TV Listings • Entertainment

LOVEJOY HOSPICE conducted its annual Light Up a Life ceremony at Immanuel United Methodist Church Tuesday night, Dec. 13 to recall and honor loved ones who have gone on. Among those adding to the program (immediately above, from left) were Anita Anderson, Joy Hoskins, and Melanie Hoskins, who sang for those assembled. The program also included participants placing small glass angels on a remembrance tree in memory of their loved ones; and the traditional memorial candle lighting. (Dale Sandberg photos)

Valentine appointed new leader at Lovejoy Hospice

Appointment of Cheryl Valentine -- who has 30 years of nursing experience including being a hospice nurse case manager -- as executive director of Lovejoy Hospice was announced by Joan Spohn, president of the board of directors.

Valentine is a registered nurse with a bachelor of science degree in nursing, and is a certified hospice palliative nurse (CHPN).

Valentine has served as the Patient Services manager and interim executive director at Lovejoy Hospice since June. She has worked as a nursing educator and a manager and as a public health nurse.

As a CHPN she brings a specialty practice to her broad background in management and administration, Spohn said. She is also a founding member of the regional End-of-Life Coalition.

In June 2001 she received the Golden Lamp Award from the Oregon Health Science University of Nursing at Portland for "scholarship, leadership, professional commitment, innovative contributions, and humanitarian ideals."

"I have always focused on positive relations with patients, staff, physicians and our community," said Valentine.

"I believe deeply in a philosophy of respect, competence, and generosity of spirit balanced with excellent patient care."

"Lovejoy is incredibly fortunate to have an executive director of Cheryl's caliber, so capable of stepping into this role," said Spohn. "As we begin to celebrate 25 years of service within our community we know that Cheryl will provide excellent leadership."

Lovejoy Hospice is a 24-year-old community-based, free-standing, not-for-profit organization.

It provides holistic, community based services and programs to meet the end-of-life-care needs of patients and families in Josephine County plus parts of Douglas and Jackson counties.

Each year Lovejoy provides end-of-life care to more than 300 patients and their families.

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Never be ashamed of: your patriotism, honest tears, laughter that's too loud, or singing that's too joyful.

Vitamin C level linked to asthma

Results of a recent Australian study found that severe asthma sufferers have low levels of vitamin C in their blood compared to people with mild or no asthma.

According to the August issue of 'European Respiratory Journal," "a higher vitamin C intake could help people with severe asthma."

The study also uncovered that people with high levels of C had better lung function overall.

Hear Ye! Hear Ye! Hear Ye!
The Taylor crew & Smoke Houses are working overtime handcrafting more than 80 varieties of European and ethnic sausages for your festive occasions:
Tasty Snack Sticks - Hams - Bacon
Smoked Turkeys - Gift Boxes
Cheeses - Olives
plus Local Wines are on the shelves
Enjoy Dinner & Music on Fridays & Saturdays
Prime Rib on Saturdays
Ho! Ho! Ho!
Closing Christmas Eve at 5
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Taylor's Sausage
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Crossword puzzle provided by
Oregon Caves Chevron
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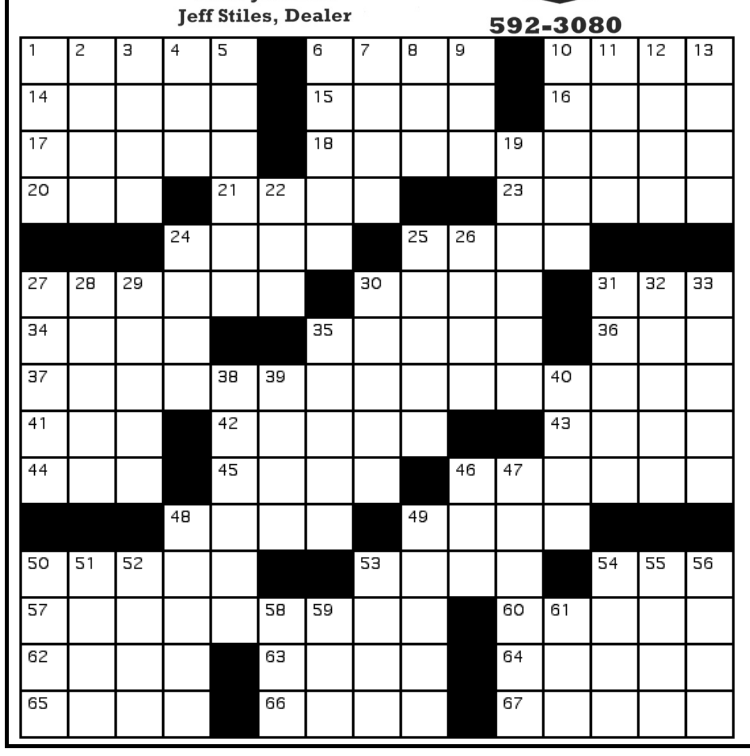

