revealed	Psychol-ogy	Psychol-ogy	Psychol-ogy
8 TBN	Bishop T.D. Jakes	This Is Your Day	Praise the Lord				Against All Odds	Dr. Carl Baugh	Hal Lindsey	This Is Your Day	Praise the Lord				Greg Laurie	Ron Luce	Myles Munroe	Praise the Lord		This Is Your Day	Bishop T.D. Jakes	Paula White	Jesse Duplantis	Joyce Meyer
9 LIFE	Golden Girls	Golden Girls	Movie: "Wicked Minds" (2002) Angie Everhart. A young man's affair leads to his father's murder.				Movie: "Lies and Deception" (2005) A woman uncovers secrets about her dead husband.				Will & Grace	Will & Grace	Golden Girls	Golden Girls	The Nanny	The Division "Rich Girl, Poor Girl"	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
10 KTVL	News	Frasier	Access Hollywood	Extra (In Stereo)	CSI: Crime Scene Investigation		CSI: Crime Scene Investigation (N)		Without a Trace "Rage" (In Stereo)		News	Late Show With David Letterman (In Stereo)		Late Show	The Late Late Show With Craig Ferguson		Paid Program	CBS Up to the Minute (In Stereo)					Extra (In Stereo)	CBS News
11 NICK	Jimmy Neutron	Danny Phantom	Oddpar-ents	Jimmy Neutron	Sponge-Bob	Romeo!	Full House	Fresh Prince	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
13 KDRV	News-watch 12	News-watch 12	Jeopardy! (N)	Wheel of Fortune	Dancing With the Stars (In Stereo)			Crumbs (N)	Primetime		News-watch 12	Nightline	Jimmy Kimmel Live (In Stereo)		ABC World News Now								World News	News-watch 12
15 USA	Law & Order: Criminal Intent		Law & Order: Special Victims Unit		Law & Order: Criminal Intent		Movie: ★★★ "Patriot Games" (1992, Suspense) Harrison Ford, Anne Archer. A former CIA agent is stalked by a vengeful IRA terrorist.						Law & Order: Criminal Intent		Law & Order: Special Victims Unit		Movie: ★★ "Lightning Jack" (1994, Western) Paul Hogan, Cuba Gooding Jr..				Paid Program	Paid Program	Paid Program	Paid Program
17 A&E	American Justice: Eliminating-Competition		The BTK Killer Speaks		The First 48 "A Deadly Betrayal"		The First 48 "Devil's Candy"		Dallas SWAT Riding shotgun. (N)		Crossing Jordan "Revealed" (In Stereo)		The First 48 "A Deadly Betrayal"		The First 48 "Devil's Candy"		Dallas SWAT Riding shotgun. (N)		Crossing Jordan "Revealed" (In Stereo)		Third Watch		Paid Program	Paid Program
18 HBO	(5:45) Movie: ★½ "Batman & Robin" (1997) The dynamic duo returns to take on an icy villain.				Inside the NFL (In Stereo)		Movie: ★★½ "Flight of the Phoenix" (2004, Adventure) Dennis Quaid. (In Stereo) 'PG-13'				Sex Inspectors	New World	Inside the NFL (In Stereo)		Movie: ★★½ "The Clearing" (2004, Suspense) Robert Redford. 'R'		Movie: ★★ "Alexander" (2004, Historical Drama) Colin Farrell, Angelina Jolie. Macedonia's young king conquers much of the known world. 'R'						The Terminal
19 SHOW2	Movie: ★★ "Cornered" (2001, Drama) Alex DeCosta.				Movie: ★★ "Saved!" (2004) A pregnant teenager faces ostracism.		Movie: ★½ "Twisted" (2004, Suspense) Ashley Judd.				SHO Me 1st		Boxing: ShoBox: The New Generation.				Masters of Horror		Movie: "Control" (2004) A convict undergoes behavior modification.		Movie: ★½ "Whore" (2004, Drama) Daryl Hannah. (In Stereo)		Movie: ★★½ "August" (1996, Drama)	
21 SHOW	Movie: ★★★ "Mermaids" (1990) A teen deals with her first love and an unconventional mom.				Movie: "Saw" (2004) A doctor must kill his cellmate or his family will die.			SHO Me 1st	Penn & Teller	Penn & Teller	The L Word Jenny brings Moira home.		Movie: "The Crying Game" (1992) An IRA man is drawn to his kidnap victim's enigmatic lover.				Movie: "Personals: College Girl Seeking..." (2000, Adult)		Movie: "Net Games" (2003, Suspense) C. Thomas Howell.		Movie: ★½ "D2: The Mighty Ducks" (1994)	
22 MAX	Movie: ★½ "Catwoman" (2004, Action) Halle Berry. 'PG-13'				Movie: ★ "Speed 2: Cruise Control" (1997) Sandra Bullock. A madman seizes the helm of a luxurious ocean liner. 'PG-13'				Movie: ★★★★ "Titanic" (1997, Drama) Leonardo DiCaprio, Kate Winslet. A woman falls for an artist aboard the ill-fated ship. (In Stereo) 'PG-13'						Emmanuelle in Space "A World of Desire" Alien interested in human. (In Stereo)				Movie: ★½ "Over the Top" (1987, Drama) Sylvester Stallone. 'PG'		Movie: ★★½ "There Was a Crooked Man" (1970) Kirk Douglas.	
