

# Star festival

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nity Response Team, and "a fabulous donation" of equipment and electrical service from Pacific Power. The festival netted close to \$6,000 for its primary beneficiary, Dome School.

Now the newly independent group can broaden its outreach.

"It's about empowerment and opportunity for valley youth projects," added Doran. "We hope to aid the future of many programs; to offer more music and art and theatrical opportunities, as well as youth soccer programs, updating Jubilee Park, etc."

The 2003 Shining Stars Festival again will feature a fun, safe and creative Kids Village, plus quality music, food and vendors. "We want to encourage local artisans and talent first and foremost," said Salas-Groth.

Shining Stars is planning a Chinese New Year event with food, music and dancing on Feb. 1 at Takilma Community Bldg./Dome School. "Jupiter Hollow," a band that drew many enthusiastic fans to last year's festival, will provide live music, and there will be an "authentic Chinese dinner."

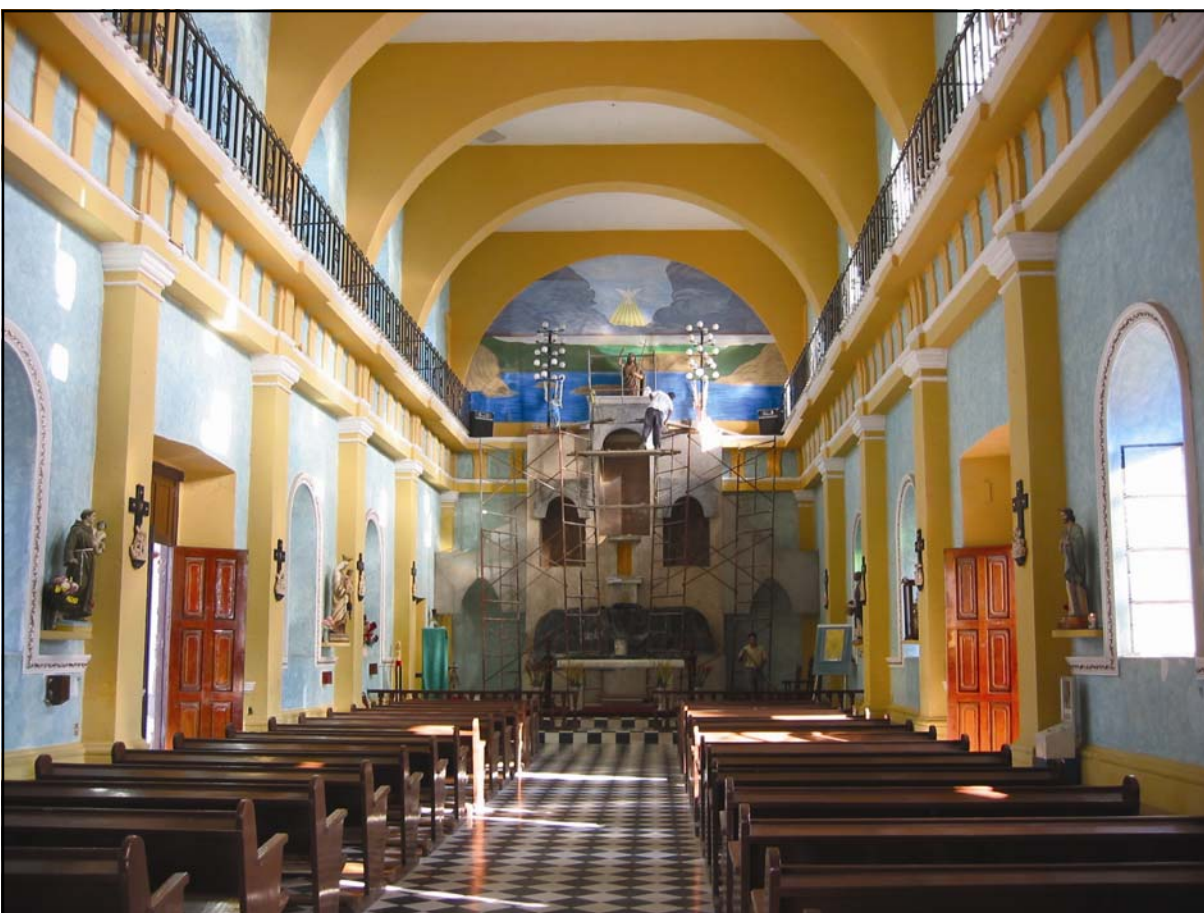
For more information, phone 592-5460.

