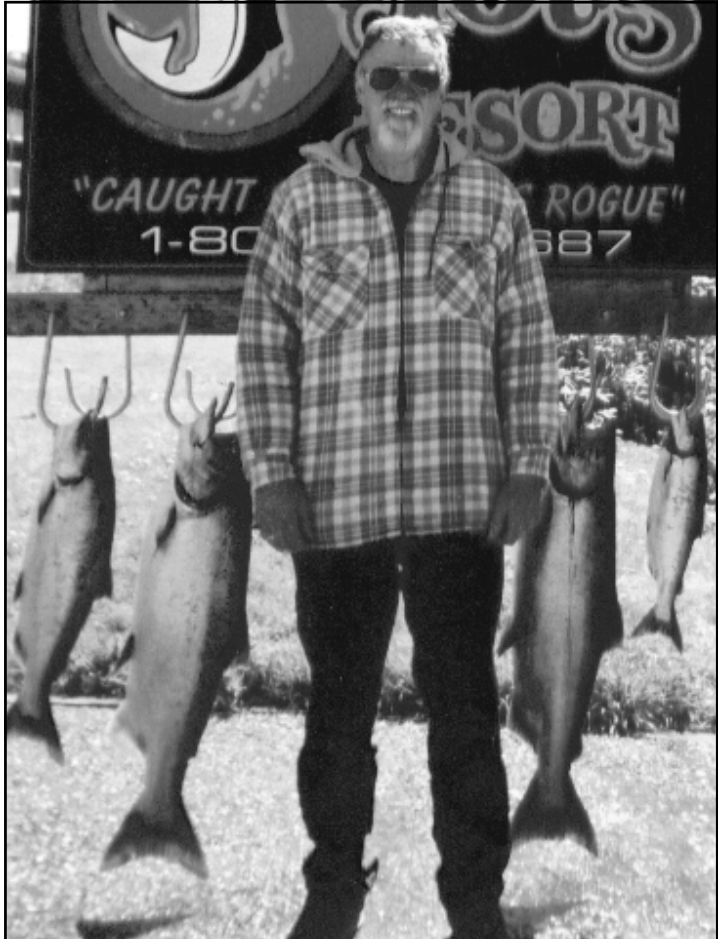




SALMON KING - Cave Junction residents Jesse and Nancy Goldtrap caught four salmon weighing (not in order) 11, 28, 30 and 9 pounds off the Port of Gold Beach at the mouth of the Rogue River. The couple on their first guided fishing trip netted 35 pounds of filet. (Photo provided).

Sports physical exams required for all players

With fall sports programs at Illinois Valley High and Lorna Byrne Middle Schools beginning soon, students are reminded that they must have a sports physical every two years and cannot attend practice until one is completed.

The Lorna Byrne Student Health Center, through Siskiyou Community Health Center (SCHC), will offer sports physicals starting Monday, Aug. 23 at the LBMS Student Health Center in the front section of the school.

Appointments are necessary and can be made by contacting SCHC at 592-4111, or 592-6978 starting Aug. 23.

“We will bill insurance, including The Oregon Health Plan,” said Carol Meyers of the health center. “Out-of-pocket expense will be no greater than \$10, due at the time of

the physical. Students must bring an insurance card or OHP card to the appointment for billing purposes.”

The sports physical forms need to be filled out prior to appointments. Students 15 and older may complete the form without a parental signature.

Students younger than 15 must be accompanied by a parent, or legal guardian, or have a written consent to receive a physical. This consent form and other necessary paperwork are available at LBMS, IVHS and SCHC, and will be available at the Lorna Byrne Student Health Center as of Aug. 23.

Immunizations will be offered at additional cost.

“If you are interested in having your student’s immunization record reviewed, bring the immunization card and the nurse will be glad to do this for you,” said Meyer.

Former resident Dickson sports editor in Provo

Darnell Dickson, son of former Illinois Valley residents Stan and Crystal Dick, has been appointed sports editor at the “Daily Herald” in Provo, Utah.

Dickson, a 1982 graduate of Illinois Valley High School, also will travel with the Brigham Young University football team this season as the beat writer.

Dickson began his journalism career at the age of 12 when he submitted a story to “Illinois Valley News” about his seventh-grade football game for Lorna Byrne Middle School. He attended Rogue Community College, served an LDS mission to Ohio, and returned to attend Ricks College (now BYU-Idaho).

While at Ricks, Dickson wrote for the school paper, “The Scroll,” and the Rexburg “Standard-Journal.” Dickson finished his schooling at BYU, earning a communications

degree in 1991. It was while at BYU that Dickson began writing for the “Daily Herald” as a stringer, covering high school sports part time.

In 1998, Dickson was named prep sports editor and held that post until the promotion to sports editor this summer.