29 ESPCL	Can't Blame	Can't Blame	Arliss (N)	Cheap Seats	Classic Now		Big Fights: Heavyweight		Arliss	Cheap Seats	Classic Now		2004 World Series of Poker Las Vegas.		2004 World Series of Poker Las Vegas.		Cheap Seats	1977 Broncos	Paid Program	Paid Program	Super Bowl IX	Super Bowl X	SportsCentury	
30 TRAV	Flight Attend.	Flight Attend.	Super Yachts		Vacation Home	Vacation Home	Flight Attend.	Flight Attend.	Super Yachts		Great American Ranches		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Thinner Thighs	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
34 AMC	(5:45) Movie: "Goldfinger" (1964) Secret agent James Bond must stop a heist at Fort Knox. 'GP'				Movie: ★★★ "Smokey and the Bandit" (1977, Comedy) Burt Reynolds, Jackie Gleason. 'PG'				Movie: ★★½ "Sharky's Machine" (1981) Burt Reynolds. A vice cop uncovers high-level government corruption. 'R'				Movie: ★★★ "Smokey and the Bandit" (1977, Comedy) Burt Reynolds, Jackie Gleason. 'PG'				Movie: ★★½ "The Three Stooges Meet Hercules" (1962) 'NR'				Movies That	Movie: ★★★ "Leave Her to Heaven" (1945) Gene Tierney. 'NR'	
35 TNT	(5:00) NBA Basketball: Phoenix Suns at Miami Heat.				NBA Basketball: Dallas Mavericks at Seattle Sonics. KeyArena. (Live)				Inside the NBA		Law & Order "Corruption" (In Stereo)		Charmed "Lucky Charmed" (In Stereo)		Charmed "Cat House" (In Stereo)		Movie: ★★½ "Judge Dredd" (1995) A futuristic lawman battles a fiendishly clever criminal.				Movie: ★★★ "Cujo" (1983, Horror) A mother and son are terrorized by a rabid Saint Bernard.		
38 DISN	Zack & Cody	That's So Raven	That's So Raven	That's So Raven	Movie: ★★★ "Mulan" (1998, Musical) Animated. A Chinese maiden disguises herself as a man.		Zack & Cody	Zack & Cody	That's So Raven	That's So Raven	Phil of the Future	Kim Possible	Lizzie McGuire	That's So Raven	Boy Meets World	American Drgn	American Drgn	American Drgn	American Drgn		House of Mouse	Lilo & Stitch	Winnie-Pooh	
39 SCIFI	Stargate SG-1		Movie: "Path of Destruction" (2005) A cloud of voracious nanobots threatens Earth.				Movie: "Magma: Volcanic Disaster" (2006) A series of volcanic eruptions threatens humanity.				Movie: ★★ "Fatal Error" (1999) A technological virus kills unsuspecting computer users.				The X-Files "Darkness Falls" (In Stereo)		Movie: ★★½ "Black Mask" (1996) A meek librarian is actually a biologically altered fighter.						Knight Rider "Knight Behind Bars"	
45 DISC	Cash Cab	Cash Cab	Human Prey Increase in wild-animal attacks.		Deadly Reptiles II		Snakes: The Big Squeeze		Tracking Deadly Vipers		Human Prey II		Deadly Reptiles II		Snakes: The Big Squeeze		Tracking Deadly Vipers		Paid Program	Paid Program	Paid Program	Paid Program	Assignment Discovery	
46 ANPL	The Planet's Funniest Animals		Animal Cops Houston "Trailer Park Tears"		The Planet's Funniest Animals		The Planet's Funniest Animals		Animal Cops Houston "Trailer Park Tears"		The Most Extreme Animals deceive prey.		The Planet's Funniest Animals		The Planet's Funniest Animals		Animal Cops Houston "Trailer Park Tears"		Cham-pion-Wild	Cham-pion-Wild	Wildlife Journal "Nitro Dogs"		The Really Wild Show	Barking Mad
47 COM	(5:00) Movie: "Police Academy" (1984)		Com.-Presents	Reno 911!	Daily Show	Colbert Report	Chap-pelle's	South Park	Drawn Together	Distrac-tion	Daily Show	Colbert Report	Drawn Together	Distrac-tion	Daily Show	Colbert Report	Chap-pelle's	Chap-pelle's	Chap-pelle's	Chap-pelle's	Paid Program	Paid Program	Paid Program	Paid Program
