

## Here, There & Everywhere

**SCREENING ROOM** - Blue Moon Books & Coffee will show the independent film, "A Cold White Place," on Thursday, Aug. 7 at 7 p.m. The film, in which Blue Moon owner Gloria Fiorini's nephew, Aaron Jude, stars, tells the story of a catatonic patient nearing death whose life is shown him by people from his past. The film, to be featured in the 2003 New York International Independent Film and Video Festival in November, has also been accepted into the 2004 Cannes Film Festival. Adults are cautioned not to bring young children to the viewing due to the intense nature of the film.

**CREATIVE CAUSE** - Illinois River Valley Arts Council, the Siskiyou Project and the Sierra Club will have booths set up inside the former Hometowne Interiors building in Downtown Cave Junction during the Wild Blackberry Festival on Saturday and Sunday, Aug. 9 and 10. Area artists will offer demonstrations of their creative techniques. Art will also be available for purchase, with proceeds benefiting the arts council. Lorna Byrne Middle School and Illinois Valley High School students will sell snow cones as well to raise funds for their schools.

**TREASURE TROVE** - Selma Community and Education Center will hold a Summer Super Swap and Sale on Friday and Saturday, Aug. 8 and 9 from 8 a.m. to 2 p.m. at the former Selma Elementary School. Breakfast treats will also be available. Spaces are still available for those interested in selling their wares at the event. Phone Pamela Tennity at 597-2110, Bill Hunt at 597-2494 or Jan Walker at 597-2410 for more info.

**'ROUND THE CLOCK** - Rock Robin and The Toasters will perform at Out 'N' About Treesort, 300 Page Creek Road, on Saturday, Aug. 9 at 8:30 p.m.

**KEEPING COOL** - Good Shepherd Lutheran Church will sponsor an alcohol and drug-free party for high school-age youth at Cave Junction Pool on Saturday, Aug. 9 from 8 to 10 p.m. A DJ will provide music during the event. There will also be door prizes and free food donated by Taylor's Sausage, Shop Smart Food Warehouse and Selma Select Market. Admission to the event is one can of food to go to the Harvest Kitchen at St. Matthias Episcopal Church.

**FREE FUN** - Christian band Joyful Noise, also known as the worship team of Pelican Bay Evangelical Free Church in Crescent, Calif., will perform at Bridgeview Community Church on Sunday, Aug. 10 at 6 p.m. The band will perform songs from its latest album, "Let It Ring." The public is invited to the free concert.

**CHURCH CELEBRATION** - Bridgeview Community Church will celebrate its 110th anniversary on Sunday, Aug. 17 with services beginning at 10:30 a.m. The day will also include speakers, a potluck lunch, ice cream and cake, games and singing. Old quilts and antiques will be on display. A church history book will also be available. Period dress may be worn. The public is invited.

**LEAGUE LEADERS** - Illinois Valley Little League has positions open on its board of directors. To receive an application, phone Janet Ewing at 592-4389.

**NOTEPAD: Three Rivers Community Hospital** offers various free and for-a-fee educational workshops and tests including cholesterol screenings, parenting classes and CPR instruction. To register for most classes phone (541) 955-5419.

**OR License #231**

## MASSAGE THERAPY

**Pain - Stress - Injuries**  
**Deep Massage - CranioSacral Therapy**  
**Tues. - Sat. by appointment**  
**Senior Discounts - Gift Certificates**

Rachel Goodman, LMT 202 W. Lister - 592-6947

## Illinois Valley Lions Club Labor Day Festival

# TALENT SHOW

**Sunday, Aug. 31 - Jr. & Intermediate**  
**Monday, Sept. 1 - Adult**  
**Amphitheater, Jubilee Park**

**Prizes**  
**Cash Awards**  
**\*Last day to sign up is Thursday, Aug. 28!**  
**For details & sign up phone Donna (541) 596-2719**



(Continued from page 2)

Long.

On June 25, I came before you to tell you that the library budget would impoverish the library staff and that my wife, a library employee of almost 11 years, would suffer a 38 percent decrease in income and lose all her benefits.

Since that time the budget has been adopted and implemented. Additionally one of my wife's co-workers, another long-term county employee, has told me that her income was reduced 41 percent.

Therefore I have the following request:

Since the director of the library, Sue Luce and her three managers, Dorothy Cook, Linda Garrick and Princessa Vichi, who supervise only part-time employees, I am asking the board to reduce their income by an equal 41 percent and remove their benefits.

I further request that the money saved by this action be used to restore needed library programs and staff needed to support them. I request that the library be opened more hours for the people in the county.

If you do not wish to cut the managers' income by 41 percent, keeping the director in place and reducing the three managers' positions to a single 0.6 FTE management position can realize the same savings.

Lastly, I request the board post the current salary and benefit of all elected officials, department heads and managers on the county Web site within the next 30 days. I request this so that the people of this county may be better informed.

**'Fees are now taxes'**

**From Allen Reitan Cave Junction**

Oregon vehicle owners got it in the rear end.

Roads and bridges are damaged by heavy trucks, not cars, pickups, SUVs or motor homes, according to studies over the years.

Repairs should be funded mostly by weight-mile taxes and some small increase in fuel taxes. In-

## Weight Loss Puzzles Doctors

ATLANTA, GA -- Doctors were surprised when two separate studies found that a natural dietary supplement could help cause significant weight loss.

