

Here, There & Everywhere

GIVE LIFE - American Red Cross will hold a blood drive on Thursday, Sept. 9 from 1 to 6 p.m. at Illinois Valley Senior Center, 520 E. River St., Cave Junction. Phone (800) 448-3543 for more info.

BRIDGEVIEW WASH - A fund-raiser car wash will be held by Bridgeview Community Church Youth Group at Oregon Caves Chevron on Saturday, Sept. 11 from 9:30 a.m. to 3:30 p.m.

POTTSVILLE POWWOW - The 14th annual Pottsville Intertribal Powwow will be held at Pottsville on Pleasant Valley Road in Merlin. There will be three sessions beginning Saturday, Sept. 11, from noon to 5 p.m., and 7 to 11 p.m. and again on Sunday, Sept. 11 from 1 to 4 p.m. For more information, phone, (541) 474-2690 or (541) 476-0126.

HOSPICE PRESENTS - Rod Rollins will address the topic, "Look Good - Feel Better," on Monday, Sept. 13 from noon to 1 p.m. at Lovejoy Hospice conference room, 939 S.E. Eighth St. in Grants Pass. Participants are asked to bring a lunch. Beverages and dessert will be provided.

EVERGREEN PTA - Evergreen Elementary School will hold its first PTA meeting on Tuesday, Sept. 14 at 2:20 p.m. in the school's library.

SHERIFF SUPPORT - Sheriff Dave Daniel announced that Josephine County citizens can become Honorary Members of the Oregon State Sheriff's Association. Membership appeals will be mailed. Those wanting to join voluntarily can do so for a fee. Those who do not receive a membership appeal and would like more information can contact the Oregon State Sheriff's Association at P.O. Box 2313, Salem OR 97308, phone (503) 364-4204, or contact the sheriff's office at (541) 474-5120.

NOTEPAD - Book sale volunteers are needed for the I.V. Friends of the Library fund-raiser on Friday and Saturday, Sept. 10-11. Phone 592-2866 ...

An Emergency Preparedness Fair, sponsored by Josephine County Citizen Corps, will be held Saturday, Sept. 11, from 10 a.m. to 3 p.m. on the Wal-Mart parking lot in Grants Pass ... **An all-congregations evening service** will begin at 6 on Sunday, Sept. 12 at Community Bible Church. The speaker will be Dr. Don Blackburn, Community Bible pastor ... **A Walk for Life** will be held by Pregnancy Center of Illinois Valley on Saturday, Sept. 18. To sign up or for more information, phone 592-6058.

LAST WORDS - The forceps of our minds are clumsy forceps, and crush the truth a little in taking hold of it. (H.G. Wells)

Letters ...

(Continued from page 2)

Jim Raffenburg for commissioner Position 2 this November. You can learn about his positions at www.jimraffenburg.com. He alone has the support and ideas that can turn this around fast.

Happy with JoCo? From Luz Moore Cave Junction

Are we happy with the way our county government has been run? Are we better off now than 10 years ago?

Consider this: 10 years ago our library was forced to shut for a month. After many years of good leadership, it has now fallen back upon former unpredictable county political shenanigans, deteriorating books, and closed doors.

Our library director makes \$80,000 yearly; yet has refused to consider a salary cut even though library staff have been forced to do so.

And there are two county retirement plans available to employees. All of this (salaries referred to in the previous letter) while three commissioners twiddle their thumbs over the fact that our welfare state federal will be gone by 2007. That's enough to send anyone to a shrink.

No thanks -- our family will remember this in November and vote for Jim Raffenburg for Position 2 commissioner. He is the right man for the job, and he has solid, workable plans for ensuring that Josephine County has a future for us all.

Veterans' affairs From Bear Marston Cave Junction

All vets who didn't get Rep. Defazio's Veterans' Report need to know that my last letter was opinion; this one is fact.

In February, President Bush proposed an inadequate budget for the Dept. of Veterans Affairs (VA). His budget was \$1.2 billion below the level requested by his own VA secretary.

The budget drafted by Republican leadership in Congress was not much better. It provided \$1.3 billion less for veterans' programs in 2005. (Less) than the bipartisan recommendations of the House Committee on Veteran's Affairs.

Now you've got to ask, "Why do the Republicans do more to us than for us?" Think about it before you vote.

Corrections

In the Wednesday, Sept. 1 issue of "Illinois Valley News:"

*A page 10 article listed supplies students will need for the new school year. The list is for Lorna Byrne Middle School students, not Evergreen Elementary School.

*On page 20, Stuart Mephram taught for 31 years at Westmoor High School in Daly City, Calif. He also was a substitute at Illinois Valley High School.

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Life goes on as usual at Lake Selmac, although a toxic algal bloom is causing problems, making the water unfit for human consumption. (Photo by Shane Welsh)

Officials work to remedy Selmac water

At Lake Selmac, the word is, "Don't drink the water."

Despite recent treatments, which appeared to have improved drinking water quality at the lake, the Oregon Dept. of Human Services (DHS), Josephine County Health Dept., and the county parks department have issued revised restrictions on public water use there.

The algae bloom responsible for high levels of algal toxin in the lake has become much more severe, according to a statement issued Thursday, Sept. 2 by Kerr Kauffman, a DHS environmental health specialist.

"Piped water at the park facilities should not be ingested, used for toothbrushing, or for bathing," Kauffman said.

Vitamin E best in certain way

A new study has found that cereal fortified with vitamin E has a high rate of absorption into the bloodstream, whereas pills taken separately with the same food have inconsistent effects, while taking the supplements alone is largely useless.

The research was published in the "American Journal of Clinical Nutrition" by scientists from the Linus Pauling Institute at Oregon State University (OSU).

"The study points the way to more effective methods of taking this essential vitamin if people wish to supplement their diet," said OSU.

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The Strip
 At the I.V. Airport - 592-4488
 (6 miles south on Hwy. 199)


**The Strip will be closed
 until Wednesday, Sept. 15
 and reopen on
 Thursday, Sept. 16**

**Don't forget!
 Monday night, Sept. 20
 is Taco Night at The Strip
 5 to 8 p.m.**

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Let us take things as we find them:
 Let us not attempt to distort them into
 what they are not. We cannot make facts.
 All our wishing cannot change them.
 We must use them.
 - John Henry Cardinal Newman -

For the past 15 years I've made many friends while working at Family Tree Garden Center. I no longer work there but would still like to visit with you. You can now find me at my new place of employment:
Dillons Nursery & Garden Center
 Patty Schalk



**ILLINOIS RIVER
 ACUPUNCTURE**
 NEW LOCATION:
 Western Plaza - 222 Redwood Hwy.
592-5041
 Jo Anne Stone, M.S., L.Ac.



I.V. Grange Breakfast
Sunday, Sept. 12
8:30 a.m. to noon
ALL-YOU-CAN-EAT
 *Adults-\$5 *Children under 11- \$2.50
 *Waffles *Pancakes *Biscuits & Gravy *Ham
 *Sausage *Eggs *Juice *Coffee *Tea or Milk


 3763 Holland Loop
 592-3368

Donate a can of food to the I.V. Grange Food Bank and receive 50-cents off breakfast!