48 CRT	Forensic Files	Forensic Files	Cops	Cops	Hot Pursuit	Hot Pursuit	Forensic Files	Body of Evidence	The Investigators "Fire and Ice" (N)		Hollywood Heat (N)	Hollywood Justice	Hot Pursuit	Hot Pursuit	Forensic Files	Body of Evidence	The Investigators "Fire and Ice"		Hollywood Heat	Hollywood Justice	The Investigators "Fire and Ice" (N)		Investi-gates	Paid Program

FRIDAY EVENING/LATE NIGHT — JANUARY 27, 2006

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
2 WTBS	Seinfeld	Seinfeld	Every-Raymond	Every-Raymond	Movie: ★★★ "Spider-Man" (2002, Action) Tobey Maguire. A bite from a mutant spider gives a teen unusual powers.					Movie: ★★★½ "Back to the Future" (1985) Michael J. Fox. A boy travels through time to his parents' teenage years.			Family Guy	Futurama	The Oblongs		Mr. Show With Bob and David		Family Guy	Futurama	The Oblongs	Mr. Show-Bob	Cosby Show
3 FOXFAM	7th Heaven "The Tattle Tale Heart" (In Stereo)		Smallville "Relic" (In Stereo)		Movie: ★½ "From Justin to Kelly" (2003) Two young people fall in love during spring break.				Whose Line?	Whose Line?	The 700 Club		3rd Rock-Sun	Home Videos	Paid Program	Paid Program	Paid Program	Paid Program	The 700 Club		Paid Program	Paid Program	Paid Program	Paid Program
4 FOX	Trading Spouses: Meet-Mommy		The Fox Report With Shepard Smith		Blind Date (In Stereo)	Blind Date (In Stereo)	Maury Guests with rare disorders.		Jerry Springer (N) (In Stereo)		Paid Program	Paid Program	News						Paid Program	Paid Program	Real Life 101 (N)	Ultimate Choice	Magical DoReMi	Magical DoReMi
5 KOBI	News	News	Ent. Tonight	Be a Millionaire	Jamie Foxx: Unpredictable		Dateline NBC (In Stereo)		The Book of Daniel (N)		News	The Tonight Show With Jay Leno		Late Night With Conan O'Brien (N)		Last Call With Carson Daly (N) (In Stereo)	The Tonight Show With Jay Leno		Late Night With Conan O'Brien			Missing (N)	U.S. Farm Report (N)	
6 ESPN	NBA Basketball: Minnesota Timberwolves at Houston Rockets. Toyota Center. (In Stereo Live)						SportsCenter (Live)		NFL Live (N)	Game-night	SportsCenter (Live)		NBA Basketball: Minnesota Timberwolves at Houston Rockets. Toyota Center. (In Stereo)				SportsCenter		SportsCenter		SportsCenter		SportsCenter	
7 KSYS	Business Rpt.	The NewsHour With Jim Lehrer (N)		NOW (In Stereo)	Washing-ton Week	Foreign Exchng	Secrets of Lost Empires (In Stereo)		Frontline/World (N)		Charlie Rose (N) (In Stereo)		The NewsHour With Jim Lehrer (N)		Washing-ton Week	NOW (In Stereo)	Scientific-Frontiers	Roadshow FYI	Nutrition Pathways	Nutrition Pathways	Journey-Health	Journey-Health	Intro to Biology	Intro to Biology
8 TBN	Joel Osteen	Frederick Price	Praise the Lord				Praise the Lord	Larry Huch	Tommy Barnett	This Is Your Day	Greg Laurie	Karen Wheaton	Virtual Memories	Bananas	Xtreme Life	Xtreme Impact	M.C. Hammer	Kids-Crime	Kids Like You (EI)	Circle Square	Flying House (EI)	Cherub Wings (EI)	The Reppies	BJs Teddy Bear
9 LIFE	Golden Girls	Golden Girls	Movie: ★★ "Speak" (2004) Kristen Stewart. A 15-year-old keeps her rape at a party a secret.				Movie: ★★ "Foxfire" (1996, Drama) A drifter spurs four abused high-school girls into action.				Will & Grace	Will & Grace	How Clean	Golden Girls	The Nanny	Strong Medicine "Differentials"	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
