Identity theft on rise ...

(Continued from page 4)

use the I.D. to stop and buy some chicken or they may even use it to buy a house; that has happened," said McMillen.

"Personal protection is also important," he continued. "If you are the victim of a crime, you should try to be the best witness possible; don't try to catch the bad guy.

"People aren't good witnesses when they are hurt. They aren't thinking about what's going on around them, so they can't identify the bad guy," said McMillen.

McMillen suggested in order to be a good witness, business employees should:

*Try to describe the criminal from the head down. Information such as hair color, what they are wearing, or if they have identifying marks such as scars or tattoos is valuable data that police can use to catch a criminal.

*Put a height marker on the entry to the business. A small, easily identifiable marker can be placed near the top of entrances to help give a visual estimate of height.

*If they see someone suspicious, they should give the police a call.

"If you feel like something is wrong, it probably is; call us. We love to contact people," said McMillen, "because we get to find out their name, where they live, or if they have warrants."

Evergreen Vice President Teena LaVette said, "A neighborhood watch phone tree can also be useful in catching a criminal." If a home or business is robbed, (after calling police) the victim can call a list of other people in the area to warn of the crime.

The "tree" can be a useful tool in a situation where a thief is passing bad checks. Not only can this system be used to alert businesses to the potential for fraud, but it gives them

a chance prevent further theft and aid in the criminals capture.

"Another target for criminals is your home," said McMillen. "Look at your home like a military installation. Make it a secure area starting with the mailbox and working your way in."

In order to protect against burglary, he suggested people should:

*Make sure the address is clearly marked. In a rural area, it can be difficult for emergency vehicles responding to a call to locate the residence or business if driveways have no identifying markers.

*Use locks on doors. The harder it is for a thief to gain entry, the better.

*Check outside lighting. If you have a building or area that is unlit; install lights. Motion sensing lights can be installed to save on electricity and will come on when something approaches the area they are placed in.

*Use Plexiglas or steel gates over windows and doors. If a business or home has large windows or doors that can be easily broken into, steel gates can make it nearly impossible for a thief to gain entry, and will discourage them; making it more difficult to gain entry.

*Don't be predictable When leaving a business or home unattended for vacation. Leaving on the TV or setting a light on a timer can give the appearance that someone is there.

"Many crooks are crooks by chance," said McMillen. "If your doors are locked or they can't see anything to steal, they will often move on to an easier location.

"It's my job to get yawl to harden the target and drive the criminals to Jackson County or California," he quipped.

"We can't have a cop on every corner. We need people to help look out for each other."

HOLLER 'BINGO!' There's always a good
crowd at Wednesday
bingo games in the Illinois Valley Senior Center
on E. River Street. Early
Bird games begin at 6:30
p.m., and regular games
at 7 p.m. The snack bar
offers cheeseburgers,
hot dogs, nachos, popcorn, candy, soft drinks,
coffee and desserts of
various types.

MARCH SPECIAL



Visible signs of intoxication means that the party is over

response to questions, ram-

bling conversation, crying,

moodiness, spilling drinks,

difficulty handling money,

mussed hair, swaying,

staggering, can't find

mouth with glass, and dif-

ficulty standing up.

If a bartender or server refuses to give someone a drink or takes one away, there's a reason for it.

It's against the law for a server or licensee to allow someone to order a drink or continue to drink alcohol after they show signs of intoxication.

Business owners can be fined up to \$1,650 and the server \$250 for the first violation of serving a visibly intoxicated person. Subsequent offenses can lead to higher fines and license suspension or cancellation.

There are more than 50 signs that tip off a server that a patron has had too much to drink. Some signs are: bloodshot or glassy eyes, slurred speech, slow

CHIROPRACTIC OUTLOOK

Valley Chiropractic
James A. Minervini, D.C.
202 W. Lister St.
(541) 592-6220

RISK FACTORS
FOR WHIPLASH

Do some individuals have a greater risk of getting a whiplash in an automobile accident than others? In a study, researchers interviewed 251 drivers involved in rear-end collisions that occurred less than one year before the interview. Of those surveyed:

*35 percent reported a whiplash injury arising from the collision.

*Consistent with numerous other studies, 44 percent of women and 25 percent of men reported whiplash symptoms. *40 percent reported a restric-

tion of their daily activities.
*23 percent had symptoms for at least three months.
*The risk of whiplash for driv-

ers reporting a history of neck injury was more than twice that

of drivers with no history. *The risk of whiplash for women was about twice that of men.

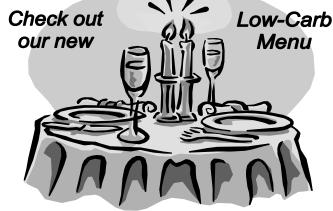
Chiropractors specialize in whiplash detection and treatment. They stress the importance of making an immediate visit after an accident, so neuromusculoskeletal symptoms can be diagnosed early and the recovery period shortened. Sometimes it takes weeks or even months to feel the effects of whiplash. During this time, the problem is getting worse. Be sure to contact your Doctor of Chiropractic if you have an automobile accident.

Brought to you as a community service by James A. Minervini, D.C. (541) 592-6220



Good Neighbors makes good fences

'Steak & Fish are <u>0 carbs!</u>'



Open 5 to 9 p.m. - Restaurant parking in rear 126 S. Redwood Hwy., CJ 592-4222 or 592-2892

BULK FOOD SALE

Wednesday through Tuesday March 24 - 30



Organic, thick ROLLED OATS

Organic MANGO CHEEKS





NUTRITIONAL YEAST

Mild CHILI POWDER



SIOD Smart

205 Watkins St., Cave Junction 592-3333 Bakery & Deli 592-6898

In Service to the USA

Jeff A. Bradbury

Jeff A. Bradbury, son of Paul and Patricia Bradbury of Cave Junction, joined the U.S. Army under the Delayed Entry Program.

The program gives young men and women the

opportunity to delay entering active duty for up to one year.

Bradbury, a 2003

graduate of Illinois Valley High School, will report to Fort Leonard Wood, Waynesville, Mo., for active duty on Aug. 4.

Please don't drink and drive!

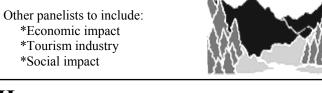
BISCUIT FIRE COMMUNITY MEETING

You are invited to:

GET THE LATEST INFORMATION A panel of speakers will address key Biscuit Fire

Salvage/Recovery concerns: *Tom Link – U. S. Forest Service

*David Hill – Southern Oregon Timber Industry
*Don Smith – Siskiyou Project



HAVE YOUR VOICE HEARD

You will have an opportunity to participate and to promote communication and community involvement.

6:30 PM – 8:30 PM COUNTY BUILDING

COUNTY BUILDING

CAVE JUNCTION

THURSDAY APRIL 8, 2004

Brought to you by:

<u>illinois</u> valley community forum with grateful support from

The Illinois Valley Community Response Team