

Drill ...

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to do and how manpower is an issue.

“We physically carried some of the patients out. One of the things they found out was that even when you have two or three people on the board, by the time you carry them all the way out, you’re getting pretty darn tired.

“If you carry one or two people out, and you have 30 to 50 patients, you need a significant amount of manpower to rotate through so that everybody stays effective.

“We did really well on communication,” said Gavlik. “Especially on the larger scale, communication is (frequently) one of those issues that could be better. We transitioned from our initial primary frequency with 911 dispatch over to a tactical channel, and everyone transitioned well.

“The biggest thing for (the new volunteers) is they learned to operate as a team. When you have someone that has been here for a while, it is fairly instinctive, you know what each other is going to do and you work well together. When you get new personnel on board, there is a period of adjustment.

“Everything that I saw was that everyone worked well together,” said the deputy chief. “I heard there were some pretty good sets of lungs screaming in there. I could hear them from the outside.

“But, I think they (the students) played their roles really well,” Gavlik said.

Building with wood good

A new report concludes that wood is one of the most environmentally sensitive building materials for home construction.

It uses less overall energy than other products, causes fewer air and water effects, and does a better job of the carbon “sequestration” that can help address global warming.

The research showed that wood framing used 17 percent less energy than steel construction for a typical house built in Minnesota, and 16 percent less energy than a house using concrete construction in Atlanta. And in these two examples, the use of wood had 26-31 percent less global warming potential.

This \$1 million study was prepared by the consortium for Research on Renewable Industrial Materials, a non-profit corporation of 15 research universities. It was published in the “Journal of Forest Products” and is the first major update on this topic since 1976.



TOUCHDOWN - Friday, Oct. 1, at 7 p.m., IVHS Cougars will host their first game on the school’s new \$600,000 field against Hidden Valley. The new field (above) comes complete with concession stand, athletic track, professional lighting, and seating for 400. (Bottom photo from left) Gary Thornhill, athletic director, with maintenance technicians Michael McNally and Tom Baker, admire the new field. (Photos by Shane Welsh)

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I.V. Open Door takes care of valley

By **CHRISTINA HILL**
Correspondent

Located just off the beaten path in Selma, people will always find an “Open Door” between 9 a.m. and 4 p.m.

Nine years ago, when Dodie Vandermark retired, she wondered what she was going to do. Her thoughts of boredom didn’t last long until her late husband, Gene, suggested that they open a food bank. His suggestion gave birth to Open Door.

What began as just a shelf of food in their kitchen and a box of clothes has grown to crowd every inch of the two-story house.

“If you have a short week or a short paycheck, you can come here and say you need a food box and all you have to do is fill out a short form,” said Vandermark. “There’s no red tape. We don’t require Social Security numbers any more.

“We actually have a lot of people who are high up on the ladder; and then all of a sudden they lost their job or their husband gets hurt and they have to come here, so it can happen to anyone,” she said.

At Open Door, people can find everything they need, including a hot shower, toiletries, clothes,

fruits and vegetables, crackers, and much more.

“We take care of the



Dodie Vandermark

whole valley,” said Vandermark.

“Just last month we helped over 750 people,” she said.

I.V. Open Door is supported by donations from local churches, her Social Security money, donations people drop off, and from the USDA.

“We have to report what we give away that’s USDA food, but we don’t have to report what we buy,” she said. “On the average, we pay about 14-cents a pound for food.”

With a huge walk-in freezer and shelf after shelf of food, it’s clear that “Dodie’s” motive is to help people.

“If anyone needs anything, all they have to do is come,” she said. “No matter how much money a person makes, they can still come up short. Anything can happen to anyone at any time.”

Before starting Open Door, Vandermark served on the Three Rivers School District Board of Directors for a number of years.

She and her husband moved to the valley in 1972 from Riverside, Calif.

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RCC offers course on hiring/firing

Rogue Community College’s Small Business Development Center is offering a class on current trends in employee relations.

“Managing People: 21st Century Employee Hiring and Termination” will be held from 6 to 9 p.m., Tuesday and Thursday Oct. 12 and 14.

Employers must continually redefine their employment processes and practices. Learn how to limit legal liability with either voluntary or involuntary terminations, and gain tools needed to make effective and legal hiring and firing decisions.

The course includes an overview of today’s labor market and tips for recruiting; screening resumes and applications; employment law basics; interviewing skills and effective orientations. Continuing Education Units (CEUs) are available. There is a fee.

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