10 KTVL	News	Frasier	Access Hollywood	Extra (In Stereo)	Ghost Whisperer (N)		Close to Home (N)		NUMB3RS "Harvest" (iTV) (N) (In Stereo)		News	Late Show With David Letterman (In Stereo)		Late Show	The Late Late Show With Craig Ferguson		Making Money	(Off Air)					Saturday Early Show (In Stereo)	
11 NICK	Jimmy Neutron	Danny Phantom	Sponge-Bob	Cats-cratch	Avatar-Last Air	The X's	Danny Phantom	Danny Phantom	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
13 KDRV	News-watch 12	News-watch 12	Jeopardy! (N)	Wheel of Fortune	Dancing With the Stars (N)		In Justice "Another Country" (In Stereo)		20/20		News-watch 12	Nightline	Jimmy Kimmel Live (N) (In Stereo)		(Off Air)									
15 USA	Law & Order: Criminal Intent		Law & Order: Special Victims Unit		Law & Order: Criminal Intent		Law & Order: Special Victims Unit		Monk "Mr. Monk and the Captain's Marriage"		House "Maternity" (In Stereo)		Law & Order: Special Victims Unit		Monk "Mr. Monk and the Captain's Marriage"		Movie: ★★ "Eye for an Eye" (1996) A vicious sociopath is stalked by a revenge-driven mother.				Movie: ★★½ "DC Sniper: 23 Days of Fear" (2003, Crime Drama) Charles S. Dutton.		
17 A&E	American Justice: Free to Kill: Polly Klaas		American Justice "Vanished" (In Stereo)		Biography: Osama Bin Laden: In-Allah		Biography "Al Qaeda"		Hand of Fate: I Missed Flight 93 (N)		Random 1		Biography: Osama Bin Laden: In-Allah		Biography "Al Qaeda"		Hand of Fate: I Missed Flight 93		Random 1		Third Watch		Paid Program	Paid Program
18 HBO	(4:15) Movie: ★★★½ "Ray" (2004) 'PG-13'		Inside the NFL (In Stereo)		Movie: ★★★ "Ocean's Twelve" (2004) Indebted criminals plan an elaborate heist in Europe.				Deadwood		Dennis Miller: All In (In Stereo)		Movie: "Pavement" (2002) A detective and a wilderness expert track a serial killer. 'R'				Inside the NFL (In Stereo)		Movie: ★★ "Second Skin" (2000, Suspense) Natasha Henstridge. 'R'		Movie: ★★½ "The Browning Version" (1994) Albert Finney. 'R'		
19 SHOW2	(4:15) Movie:	Movie: ★★½ "The Curve" (1998, Comedy-Drama) Matthew Lillard.			Movie: ★★ "The Good Humor Man" (2004, Drama) A teenager faces a crisis of conscience.				Queer as Folk Brian has news to share.		Queer as Folk	Movie: ★★½ "The Faculty" (1998) High-school students suspect that their teachers are aliens.				Movie: ★★ "Trash" (1999, Drama) Jeremy Sisto. (In Stereo)			Movie: ★★ "The Gingerbread Man" (1998, Suspense) Kenneth Branagh. (In Stereo)				Movie: ★½ "Magic Kid" (1993)	
21 SHOW	(5:30) Movie: ★½ "Twisted" (2004)				Movie: ★★ "Sniper" (1993) Tom Berenger. Two Army assassins take on a mission in Panama.		Sleeper Cell Financial problems.		Masters of Horror (N)		Masters of Horror		The L Word Jenny brings Moira home.		Movie: ★½ "Pauly Shore Is Dead" (2004, Comedy) Pauly Shore.		Movie: "Erotic Desires" (2004, Adult)		Movie: "Amityville II: The Possession" (1982, Horror) Burt Young, James Olson. iTV.			"Beyond Borders"
22 MAX	(5:00) Movie: ★★½ "Major League" (1989)		Movie: ★★ "You Got Served" (2004) Marques Houston. 'PG-13'			Movie: ★★ "Torque" (2004) A drug dealer frames a biker for murder.			Movie: ★★ "Alien vs. Predator" (2004) Sanaa Lathan. 'PG-13'			Hotel Erotica	Movie: "The Bikini Escort Company" (2004, Adult) 'NR'			Movie: ★★★★ "GoodFellas" (1990, Crime Drama) Robert De Niro. An Irish-Italian hood joins the 1950s New York Mafia. 'R'				Movie: ★★ "Head in the Clouds" (2004) World War II threatens the bond among three people.		
