

Here, There & Everywhere

GRAD BENEFIT - The 2004 Grad Night Party Planning Committee met on Monday, Jan. 5 in the I.V. High School cafetorium. Final plans were discussed for the Taylor's Sausage benefit co-sponsored by Home Valley Bank. Phone Phil Aria at 596-2639 for more information. (Aria's phone number was printed incorrectly in last week's edition).

EYE CARE - During January, the Oregon Optometric Physicians Association is honoring National Glaucoma Awareness Month by encouraging all Oregonians to receive eye exams. This statewide organization helps to advance eye related health care and service. For more information contact www.oregonoptometry.org.

WOOLY WINTER GALA - The Illinois River Valley Arts Council will host a benefit on Sunday, Jan. 11 from noon to 4 p.m. at Forest Edge Farm at 5489 Takilma Road. There will be a raffle of items donated by local artists, an open buffet, and an on-stage show at the Llama Theatre. Admission is free to children under 12, with a sliding scale for adults.

FOOD FANCIES - Christy Morrell and Sharon Johnson will teach several classes at the Josephine County Auditorium at the fairgrounds on Thursday, Jan. 15 from 2 to 4 p.m. and 6:30 to 8:30 p.m. The first meeting will take a look at methods for food budgeting, advancing to weight perception and dieting fads later the same evening. There will be another meeting on Thursday, Jan. 22, from 2 to 4 p.m. to discuss the benefits of fat intake. There will be a nominal fee for each class.

NOTEPAD - An all-congregations service will be held at Fountain of Life Assembly of God Church in Cave Junction on Sunday, Jan. 11 at 6 p.m. Pastor Mark McLean will lead the service. A **country-bluegrass jam** will run from 2 to 5 p.m. on Sunday, Jan. 11 at Taylor's Sausage Country Store in C.J. **Klamath First Federal Bank**, which has its Illinois Valley branch in Cave Junction, will soon be called Sterling Savings Bank. The change will encompass a selection of services including savings accounts, personal loans, free online banking, direct deposit and more. **T-Shirt:** "Good Morning is an oxymoron."

LAST WORDS - Only a fool tests the water with both feet. (African proverb).

Online business counseling available from RCC SBDC

Business owners now can request and receive counseling services online from the Rogue Community College Small Business Development Center's (SBDC) Web site, www.roguecc.edu/sbdc.

It offers business counseling and answers to basic questions at no charge.

SBDC counseling services can help an existing or potential business grow. The center will provide information to help business owners make good

business decisions and will act as a sounding board.

The center also helps owners develop business and marketing plans; helps them determine whether they qualify for business financing; and guides them through the financial process.

Besides confidential business counseling, the center offers short-term courses, a comprehensive business library, and more.

To request a counseling appointment, visit www.roguecc.edu/sbdc.

Bad weather driving tips from OSP

With snow on the ground in much of the state and more winter weather on the way, Oregon State Police and the Oregon Dept. of Transportation (ODOT) advise motorists to use extreme caution when driving and to avoid driving if possible during icy and snowy conditions.

ODOT advises motorists to check conditions before taking trips at www.tripcheck.com or phone (511 or (800) 977-6368.

OSP and ODOT advise anyone attempting to drive in ice and snow to pay attention to their speed and treat malfunctioning traffic lights as four-way stops.

Also, motorists need to be aware of stranded vehicles, pedestrians and children playing in the snow. Even with chains, four-wheel drive or both, steering and stopping in snow is much more hazardous than under normal conditions. Here are some tips for safer winter driving:

*Anticipate hazardous conditions and drive accordingly.

*Accelerate slowly and smoothly.

*Drive much more slowly than usual.

*Plan more time for commuting or a trip.

*Dress appropriately for the cold; keep food, water and bedding in your vehicle.

*Make sure your vehicle is equipped for the weather, with good tires, hoses, belts and fluids.

*Leave more space between your vehicle and vehicles in front of you. (example: instead of one car length at 10 mph, give two to three car lengths at 10 mph.)

*Watch farther ahead of your vehicle than usual.

*Begin to brake earlier, and do so slowly and smoothly.

*Slow down for turns.

*Limit 911 phone calls to genuine emergencies.

*Expect the most hazardous conditions early in the day, but watch for shaded spots that are slower to thaw.

It doesn't take much speed to spin out of control while turning, changing lanes or steering to avoid a hazard. Also, you can lose control of a vehicle if you drive through snow drifts built up by other vehicles.

If you do not need to travel, consider staying home until the roads are safer. If you are stranded in your car, stay inside the vehicle and wait for help. If you have a cell phone, do not waste the battery by unnecessary phone calls.

Campus News

At Oregon State University, Corvallis for the fall term:

Jed Pennell, senior, received a straight-A average in exercise and sport science; Sydney Derda, freshman, achieved a 3.5 or better in precommunication; and Jessica Hendrix, sophomore, earned 3.5 or better in history. All three are from Cave Junction.

Tiffany Aria, sophomore, O'Brien, received 3.5 or better; and Michael Lewis, senior, Selma, received 3.5 or better in pre-civil engineering.



HAY'S HILL FATAL - Brookings resident Shannon Taylor, 33, died of injuries in a two-car head-on collision on Hwy. 199 near the top of Hay's Hill on Monday afternoon, Dec. 29 said Oregon State Police. Her daughter and passenger, Miriah Taylor, 11, was injured. Also injured was Robert Lee, 71, of Pleasanton, Calif., OSP said. He was southbound; the other vehicle was northbound. Lee was in serious condition in a California hospital after being transferred from Three Rivers Community Hospital in Grants Pass. Mariah was recovering at the same hospital.

Seat available on county's budget unit

The Josephine County Board of Commissioners is accepting applications from volunteers to fill one vacancy on the budget committee.

The committee meets publicly each spring to review and approve the budget documents as proposed by the budget officer, elected officials, and department heads.

The deadline for accepting applications to the committee is Friday, Jan. 9. The board may interview applicants.

Applications are available in the Board of Commissioner's office, room 154, Josephine County Courthouse, Grants Pass. For more information phone (541) 474-5221.

Be not slow to visit the sick. - Ecclesiastes -

MASSAGE THERAPY

Pain - Stress - Injuries
Deep Massage - CranioSacral Therapy
Monday - Friday by appointment
Senior Discounts - Gift Certificates

Rachel Goodman, LMT 202 W. Lister - 592-6947

I.V. Grange Breakfast
3763 Holland Loop

Sunday, Jan. 11
8:30 a.m. to noon
ALL YOU CAN EAT
Adults-\$5
Children under 11- \$2.50

Donate a can of food to the I.V. Grange Food Bank and receive 50-cents off breakfast!

Waffles, Pancakes, Biscuits & Gravy, Ham, Sausage, Eggs, Juice, Coffee, Tea or Milk

THE FLEA MARKET IS BACK!!! \$5 per table
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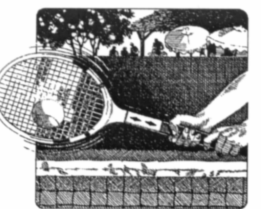
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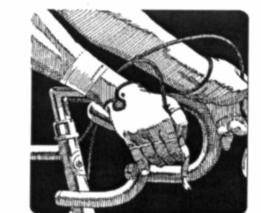
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