### **Church News**

### St. Patrick of the Forest **Catholic Church**

On the Fifth Sunday of Lent, John's Gospel reveals another example of forgiveness - this time by Christ himself.

The Pharisees had brought a woman into the temple who had been caught in adultery, and they said to Jesus, "Now in the law, Moses commanded us to stone such women." They were testing Jesus in order to bring a charge against him.

Jesus responded, "Let the one among you who is without sin be the first to throw a stone at her." One by one they all went away leaving Jesus alone with the woman. Since not one person remained to condemn her, Jesus said, "Neither do I condemn you. Go, and from now on do not sin any more."

She got a second chance, and we get even more than that when we make a good confession and receive absolution from the priest.

### **New Covenant Teaching Ministry**

Pastor Betty Steward will be teaching a Bible study at the Kerby Belt Bldg., 24311 Redwood Hwy. The weekly study will begin Wednesday, March 24, from 6:30 to 8 p.m. Child-care will not be available.

Steward has for more than 20 years studied and taught on the Hebrew roots of the Christian faith as it relates to miracles, healing, the anointing, and the Kingdom of God.

It is far more impressive when others discover your good qualities without your help. - Judith Martin -

Questions and Answers by Christina Snell Executive Director at ovejoy Hospice.

### Identity theft increases; deputy offers solutions

### **By SHANE WELSH Staff Writer**

"One out of four people have been a victim of I.D. theft during the past couple of years," said Deputy Rich McMillen of the Josephine County Sheriff's Office.

Business owners gathered at Evergreen Federal Bank in Cave Junction Wednesday evening, March 17, to hear a presentation on crime prevention.

McMillen, who has been in charge of crime prevention in Josephine County for more than three years, conducted the seminar to offer suggestions and answer questions about how businesses and people in the Illinois Valley can help prevent crimes.

"One of the most lucrative and hardest to detect crimes today is identification theft," said McMillen. "By the time you realize you are a victim, you have already lost thousands of dollars."

According to McMillen, "Reports from the FBI showed that the loss from I.D. theft three years ago was about \$2 million a year; now it is more than \$1 billion a year. This has to do with computers and other changes in our lives.

"To help prevent I.D. theft, persons should check their credit at least two times a year; a minimum of once a year," said McMillen.

A credit check could potentially prevent thousands of dollars in losses. It can be done through banks or credit agencies and costs about \$25 a year; depending on who you have perform the check.

McMillen continued, "Think about how you get your mail. If you live in a rural area, you should have a strong box that is locked. Never put any mail going out; if you put the red flag up, that says come get my mail."

Post offices have often been a target for criminals seeking identification information. Recycling bins at post offices are a target for identity theft.

Criminals are sifting through discarded mail when there is nobody there; retrieving items such as bank statements, credit card applications, and just about anything that has personal information on it. "Anything you get in



Deputy Rich McMillen spoke on I.D. theft (Photo by Shane Welsh)

the mail with your name on it; if you're not going to keep it, shred it," suggested McMillen.

Other personal information McMillen suggested to watch out for are:

\*Canceled checks: Criminals can take these and "wash" them in a chemical solution to remove ink and then write a new check. Any canceled check should be shredded to ensure it won't be reused.

\*Receipts at restaurants: Don't leave them at the table if you pay using credit; it may contain important information such as your name and credit card number (good as gold to a criminal).

\*Phone and Internet: Don't give out personal information if you don't know exactly who you are giving it to. A computer program called a firewall

can help people conducting online business protect their information.

"I.D. theft is difficult to prosecute. It is so simple, some criminals may

(Continued on page 5)



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## Family Fixin's - Veggie Style

Concerned about heart attacks? Want to know some delicious ways to lower your cholesterol?

Then plan to attend the

Health & Cooking Class

every Thursday evening in April at 6:30 p.m. at the Seventh-day Adventist Church 265 South Old Stage Road in Cave Junction

> \*Sample tasty dishes at every class \*See food-prep demos \*Learn easy health tips

Featuring Marcella Lynch as seen on national TV \$20 per person/\$5 extra for spouse (\$25 per couple) for all five evenings (includes Cookbook) Discover how you can be HEALTHY BY CHOICE - NOT BY CHANCE!



pastor at New Covenant Teaching Ministry in Grants Pass will be teaching a weekly bible study beginning Wednesday, March 31, 6:30 to 8 p.m.