29 ESPCL	60 Min.-Classic	60 Min.-Classic	Arliss (N)	Cheap Seats	Classic Now		Graziano vs. Zale: The Final Chapter		Arliss	Cheap Seats	Classic Now		Best of-Poker	Best of-Poker	2003 World Series of Poker Las Vegas.		Poker: 2004 U.S. Championship.		Paid Program	Paid Program	Super Bowl XI	Super Bowl XII	College Football: 1986 Mich. at Notre Dame	
30 TRAV	Most Haunted "Pengersick Castle"		Weird Travels UFO sightings. (N)		Haunted New England		Most Haunted "Pengersick Castle"		Weird Travels UFO sightings.		World of Mysteries: Bermuda Triangle		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Select Comfort	Paid Program
34 AMC	(4:30) Movie: ★★½ "Sharky's Machine"		Hustle		Movie: ★★★½ "The River Wild" (1994) Thieves hold a former river guide and her family hostage.				Movie: ★ "Friday the 13th, Part VI: Jason Lives" (1986, Horror) Thom Mathews. 'R'				Movie: ★½ "Friday the 13th Part VIII: Jason Takes Manhattan" (1989) Jensen Daggett. 'R'				Hustle		Movie: ★★★½ "Heaven Knows, Mr. Allison" (1957, Drama) Deborah Kerr. 'NR'				Movie: "Drums Along the Mohawk" (1939)	
35 TNT	Charmed		Law & Order "Seer" (In Stereo)		Movie: ★★★ "The Patriot" (2000, Drama) Mel Gibson, Heath Ledger. A man and his son fight side by side in the Revolutionary War.						Movie: ★★ "Windtalkers" (2002, Action) Nicolas Cage. A troubled Marine must protect a Navajo code talker.				Movie: ★★★½ "Three Kings" (1999) George Clooney. Four American soldiers go off in search of Gulf War gold.				Movie: ★★½ "The Corruptor" (1999) Cops in New York's Chinatown are caught in a gang war.		
38 DISN	(5:30) Movie: ★★★ "Monsters, Inc."		Zack & Cody	Emperor New	Movie: ★★½ "The Princess Diaries" (2001, Comedy) Julie Andrews, Anne Hathaway.				The Emperor's New School		That's So Raven	That's So Raven	Phil of the Future	Kim Possible	Lizzie McGuire	That's So Raven	Boy Meets World	Zack & Cody	Zack & Cody	Zack & Cody	Zack & Cody	House of Mouse	Lilo & Stitch	Winnie-Pooh
39 SCIFI	Stargate SG-1 Robots.		John Doe "Blood Lines" (In Stereo)		Stargate SG-1 Teal'c disappears. (N)		Stargate Atlantis (N)		Battlestar Galactica (N)		Stargate SG-1 Teal'c disappears.		Stargate Atlantis		Battlestar Galactica		The Outer Limits		Movie: ★½ "Barb Wire" (1996) A beautiful bounty hunter must choose sides in a civil war.				The Outer Limits "Abduction" (In Stereo)	
45 DISC	Cash Cab	Cash Cab	Pharaoh's Revenge: Egypt's Lost Treasure		Quest for the Lost Pharaoh		Nefertiti Resurrected (Part 1 of 2)		Nefertiti Resurrected (Part 2 of 2)		Pharaoh's Revenge: Egypt's Lost Treasure		Quest for the Lost Pharaoh		Nefertiti Resurrected (Part 1 of 2)		Nefertiti Resurrected (Part 2 of 2)		Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Select Comfort
46 ANPL	(5:00) Dog Show: "AKC/Eukanuba National Championships Live: 3-Hour Cutdown" (N)				Dog Show: "AKC/Eukanuba National Championships Live: 3-Hour Cutdown" From Tampa, Fla.						The Most Extreme "Survivors"		The Planet's Funniest Animals		Animal Report	Animal Rescue	Animal Cops Houston Wild cats.		Dog Show: "AKC National Invitational Championship" Orlando, Fla.					
