

## Here, There & Everywhere

**LIBRARY LEVY** - There will be a library levy on the May 18 ballot, as JoCo commissioners have voted 3-0 to place the question to voters after petitions with more than 2,300 signatures were presented. If approved, the measure would cost property owners 20-cents per \$1,000 assessed valuation for three years. This means that the following amounts would be raised during the 2004-05 through 2006-07 fiscal years, respectively: \$869,749; \$913,410; \$959,263.

**LL BATTER UP** - Little League Junior baseball tryouts will be held at Lorna Byrne Middle School gym on Friday, March 19 at 6 p.m. And for Minors and Majors, ages 7 to 12, tryouts will be held on Saturday, March 20 at 9 a.m.

**BLUES BAND** - To promote music in schools and demonstrate music as a profession, "Southern Oregon Blues Band" will play at Lorna Byrne Middle School on Friday, March 19 at 2:30 p.m. Teacher Sam Stevenson will be a guest performer.

**WELL SEATED** - Grants Pass Fire & Rescue invites the community to attend a child safety seat check-up event on Saturday, March 20 from 10 a.m. to 2 p.m. at Roe Motors GM, 201 N.E. Seventh St. in Grants Pass.

**WILDLAND SAFETY** - Josephine County Rural Planning Commission will hold a workshop to review the county's rural wildland fire safety standards. It will be held on Monday, March 22 at 7 p.m. in the county building in Cave Junction.

**WOMEN'S LUNCHEON** - Women can attend a luncheon on Saturday, March 27 in the Community Bible Church "Upper Room" from noon to 3 p.m. It will feature a video presentation by Beth Moore, "Healing the Brokenhearted." There will be a fee. For more information, phone 592-3896. It incorrectly was reported last week that Pregnancy Center of Illinois Valley is the sponsor.

**'X-TREME' CONCERT** - Valley Evangelical Free Church (the "wedding cake" church on Laurel Road at Old Stage Road) will hold a concert featuring Central Point Youth Choir, "X-Treme Praise," on Friday, March 19 at 7 p.m.

**ED BOX TOPS** - Shop Smart Food Warehouse in Cave Junction is working with Community Christian Academy to help raise money for Illinois Valley students. Booths will be set up Saturday, March 20 from 1 to 5 p.m. to help customers cut off coupons.

**GARDEN CLUB CHANGE** - Guest speaker Gena Goddard will tell how to cut flowers in her presentation, "Arranging Your Garden," on Friday, March 19 at Immanuel United Methodist Church in C.J. Coffee hour is 12:30 p.m.; meeting at 1 p.m.

**WELSH DINNER** - Selma Community and Education Center is hosting "Dinner in Wales" with native Welsh food, music and poetry on Saturday, March 20 at 6:30 p.m. There is a fee. Phone (541) 415-1000 or stop by the center to make reservations.

**CRAB FEED** - Illinois Valley Lions Club will host an all-you-can-eat crab feed on Saturday, April 3 from 2 to 6 p.m. in the I.V. Lions Den at I.V. Airport. Tickets are available at Century 21 Harris & Taylor, and Valley Muffler & Hitch in Cave Junction or can be purchased from any I.V. Lions member.

**NOTEPAD** - Cave Junction City Council meeting has been rescheduled from Monday night, March 22 to Monday, March 29 due to spring break. Assisted Living Survey for Illinois Valley Medical Center has ended. But anyone still needing to return a completed survey can send them by Thursday, March 25 to P.O. Box 669, Cave Junction.

**LAST WORDS** - Any man who afflicts the human race with ideas must be prepared to see them misunderstood. (H.L. Mencken)

## Letters

(Continued from page 2)

Libraries are full of friends we rarely see except at the library, 'cause we're all so busy writing screenplays.

That we have not reliably funded our libraries for the past 14 years is a tragedy worthy of a screenplay. Voters can play a leading role in correcting this insult to our community's intelligence by voting "yes" on the library levy coming soon to a ballot near you.

The \$2 movie (some people actually sell screenplays) you rent this weekend is more than you (owner of property assessed at \$100,000) will pay per month - yes, less than \$2 per month - to reopen our libraries on Fridays and to restore book-buying budgets as well as other services to bring our libraries close to or above the Threshold rating (other levels are Adequate and Excellent) of Oregon Library Association standards.

Let's write ourselves a happy ending to this episode of "Survival of the Josephine County Library System."

### A 'spring' in your step From JoAnne Stone Kerby

Spring has sprung, and with it comes the Sun's energy and inspiration. Sunshine increases our metabolism and transforms depression.

Have you resolved to get in better shape, lose weight, or eat better in 2004? This is prime time to begin a new healthy habit.