Although not conclusive, both studies found that patients receiving the formula called Bio-Rex 3000®, lost more than twice as much weight as those in a control group on the same fat reduced diet. Neither group was instructed to decrease the amount of food they ate or to increase their exercise levels. An article published in the *American Journal of Clinical Nutrition* says that you don't have to decrease the amount of food you eat to lose weight, provided that you limit the fat.

According to a spokesperson for Phillips Gulf Corporation, the exclusive North American distributor of Bio-Rex 3000, the company is considering additional studies in order to get federal approval to make pharmaceutical claims. Currently, weight loss claims for the Bio-Rex 3000 supplement are limited. However, with the requisite approval, the company could say that Bio-Rex 3000 decreases sugar cravings, increases metabolism and interferes with the body's ability to produce excess fat.

Bio-Rex 3000 is currently available as a dietary supplement and plan in pharmacies and nutrition stores or by calling 1-800-729-8446. www.hcdsales.com.

Bio-Rex 3000 is available at ©2003 HCD

**CABIN CHEMISTRY**  
 337 S. Redwood Hwy. • 592-3350

Author's Note: This statement has not been evaluated by the FDA. Bio-Rex 3000 is not intended to diagnose, treat, cure, or prevent any disease.

## Letters to the Editor

creased "fees" for registration and licensing is totally unfair, and are a form of personal property taxes that should have to be approved by the voters.

"Fees" should never be used in place of "use taxes."

Our legislators knew the voters would not approve increased fuel taxes, so as an expedient, they just increased fees.

When the repairs are completed will the fees be reduced or will our state government find a way to spend the additional revenue. Of course they will!

### 'Thanks to Bob' From Dennis Strayer Cave Junction

On the occasion of the 35th anniversary of my return from one year in Vietnam, it is a bittersweet celebration without the man who helped ease the pain of separation from family and friends.

"Thanks for the Memories" - Bob Hope, the 'GIs' friend' has died, but he will forever live on in the hearts of those of us who served in the U.S. Military and got the opportunity to see one of his many shows.

It was December 1967

and a buddy of mine said, "I've got the Jeep, let's go down the road to catch Bob Hope's show."

I checked in with my boss who said, "No problem" so we were off.

When we arrived at Hill 327, near DaNang, the entire hillside was covered with green military uniforms and from a distance they looked like a bunch of ants on a hill.

We worked our way through the crowd and managed to find a standing spot not too far from the stage.

Bob soon appeared and warmed up the crowd with various jokes about his golf game and being in Vietnam.

He was soon joined by several young woman including movie actress Raquel Welch.

That sure got our at-

tention as it had been months since we had seen an American woman, other than an occasional military nurse or American Red Cross worker.

I got a photo of Bob as we worked closer to the stage and before it all ended, he asked the group on stage to sing "Silent Night" and when it was over I don't think there was a dry eye on that entire hillside.

It was not until a number of years later that I learned that the Viet Cong had placed a price on Bob's head and after he left DaNang, they blew up the hotel in Saigon where he was to stay but luckily his plane was late in landing, or otherwise he would have been killed in the bomb blast.

"Thanks for the Memories, Bob."

**ILLINOIS RIVER ACUPUNCTURE**  
 and Chinese Herbs

592 - 5041  
 at Wild Iris Gallery, Kerby  
 ( 24563 Redwood Highway )  
 Jo Anne Stone, M.S., L. Ac.



## ATTENTION


# CJ BUSINESS OWNERS

*'We need to do something about the rash of break-ins in Downtown Cave Junction'*


## Meeting at Jubilee Park Pavilion

### FRIDAY, AUGUST 8 - 7 P.M.


## HOW DO YOU USE THE INTERNET?




**BANKING AND SHOPPING ONLINE**  
**FrontierNet Dial-Up Internet Access**  
 Up to 56 Kbps




**HOMEWORK AND INSTANT MESSAGING**  
**COMING SOON**  
**FrontierNet DSL High-Speed**  
 Up to 256 Kbps



**DOWNLOADING MUSIC AND PLAYING ONLINE GAMES**  
**FrontierNet DSL MAX**  
 Up to 1 Mbps




**RUNNING A SMALL OR HOME BUSINESS**  
**FrontierNet DSL Business Class**  
 Allows you to host a Web site, connect remote offices, share large files or have video conferencing capability



**Dial-Up as low as \$11.95/mo. DSL only \$39.95/mo.\***

Only Frontier offers you choices.

Order by 9/15/03 and take advantage of our great offers:

- Save up to \$60 on the Internet speed you need
- FREE - 1 year of your own personal  name E-mail address. Get your name before it's gone!

Call **1-877-4U2SURF** (482-7873) or visit [www.FrontierOnline.com](http://www.FrontierOnline.com)

Some services subject to geographic availability and technical line qualification.  
 © 2003 Citizens Communications Company. Discounted months offers are limited to new Internet customers only and expire 9/30/03. You must choose FrontierNet as your ISP to qualify for FrontierNet promotional pricing. Free dotName offer is limited to new Internet customers only and expires 9/15/03. If Internet service is not maintained for a 3 year term, your account will be charged the full value of the offers plus applicable taxes and surcharges. Maximum DSL speeds depend on a number of factors including distance from the central office and characteristics of inside wire and phone line. Frontier is not responsible for toll charges incurred when connecting to the Internet. If there is any question that the number selected is not a toll-free call, then please check with the local phone company. Applicable taxes and surcharges will be billed. Installation charges may apply. Additional restrictions may apply.  
 \*DSL discounted price is available for 6 months only. 22-CZN-4-11.95-39.95-Y-OR