47 COM	(5:00) Movie: ★½ "My 5 Wives" (2000)		Com.-Presents	Reno 911!	Daily Show	Colbert Report	Premium Blend	Com.-Presents	Com.-Presents	Com.-Presents	South Park	Drawn Together	Distrac-tion	Mind of Mencia	Movie: ★★½ "Martin Lawrence Live: Runteldat" (2002) The comic performs his standup routine in Washington, D.C.				Mad TV (In Stereo)		Paid Program	Paid Program	Paid Program	Paid Program
48 CRT	Hollywood Heat	Master-minds	Cops	Cops	The Investigators		Forensic Files	Forensic Files	Forensic Files	Forensic Files	Dunne: Power, Privilege & Justice		The Investigators		Forensic Files	Forensic Files	Forensic Files	Forensic Files	Dunne: Power, Privilege & Justice		Forensic Files	Forensic Files	Forensic Files	Paid Program

SATURDAY MORNING/AFTERNOON — JANUARY 28, 2006

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
2 WTBS	Bosom Buddies	Bosom Buddies	Steve Harvey	Steve Harvey	Movie: "Disappearance" (2002) Vacationers are stranded in a sinister ghost town.				Movie: "A Walk to Remember" (2002) A high-school delinquent courts a minister's daughter.				Movie: ★★★½ "Pleasantville" (1998, Comedy) Tobey Maguire, Jeff Daniels. A suburban teen outcast finds solace in a 1950s TV sitcom.						Movie: ★★★½ "Back to the Future" (1985) Michael J. Fox. A boy travels through time to his parents' teenage years.					"Spider-Man"
3 FOXFAM	Paid Program	Paid Program	Digimon-Digital	X-Men	Spider-Man	Dragon Booster	Get Ed (N)	Kong-Series	Power Rangers	Super Robot	Spider-Man	W.I.T.C.H. "Framed"	Full House	Full House	Full House	Movie: ★★ "The Beverly Hillbillies" (1993, Comedy) Jim Varney, Diedrich Bader.				Movie: ★★ "Grease 2" (1982) Maxwell Caulfield. A British exchange student falls for a female gang leader.				
4 FOX	Bratz	Winx Club	Winx Club	Mutant Turtles	Sonic X	G.I. Joe Sigma 6	Under-Helmet	The Tribe	Coolfuel Roadtrip	Animal Rescue	Paid Program	Paid Program	Raceline	Steel Dreams	Box Office America	Your Life	Paid Program	Paid Program	Remington Steele "Good Night's Steele"		Fall Guy "Tailspin"		Cops (N)	Cops
5 KOBI	Today (In Stereo)				Real Estate	Beautiful Hme	Trading Spaces	Darcy's Wild Life	Flight 29 Down	Endur-ance	NHL Hockey: Regional Coverage -- Red Wings at Stars or Penguins at Rangers or Lightning at Flyers					Horse Racing: Sunshine Millions.			This Old House	Bob Vila	Smith Gardens	Newton Media	Inside Edition	NBC News
6 ESPN	SportsCenter		SportsCenter (Live)		College GameDay (Live)		College Basketball: Kansas at Iowa State. (Live)				College Basketball: Louisville at Rutgers. (Live)				College Football: 2006 Senior Bowl. Mobile, Ala. (Live)						College Basketball: Virginia at Duke. (Live)			
7 KSYS	Business Rpt.	PC World's	Creative Life	Burt Wolf: Travels	Globe Trekker "Egypt" (In Stereo)		Smart Gardening	Victory Garden	Yankee Shop	This Old House	Ask This Old House	Hometime	Wood-wright	Motor-Week	Scheewe Art	Joy of Painting	Sewing-Nancy	America Sews	Martha-Sewing	Quilt in a Day	Everyday Food	Daisy Cooks!	Caprial-John	Golden Parks