The best medicine for well-being is exercise. Exercise profoundly changes our physiology. Everyone, at every age and state of wellness can benefit. It takes 21 days to form a new habit.

Try a type of exercise that can become a fun part of your life, for the rest of your life. Start small and have fun.

Lengthy, intense sessions may seem impressive but may discourage you in the long run. Gentle, fun exercise, daily, is a greater investment.

Yoga, walking, climbing and biking are easy favorites. You may gradually increase your workout by simply increasing your time, terrain or distance.

It's time to come out of our caves and stretch. Remember to stretch before and after exercise - even for gardening.

Warm up the muscles and gently stretch tendons before working out.

Please don't litter



**TOP CITIZENS AND CREW** - Jennifer and 'Link' Phillippi (second and third from left) are 2003 Illinois Valley Chamber of Commerce Citizens of the Year because of their revival of Rough & Ready Lumber Co. For the presentation of the plaque by Chamber Vice President Bill Reid, they were accompanied by co-workers (from left) Peter Reyneke, Amelia Kibler, Diane Wendover and Sandy Fullerton.

## Foundry plan in works by RCC group

Establishing a foundry program is a goal of Rogue Community College, working with a consortium of business owners, artists and community leaders.

The goal is to establish a new public/private partnership on the Redwood Campus in Grants Pass, and set up a privately owned foundry in Downtown Grants Pass.

The project ties in with Redwood's reorganization plan that includes an emphasis on art, said Kathy Burkey, campus executive director.

"It's a rare opportunity to be able to develop a new program," she said. "This is a perfect opportunity to bring the college and community together. And it returns to the original intent of Rogue to provide vocational, as well as academic training."

The group has been researching needs, effect, cost, job development potential, and equipment requirements.

RCC is looking into requesting a \$25,000 economic development grant to put together a curriculum. Study also is under way to determine what degrees or certificates would be the most appropriate match.

(Editor's Note: The preceding appeared in "The Log," an RCC newsletter.)

I hear and I forget.  
I see and I remember.  
I do and I understand.  
- Confucius -

**I.V. SENIOR CENTER**  
520 E. River St.  
**SPRING BAZAAR**

**Friday & Saturday**  
**March 26 and 27**



17 tables available  
\$20 for two days  
Fee due at sign-up  
Vendor set up  
Thursday, March 25  
Sign up at  
I.V. Senior Center  
For more information  
phone Casey Thomas  
at 592-6888

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**IVCRT Board Meeting**

**Thursday, March 18, 7-9 p.m.**  
Josephine County Building

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**"Meet and Greet"**  
our Board Director Nominees!  
**Sunday, March 28, 3-5 p.m.**  
Selma Community Center

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**You're Invited!**  
Join us for our  
**Annual**  
**General Membership Meeting**  
"CRT II - the 2nd Decade"  
**Tuesday, March 30, 6-8:30 p.m.**  
IVHS Cafetorium

Awards, Election, Celebration of accomplishments,  
the latest news from the  
**Oregon Caves Outfitters,**  
and more!

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**Phone 592-4440 for more info!**

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OR License #2311

**MASSAGE THERAPY**

**Pain - Stress - Injuries**

**Deep Massage - CranioSacral Therapy**

**Monday - Friday by appointment**

**Senior Discounts - Gift Certificates**

**Rachel Goodman, LMT 202 W. Lister - 592-6947**

Please don't litter

**IVHS is proud to present:**

**FREE**

**Family Movie Night - Friday, March 19**

**\*\*\*Doors open at 5:30 p.m. in the cafetorium\*\*\***

First Showing  
at 6 p.m.

**CAT**  
**in the**  
**HAT**  
(PG)

**SNACK BAR**

**WILL FEATURE:**


Taylor Dogs: \$1.50  
Nachos: \$1  
Popcorn: 75-cents  
Candy \* Soda

All proceeds go to benefit  
Senior Grad Night

Second Showing  
at 8 p.m.

**SCHOOL**  
**of**  
**ROCK** (PG-13)

**X-Treme Praise presents:**



**I.** have a purpose  
Jeremiah 29:11

**M.**ade in God's image  
Genesis 1:27

**A.**ccepted by Him ... in spite of my sin  
Romans 5:8

**G.**iven new life through Christ's sacrifice  
Romans 6:4

**E.**ternally connected to God  
John 5:13

**IN CONCERT**  
Friday, March 19 - 7 p.m.

Valley Evangelical Free Church  
498 Laurel Road, Cave Junction

X-Treme Praise is a youth choir from Community Bible Church in Central Point, Oregon. They have been traveling each Spring Break since 1999 sharing the good news of Jesus Christ through their musical and dramatic programs. All are welcome and encouraged to bring their friends. There is no admission charge.