For more than 20 years Betty has studied and taught on the Hebrew roots of the Christian faith as it relates to miracles, healing, the anointing, and the Kingdom of God and has found many 'gold nuggets' that are keys to understanding many difficult passages in Scripture. She teaches extensively on the reality of God. For more information phone (541) 660-7099

In order to help you become better informed about hospice services Lovejoy Hospice publishing this

question and answer column every month. Look for us on the fourth Wednesday of every month in 'Illinois Valley News.' If you have questions you would like answered in this column, phone or Email us at the numbers below.

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#### Question: "What could I do as a hospice volunteer?

Answer: The role of the volunteer has grown over the past decades. Today hospice volunteers throughout the nation bring their expertise into the patient's home through pet, massage, art and music therapy to name a few. They also help lead grief support groups and work with the children's grief program. Hospices are looking for dedicated volunteers who are interested in sharing their expertise through direct patient involvement, community education, or helping in the office. If you have an interest, contact the hospice in your area and ask to speak with their volunteer coordinator. You won't regret the time you spend volunteering and bringing joy into the lives you touch,

DVEDY The Heart of Caring 939 S.E. 8th St. 474-1193 or 1-888-758-8569 Email: Christina@lovejoyhospice.org

Childcare will not be available

# **Church Directory**

**FIRST BAPTIST CHURCH** OF SELMA 18285 Redwood Hwy. P.O. Box 279, Selma, OR 97538 - 597-4169 **Pastor Monty Pope** Sunday School - 9:45 a.m. Worship - 11 a.m. Sunday evening: 7 p.m. Wednesday Bible Study 7:30 p.m.

BRIDGEVIEW COMMUNITY CHURCH **Pastor Charles Bridges** P.O. Box 645 5181 Holland Loop Non-Denominational Children's Church-10:30 a.m. Sunday Morning Worship 10:30 a.m. Sunday Evening Worship 6 p.m. Thursday Bible Study- 7 p.m. Women's Prayer/Thursday 9:30 a.m. **Men's Prayer Meeting** 1st & 3rd Saturday - 8 a.m. Youth Group Sunday - 6 p.m. KBCC-LP at 107.9 FM **Corner Dick George/ Holland Loop** 

**GOOD SHEPHERD** LUTHERAN CHURCH East River Street & Lewis Court Sunday Worship - 9 a.m. Sunday School - 10 a.m. Pastor Peg Harvey-Marose 592-2147 Church Phone: 592-2290

> **BAHA'I FAITH** Phone 592-5234

ST. MATTHIAS **EPISCOPAL CHURCH** 25904 N. Redwood Hwy. Sunday Services: 9:30 a.m. Vicar: Jan Meikle 592-2006

FOUNTAIN OF LIFE ASSEMBLY OF GOD 451 S. Junction Avenue 592-3956 **Pastor Mark McLean** Sunday School - 10 a.m. Morning Worship - 11 a.m. Evening Worship - 6 p.m. Wednesday - 7 p.m. Adult Bible Study

ST. PATRICK OF THE FOREST **CATHOLIC CHURCH** 407 W. River Street, CJ 592-3658 **Father Harry Holwell Parochial Vicar** Masses - Sunday Daylight Saving - 9 a.m. Standard Time - 10 a.m. Daily Mass Tues. - Fri. 9 a.m. First Saturday . . . 10 a.m. Holy Days - 10 a.m. & 7 p.m. Sacrament of Reconciliation Saturday - 10:30 to 11:15 a.m.