8 TBN	Faithville (EI)	Colby's Club	Dooley and Pals	McGee and Me	Pahap-pahooey	Knock Knock	Wild & Wacky	Miss Charity	Bibleman (EI)	Davey and Goliath	Greatest Heroes of the Bible (EI)		K 10 C (EI)	Kirk Cameron	Christian World	Greg Laurie	Praise the Lord				The Coral Ridge Hour		In Touch	
9 LIFE	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Movie: "Voices From Within" (1994) A woman with multiple personalities is found murdered.				Movie: "On the Edge of Innocence" (1997) Life spins out of control for an institutionalized teen.				Movie: ★★ "The Deadly Suspense) Jordan Ladd, Vincent Spano.		Look of Love" (2000,		Movie: "Maid of Honor" (2006)	
10 KTVL	(5:00) Saturday Early Show (In Stereo)		LazyTown	Go, Diego, Go!	Backyar-digans	Dora the Explorer	Little Bill	Blue's Clues	College Basketball: Arizona at North Carolina. (Live)				PGA Golf: Buick Invitational -- Third Round. From La Jolla, Calif. (Live)						Paid Program	Outdoors-man	Time to Live		Stargate Atlantis	
11 NICK	Chalk-Zone	Teenage Robot	Rugrats	Oddpar-ents	Jimmy Neutron	Jimmy Neutron	Sponge-Bob	Sponge-Bob	Oddpar-ents	Cats-cratch	Danny Phantom	Avatar-Last Air	Teenage Robot	Chalk-Zone	Dad-Rock Star	Cats-cratch	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV	Nicktoons TV
13 KDRV	Paid Program	Paid Program	Good Morning America		Lilo & Stitch	Emperor New	The Proud Family	That's So Raven	Zack & Cody	Phil of the Future	Winter X-Games: Day One. Aspen, Colo. (Live)								NBA Access	Paid Program	kinetic.tv	First Descent	Maximum Exposure	
15 USA	Coach	Coach	Paid Program	Paid Program	Paid Program	Paid Program	WWE A.M. Raw		Movie: "Sudden Death" (1995) A fire marshal races to save his daughter from terrorists.				Movie: ★½ "A Man Apart" (2003) A DEA agent seeks revenge for the murder of his wife.				Movie: "In Hell" (2003) Inmates at a Russian prison fight for their warden's amusement.				Movie: ★★½ "The Fast and the Furious" (2001, Action) Paul Walker, Vin Diesel.			
17 A&E	Paid Program	Paid Program	Murder, She Wrote		Biography: Rudy Giuliani		Ask This Old House	Ask This Old House	Country Living		Movie: ★★½ "The Professional" (1994, Drama) Jean Reno. A hit man takes an orphan girl under his wing.				Cold Case Files	Biography "Al Qaeda"		Investigative Reports			Investigative Reports		Rollergirls "Warriors" Chola leads.	
18 HBO	Movie: "Frozen Assets" (1992) An executive becomes president of a small-town sperm bank.				Movie: ★★★★ "Million Dollar Baby" (2004) A cantankerous trainer bonds with a female boxer.				Lifestories: Families in Crisis		Inside the NFL (In Stereo)		Pandemic-AIDS	Movie: ★★★ "Men in Black" (1997) Tommy Lee Jones. 'PG-13'		Movie: ★★½ "Starsky & Hutch" (2004) Two detectives investigate a cocaine dealer. 'PG-13'					The Terminal	Movie: ★★★★ "Million Dollar Baby" (2004) Clint Eastwood.	
19 SHOW2	(5:10) Movie:	Movie: ★★ "Undercover Angel" (1999, Romance) Yasmine Bleeth.			Movie: ★★★ "Bandwagon" (1996) Four oddball characters get together to form a rock band.				Movie: ★★ "Bobby Jones: Stroke of Genius" (2004, Biography) Jim Caviezel. (In Stereo)				Movie: ★★★ "The Yes Men" (2003, Documentary) The Yes Men.			Movie: ★★ "Grand Theft Parsons" (2003) Johnny Knoxville.			Movie: ★★ "Steal