



WAR SUGGESTION - Stating the sentiments of many in Illinois Valley, Treehouse Florist & Gifts in Downtown Cave Junction suggests that no matter how one feels about war, a person can always pray.

War!! or not

Many of us will encounter "peace activists," who will try to convince us that we must refrain from retaliating against those who support terror, and the ones who terrorized all of us on Sept. 11, 2001.

These activists may be alone or in a gathering. Most of us don't know how to react to them. When you come upon one of these people, or one of their rallies, here are the proper rules of etiquette:

1. Listen politely while this person explains their views. Strike up a conversation if necessary and look interested in their ideas. They will tell you how revenge is immoral, and that by attacking the people who did this to us, we will only bring on more violence. They will probably use many arguments, ranging from political to religious to humanitarian.
 2. In the middle of their remarks, without warning, punch them in the nose.
 3. When the person recovers from the punch, they will be angry, and they may try to hit you, so be careful.
 4. Very quickly and calmly remind the person that violence only brings about more violence, and remind them of their stand on this matter. Tell them that if they are really committed to a non-violent approach to undeserved attacks, they will turn the other cheek and negotiate a solution. Tell them that they must lead by example if they really believe what they are saying.
 5. Most of them will think for a moment, and then agree that you are correct.
 6. As soon as they do that, hit them again. But this time hit them harder, and right on the nose.
 7. Repeat steps 2-5 until the desired results are obtained, and the person realizes how stupid an argument he or she is making.
 8. There is no difference in an individual attacking an unsuspecting victim or a group of terrorists attacking a nation of people. It is unacceptable and must be dealt with, perhaps at a high cost. We owe our military a huge debt for what they are doing for us and our children. We must support them and our leaders at times like these. We have no choice, We either strike back, very hard, or we will keep getting hit on the nose.
- Lesson over. Class dismissed.

(Editor's Note: The article immediately above was received via e-mail.)



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Questions and Answers by Christina Snell



In order to help you become better informed about hospice services, Lovejoy Hospice is publishing this question and answer column every month. Look for us on the fourth Wednesday of every month in 'Illinois Valley News.' If you have questions you would like answered in this column, phone or Email us at the numbers below.

Q: I want to have hospice if I have a terminal disease. How do I make sure that this will happen?

A: It is important that you talk this over with your family now before you need the service. You want to make sure that your family and doctor know just what your wishes are in this area. You may want to visit each hospice serving your area to see what the best one for your specific needs is. Just as you would look for the best match in a doctor, it is vital that you have the service you believe will honor you and your wishes at this time of your life.



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Dulce Et Decorum Est*

(Wilfred Owen, 1893-1918)

Bent double, like old beggars under sacks,
Knocked-kneed, coughing like hags, we cursed through sludge,
Till on the haunting flares we turned our backs
And toward our distant rest began to trudge.
Men marched asleep. Many had lost their boots
But limped on, blood-shod. All went lame, all blind;
Drunk with fatigue; deaf even to the hoots
Of tired, outstripped Five-Nines that dropped behind.

Gas! GAS! Quick boys! An ecstasy of fumbling,
Fitting the clumsy helmets just in time,
But someone still was yelling out and stumbling
And flound'ring like a man in fire lime. —
Dim through the misty panes and thick green light,
As under a green sea, I saw him drowning.

In all my dreams, before my helpless sight,
He plunges at me, guttering, choking, drowning.

If in some smothering dreams, you too could pace
Behind the wagon that we flung him in,
And watched the white eyes writhing in his face,
His hanging face, like a devil's sick of sin;
If you could hear, at every jolt, the blood
Come gargling from the froth-corrupted lungs,
Bitten as the cud
Of vile, incurable sores on innocent tongues, —
My friend, you would not tell with such high zest
The old Lie: *Dulce et decorum est*
Pro patria mori.

**Dulce et decorum est pro patria mori.*
Sweet and fitting it is
to die for the fatherland

Sierra Club request denied at Ashland

By MEDFORD
'MAIL TRIBUNE'

The Sierra Club's request to list two rare plants on Mount Ashland as endangered species has been turned down by the U.S. Fish and Wildlife Service, thus opening the door for a controversial 72-acre expansion of the ski area.