COMMUNITY BIBLE CHURCH 113 S. Caves Avenue, CJ **Evangelical &** Non-Denominational Sunday School 9:15-10:15 a.m. Morning Worship - 10:30 a.m. Jr. Church, Infant & Toddler **Nursery Provided** Youth Awana - Wednesday 6:30 to 8 p.m. Crossquest - Thursday 3:30 to 5 p.m. Dr. Don Blackburn, Pastor **Community Christian Academy** 

ILLINOIS VALLEY BAPTIST CHURCH 2110 Caves Hwy. Stanley W. Smith, Pastor Sunday Worship - 10:30 a.m. & 6:30 p.m. Bible Study - Thursday - 6 p.m. Youth Meeting -Thursday - 6 p.m. A Southern Baptist Ministry Phone: 592-3029 Cell: 659-8934

FRIENDS OF THE VALLEY 25904 N. Redwood Hwy. Meeting Time - 11:30 a.m. Sunday 592-5175 - 415-1200 **Pastor Alan Franks** SEVENTH-DAY **ADVENTIST CHURCH** 265 S. Old Stage Road Sabbath School - 9:30 a.m. Sat. Church Service 11 a.m. Sat. Prayer & Praise 7:00 p.m. Tues. **Pastor Harold Premdas** Church 592-3218 **Everyone Welcome** Madrone Adventist School 592-3330 Sr. Teacher: Mrs. Amy Whitchurch 592-6604 \*\*\* **IMMANUEL UNITED** METHODIST CHURCH 220 Watkins Ph. 592-3876 **Pastor David Goodrich** Sunday School - 9:15 a.m. Sunday Worship - 9:15 a.m. Child-care for small children Potluck/Bible Study Thursday 6 p.m. WEB Page: http://Immanuel UMC.net VALLEY EVANGELICAL

FREE CHURCH 498 Laurel Road Sunday School - 9:45 a.m. Worship Service - 11 a.m. Wednesday - 7 p.m. **Bible Study, Youth Group** Thursday - 7 p.m. - Adult **Bible Study** Pastor Austin Patty 592-6160 or 590-5184

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS** 207 Junction Avenue, CJ Sacrament Meet - 10:50 a.m. Sunday School - 10 a.m. Priesthood, Relief Soc. 9 a.m. **Bishop Gary Dobie 1st Counselor Bill Hart** 2nd Counselor Sam Williams **ILLINOIS VALLEY** PRAISE CENTER 28569 Redwood Hwy. **Cave Junction** Sunday School - 9:30 a.m. Morning Worship - 10:30 a.m. Prayer Meeting - 6 p.m. Thursday evening - 7 p.m. Home Bible Study/Youth Group **Non-Denominational Bible Teaching Church** Pastor Doug Wilson 592-4872 **TAKILMA BIBLE CHURCH** 10300 Takilma Road **Pastor Dan Robinson Bible Study/Prayer Time** 9:30 a.m. Morning Worship 11 a.m. **Thursday Bible Study** 7 p.m.

LIVING WORD FELLOWSHIP "Walking as Jesus Walked" Full Gospel **Non-Denominational** Sunday School - 10 a.m. Sunday Worship - 11 a.m. Sunday Evening - 7 p.m. Thursday Bible Study Praver 7 p.m. 139 S. Caves Ave. Suite G (Next to Junction Avenue) **Pastor Wayne Vineyard** 592-2815 - Home Healing Rooms Open: Tuesday 7-8 p.m. or by appointment

#### **BEIT EMMANUEL** (Formerly Illinois Valley

Home Ministry Fellowship) A Messianic Congregation P.O. Box 1949, CJ 97523 Sabbath Services Hebrew classes, worship in dance classes and celebrations of the Lord's Feasts - 592-4649

**FIRST LOVE CHRISTIAN FELLOWSHIP** 139 Caves Ave. Front door Pastors Drs. Bob & Virginia Kurko 592-4775 The Church that Love has built in the Heart of **Cave Junction** Worship Schedule Sunday 10:30 a.m. - 6 p.m. Sunday School & Nursery 10:30 a.m. Tues. & Wed. Bible college classes - 7 p.m. Thurs. 'First Love Kitchen' Free meal 11:30 a.m. - 1:30 p.m. Fri. Genesis 12 Step - 7 p.m. Sat. 'Free Bread 11 a.m. - 2 p.m. "A Full Restoration, **NT Church**" Phone for classes being offered this semester.

**ILLINOIS VALLEY** PENTECOSTALS Meeting 2 p.m. Sundays American Legion Hall 2110 Caves Hwy. 'Road through the RV Park' Contact 592-4716 for Bible Study in your home or the pastor's - P.O. Box 2180 Cave Junction, OR 97523 Pastor Wendell Owens 592-4716