CROSSWORD PUZZLE

ACROSS
1 Funny person
6 Asian land
10 Wound covering
14 Center of action
15 Is not: slang
16 Family member
17 Show contempt
18 Cherishes
20 Little person
21 Whitney and others
23 Mountain crest
24 Adult-to-be
25 Avoid
27 "All __!"
30 Mr. Guinness
31 Attach
34 Irritate
35 Earn points
36 Common verb
37 U.S. state capital
41 Club member
42 Rakes
43 Consumer
44 Snake's greeting
45 Priestly garments
46 Tears
48 Greek letters
49 Malaysian canoe
50 In the know
53 Preposition
54 __-pitch; softball variety
57 Female animal
60 Singer John
62 Forbids
63 Lily plant
64 Canadian official
65 Fencing sword
66 Symbol
67 Tailor

DOWN
1 Fling
2 Yes __?
3 Come together
4 Ending for Joseph or Paul
5 Vocation
6 Language
7 Haughty manners
8 Bill denomination
9 RR depot
10 Reject with disdain
11 Give a hoot
12 In __; sulking
13 Foundation
19 Cup's companion
22 Appeared to be winning
24 Powder ingredient
25 Blackthorns
26 Rosemary, for one
27 City on the Rhone
28 Painful swellings
29 Barnyard sounds
30 Skin disorders
31 Old hat
32 Nettled
33 Approaches
35 Slights
38 Spoke publicly
39 __ Falana
40 Distinctive atmosphere
46 Full house sign
47 Batters' delights
48 Uneven
49 Dress up fussily
50 French cleric
51 Coat
52 First-class
53 Kermit of "Sesame Street"
54 Olla contents
55 Reason for marriage
56 Unique individual
58 Parents
59 1977 heavyweight champ
61 General __

Sunday - Thursday, 6 a.m. to 9 p.m.
Friday - Saturday, 6 a.m. to 11 p.m.

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When you are courting a nice girl an hour seems like a second. When you sit on a red-hot cinder a second seems like an hour. That's relativity.

- Albert Einstein -

Additional Listings

Besides the program listings provided, the following also are among those available from Charter Communications. For information about costs that might apply, contact the company.

1-800-338-8838

***12 - QVC**
***14 - Better Life TV**
***16 - Home Shopping**
***23 - Community Bulletins**
***25 - Fox News**
***26 - C-Span/House of Rep.**
***27 - C-Span 2 (Senate)**
***28 - ESPN 2**
***31 - CNN Headline News**
***33 - Fox Sports Northwest**
***36 - Country Music TV**
***37 - Spike TV**
***40 - The History Channel**
***41 - The Learning Channel**
***42 - Cartoon Network**
***43 - Home & Garden TV**
***44 - The Weather Channel**