"We are disappointed," said Tom Rose of the Rogue Group Sierra Club. The organization has made no decision about further strategies in its long effort to halt expansion of the ski area toward the west, he said.

"Sure, we're pleased," said Jeff Hanson, general manager of the Mount Ashland Association, adding that the club's request to list the plants has been "one of the techniques to cast doubt on the viability of our plans." The association hopes to construct three new lifts and improve the ski area's lodge, a project that could start as early as next year.

The fish and wildlife ser-

vice last month declined to list the Mount Ashland lupine and Henderson's horkelia. The agency said that they "do not warrant federal protection under the Endangered Species Act, because the two species face few significant threats and their numbers and distribution appear stable."

The lupine is found only on the south and west slopes of Mount Ashland, and the horkelia is found from Mount Ashland to Dutchman Peak, approximately 10 miles west. Both are "classic alpine plants, low to the ground, windblown and hardy," said Steve Johnson, snow manager, Rogue River National Forest.

"I think the plants will be fine," Johnson said. "I'm not worried about any human impact as long as we follow the conservation agreement, and we're dedicated to doing that, starting this summer with increased regulations on vehicular traffic, monitoring the plants and putting up educational-interpretive signs informing people these are rare

plants that only grow in this limited distribution, so please avoid them."

The conservation agreement was signed in November by the fish and wildlife service and the Klamath and Rogue River National Forests. It calls for monitoring to determine population trends and effects.

"We found that current land management and the new conservation agreement ... will help ensure that the (plants) continue to remain safe from the threat of extinction," said Anne Badgley, fish and wildlife regional director, Portland, in the ruling.

The second Environmental Impact Statement for the planned expansion should be published this spring by the forest service, followed by a 60-day public comment period.

A final document could be released by early summer, and construction of the lifts and lodge improvements could start next year and stretch over a 10-year period, said Hanson.

Physician-aided suicides rose in 2002

Thirty-eight persons used legal physician-assisted suicide in 2002, compared with 21 who did so in 2001, according to the fifth annual report of Oregon's experience with the Death With Dignity Act.

The report, released by the Oregon Dept. of Human Services (DHS), contains demographics and characteristics of those who took lethal prescriptions last year. It also examines Oregon's experience since 1998, when the Death with Dignity Act went into effect. Findings are published in "New England Journal of Medicine."

"Last year more people used the law, but most of the other findings are consistent with those of previous years," said Dr. Mel Kohn, state epidemiologist.

"Although there was an increase from previous years, the number of deaths in 2002 was 0.1 percent of the total Oregon deaths for the year. Once again, the majority of participants were older, well educated and had cancer.

"As before, the primary

reasons patient cited for choosing physician-assisted suicide were concerns about losing autonomy, a decreasing ability to participate in activities that make life enjoyable, and losing control of bodily functions."

Kohn pointed out that nearly 24 percent of cancer patients were dying of lung cancer, also a consistent factor every year.

*During 2002, 58 prescriptions were written for lethal medication and, of these, 36 patients died after taking the medication. Two additional deaths were to patients who received their prescriptions in 2001, for a total of 38 deaths in 2002.

*Six of the 58 patients who received prescriptions in 2002 were alive at the end of the year and 16 died of their illness.

*Five-year aggregate data show that patients' median age was 69 years; 97 percent of patients were white; 55 percent were male, 25 percent were divorced and 38 percent had a bachelor's degree or higher.

*Compared to other Oregonians dying of the same underlying illnesses, those who were younger, divorced or never married, well-educated or had cancer or amyotrophic lateral sclerosis (Lou Gehrig's disease) were more likely to participate.

*Patients' major concerns over the five years were losing autonomy (85 percent), a decreasing ability to participate in activities that made life enjoyable (79 percent) and losing control of bodily functions (58 percent).

*During 2002, two patients used the prescription drug secobarbital, two used Tuinal and 34 used pentobarbital. The interval between ingestion and death was shortest for patients using 10 grams of pentobarbital; half of all deaths occurred within 15 minutes and no patient lived for more than one hour.

Oregon law requires that DHS collect information regarding compliance with the Death with Dignity Act and to make the information available on an annual basis.

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