Dickson has won numerous writing awards, including honors from The Associated Press, The Associated Press Sports Editors, and the Society of Professional Journalism.

As a radio broadcaster, Dickson won a Utah Broadcasters Association award for his work at the Utah state basketball tournament in 2002.

Dickson lives in Orem, Utah with his wife, Barbara; sons Casey, 12, and Devin, 9; and daughter Shelby, 8. His parents, who retired in 1991 after teaching P.E. at Lorna Byrne for many years, live in Evanston, Wyo.

Anti-burglary tips provided

Do not leave house or car keys in “secret” hiding places -- burglars and thieves know them all, according to the FBI.

In addition, always lock doors, and contact the appropriate law enforce-

ment agency if suspicious activity is seen.

Upon entering your home and detecting that someone has been or could be still inside, leave immediately and dial 911 as soon as possible.

Nancy Hookheads for Israel to fulfill a dream

**By CHRISTINA HILL
Correspondent**

These days, it’s not uncommon to hear on the evening news that Israel was the victim of another suicide bomber.

Despite the turmoil exploding in the small country, one Illinois Valley woman, Nancy Hook, will not be deterred from fulfilling a longtime dream. She will leave for Israel on Friday, Aug. 13. The chaotic, yet devoutly religious country will become her home for the next several months.

“I consider myself a Torah-observant Jew,” said Hook, 52, a member of a valley congregation. “It’s interesting with Judaism because it’s not only a religion, but a race as well. Jews are actual physical descendants of Jacob,” said Hook.

“So,” she said, “I filled out paperwork and had to prove my Jewish heritage, and I became a citizen of Israel. One of the perks of becoming a citizen is that the government provides classes to learn the language.”

Hebrew is the official language of Israel. “Ulpan” is the rigorous language class that Hook will attend.

“It’s an intensive five-days-a-week, six-hours-a-day class,” she said. “It’s just Hebrew, Hebrew, Hebrew. The Israeli government encourages immigrants to learn their language. It’s different than here, where we’re expected to learn Spanish. If someone’s coming from another country, I think they should learn that country’s language.”

According to Hook, the “Ulpan” itself is five months long. Her husband, Don, to whom she has been married for 34 years, is OK with her decision, she believes.

They have three sons, who live in Grants Pass; one daughter in Los Angeles; and six grandchildren.

“It’s always been a dream of mine to go to Israel and learn their culture, but I had to wait until

my kids were grown,” said Hook.

She also had a Judaica business that she put on hold once her citizenship was granted.

“I sold religious objects, music, clothing, books and jewelry,” said Hook. “Don and I traveled for the last three years and went to conferences and had a table and sold stuff there. I also had a website and a store in Grants Pass for a year,” she said. “I’ve moved everything into storage for the time being.”

Arrangements have been made, and now she’s is counting down the days until she steps foot on Israeli soil.

“I’ll be staying in Haifa,” she said. “It’s a main shipping port in the north. It’s right on the Mediterranean Sea and it’s beautiful.

“I know that it (Israel) is a hot spot in the world, but I’m not worried about it,” she said. “The scripture talks about Jerusalem being a cup of trembling to the world, and it really is. For such a small country that’s no bigger than New Jersey, there are a lot of people fighting over it.”

Still, with news of suicide bombers attacking cafes, bus stops and other public places, Hook claims that the terror will not prevent her from going.

“My mom’s upset because of the security problems and stuff, but you don’t really think about that when you’re there,” she said.

“It’s not like here where you turn on the TV and someone’s been raped or murdered. Over there, there’s not that kind of crime. They just have these crazy people that want to annihilate them. Jerusalem is certainly a hot spot, but people carry on, and life goes on,” said Hook.

Her reason for wanting to go to Israel stretches beyond just wanting to learn the Jewish language and culture.

“Geographically, Israel is the center of the Earth,” she said. “The Garden of Eden is close by. The old-



Nancy Hook

est-recorded city is Jericho. The Dead Sea is the lowest place on Earth. So, there are a lot of lowest, highest and oldest places; and when I went there on a previous visit I just felt like spiritually I was home,” she explained.

Once Hook reaches Israel, she won’t be alone.

“I’ll have friends waiting for me in the Haifa area and in Jerusalem,” she said. “Also, my husband

will come around the first of November on a tourist visa. He didn’t feel like he wanted to change his citizenship, but he could as my spouse.”

According to Hook, with a tourist visa her husband is only allowed to stay in Israel for three months at a time. At the end of three months, he will technically have to leave the country for an hour, and then he can return for another three months.

“It will probably take me a couple of months to settle in, so I’ll probably be there for around eight months,” said Hook. “I don’t like the idea of taking public transportation, so I want to buy my own car,” she concluded.

“My dream is to spend six months here and six months there.”

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