MONDAY-FRIDAY MORNING/AFTERNOON

		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
2	WTBS	Mama's Family	Mama's Family	Saved by the Bell	Saved by the Bell	Saved by the Bell	Saved by the Bell	Dawson's Creek		Movie				Becker	Becker	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.
3	FOXFAM	Joyce Meyer	Feed the Children	Kong-Series	Spider-Man	Power Rangers	Power Rangers	The 700 Club		Living the Life	Gilmore Girls	Varied Programs	Step by Step	Full House	Full House	Family Matters	Family Matters	Boy Meets World	Boy Meets World	Full House	Full House	Grounded for Life	Grounded for Life	Gilmore Girls	
4	FOX	Mary Tyler Moore	Bob Newhart	Fall Guy		Paid Program	Paid Program	Eye for an Eye	Eye for an Eye	Maury		Paid Program	Paid Program	Divorce Court	Divorce Court	Starting Over		Quincy, M.E.		Kojak		St. Elsewhere		Varied Programs	
5	KOBI	News		Today						Home Improve.	Paid Program	Paid Program	Paid Program	Martha		Days of our Lives		Passions		Dr. Phil		Inside Edition	The Insider	News	NBC News
6	ESPN	SportsCenter		SportsCenter		Sports-Center	Varied Programs	NFL Live	Varied Programs						1st & 10	NFL Live	Varied Programs							College Football	Varied Programs
7	KSYS	Business Rpt.	BBC World	Dragon Tales	Berens-tain Bears	Sesame Street		Boohbah	Varied Programs	Mister Rogers	Varied Programs	Sit and Be Fit	Charlie Rose		Jakers!-Winks	Barney & Friends	Between the Lions	George Shrinks	Reading Rainbow	Clifford-Red	Postcards	Arthur	Maya & Miguel	Cyber-chase	Zoom
8	TBN	Changing-World	John Hagee	Rod Parsley	Marilyn Hickey	Believer's Voice	Varied Programs			Behind Scenes	Varied Programs	Life Today	This Is Your Day	The 700 Club		John Hagee	Rod Parsley	Praise the Lord				Varied Programs		Behind Scenes	Varied Programs
9	LIFE	Paid Program	Paid Program	Fit & Lite	Daily Workout	Designing Women	Designing Women	Golden Girls	Golden Girls	The Nanny	The Nanny	Will & Grace	Will & Grace	Unsolved Mysteries		Unsolved Mysteries		Movie				Movie			
10	KTVL	News		The Early Show				The 700 Club		The Price Is Right		The Young and the Restless		News	Bold, Beautiful	As the World Turns		Guiding Light		Family Feud	Family Feud	The Ellen DeGeneres Show		News	CBS News
11	NICK	Varied Programs	Jimmy Neutron	Oddpar-ents	Oddpar-ents	Sponge-Bob	Sponge-Bob	Dora the Explorer	Go, Diego, Go!	Varied Programs	Backyar-digans	Dora the Explorer	Varied Programs											Sponge-Bob	Drake & Josh
13	KDRV	Newswatch 12 Cont'd		Good Morning America				Live With Regis and Kelly		The View		News-watch 12	Your-House	All My Children		One Life to Live		General Hospital		Judge Judy	Judge Joe Brown	Oprah Winfrey		News-watch 12	ABC Wld News
15	USA	Coach	Movie			Varied Programs	Movie	Varied Programs			Movie	Varied Programs			Movie	Varied Programs			Movie	Varied Programs				Movie	
17	A&E	Paid Program	Paid Program	Varied Programs																					
18	HBO	Movie	Varied Programs						Movie	Varied Programs															
19	SHOW2	Movie Cont'd	Movie	Varied Programs						Movie	Varied Programs		Movie	Varied Programs			Movie	Varied Programs		Movie	Varied Programs				
21	SHOW	Movie Cont'd	Movie		Varied Programs	Movie	Varied Programs		Movie	Varied Programs		Movie	Varied Programs												Movie
22	MAX	Movie Cont'd	Varied Programs	Movie		Varied Programs			Movie		Varied Programs						Movie		Varied Programs	Movie	Varied Programs			Movie	
29	ESPCL	PBA Bowling		Poker		Billiards		PBA Bowling		College Football	Varied Programs			PBA Bowling		SportsCentury		Varied Programs							
30	TRAV	Varied Programs																							
34	AMC	Movie Cont'd	Varied Programs						Movie	Varied Programs															
35	TNT	The Lost World		Angel		NYPD Blue		NYPD Blue		ER		ER		Judging Amy		Judging Amy		Law & Order		Law & Order		Alias		Charmed	
38	DISN	The Wiggles	Breakfast With Bear	Varied Programs	Higgly-town	Little Einsteins	JoJo's Circus	Doodle-bops	Charlie & Lola	The Wiggles	The Koala Brothers	Varied Programs			Lilo & Stitch	Varied Programs								Zack & Cody	Zack & Cody
39	SCIFI	Paid Program	Paid Program	Paid Program	Paid Program	Seaquest DSV	Varied Programs	Seaquest DSV		Seaquest DSV		Seaquest DSV		Seaquest DSV		Seaquest DSV		Seaquest DSV		Seaquest DSV		Seaquest DSV		Seaquest DSV	
45	DISC	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	American Chopper		American Chopper		Varied Programs						The New Detectives		The FBI Files		Varied Programs		It Takes a Thief	
46	ANPL	Emer-gency	Emer-gency	Growing Up...		Backyard Habitat	K9 Karma	Varied Programs						Backyard Habitat	K9 Karma	Funniest Animals	Darcy's Wild Life	Varied Programs		The Crocodile Hunter Diaries		The Most Extreme		Varied Programs	
47	COM	Paid Program	Paid Program	Paid Program	Paid Program	Movie				Daily Show	Colbert Report	Varied Programs				Mad TV		Daily Show	Colbert Report	Mad TV		Movie			
48	CRT	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs																	