## A Look Back This Week

On January 8, 1815, about 5,300 British soldiers, unaware of the peace treaty, attacked U.S. entrenchments near New Orleans; the British sustained more than 2,000 casualties, and the Americans lost 71 ... January 10, 1901, Texas had its first significant oil strike ... January 8, 1918, President Woodrow Wilson set out his 14 Points as a basis for peace ... January 6, 1941, President Roosevelt outlined the Four Freedoms he deemed essential in a speech to Congress: freedom of speech and religion, freedom from want and fear ... January 11, 1973, five of the seven defendants in the Watergate break-in trial pleaded guilty ... January 8, 1982, the 13-year-old lawsuit against AT&T by the Justice Dept. was settled with AT&T agreeing to give up the 22 Bell System companies, but being allowed to expand ... January 8, 1987, the stock market continued to rise with the Dow Jones closing at 2002.25, its first finish over 2000 ... January 10, 2000, America Online Inc., the Internet services provider, announced that it would buy Time Warner Inc. ... January 10, 2000, acting President Vladimir Putin of Russia elevated Finance Minister Mikhail Kasyanov to the number two position in the government, Deputy Prime Minister ... January 10, 2000, the Miami-Dade Circuit Court granted temporary custody of Cuban refugee Elian Gonzalez, a 6-year-old boy, to the boy's Florida relatives ... January 11, 2000, presidential candidate Senator John McCain (R-Arizona) detailed his tax plan of \$237.5 billion in tax cuts over five years, benefiting the middle class and lower-income people ... January 8, 2002, President Bush signed into law a major education bill, fulfilling goals that he made central in his presidential campaign ... January 11, 2002, the Ford Motor Co. announced that it was planning to lay off 35,000 employees, close four plants, and drop four models ... January 11, 2002, Taliban and al-Qaeda fighters captured in Afghanistan were flown to the U.S. Naval Base at Guantanamo Bay in Cuba with the first 20 arriving on this day. (c) 2003 DBR Media, Inc.



**SCOTTISH NEW YEAR** - The Society for Creative Anachronism held its annual Scottish New Year feast, Saturday, Jan. 4 in the RCC Belt Building in Kerby. A traditional Scottish dinner was enjoyed by diners dressed in authentic attire. (Photo by Sam Newton)



**MANY MEXICO MEMORIES** - During their mission to Mazatlan, members of the Bridgeview Community Church Youth Group and their chaperones worked and saw many beautiful sights, including the chapel above. In bottom photo, work to help build a new church was conducted. (Photos by Walter)



## Osteoporosis: Make no bones about it

The U.S. Preventive Services Task Force recently recommended that women 65 and older be routinely screened for osteoporosis to reduce the risk of fracture and spinal abnormalities often associated with the disease. The task force also recommended that routine screening begin at 60 for women identified as high risk because of their weight or estrogen use. The task force is an independent panel of experts sponsored by the Agency for Healthcare Research and Quality (AHRQ). The recommendations, published in the Sept. 17 "Annals of Internal Medicine," mark the first time the force has called for routine osteoporosis screening. For women who live to be 85, approximately 50 percent will have an osteoporosis-related fracture during their lives; 25 percent of these women will develop an ab-

normality of the spine; and 15 percent will fracture their hip. While no clinical studies have been done to assess the effectiveness of screening in reducing osteoporotic fractures, there is ample evidence that bone density testing can adequately identify women who could benefit from treatment. A new class of drugs called bisphosphonates has proved effective at reducing the risk of fracture in women with low bone density, leading the task force to believe that screening can be beneficial. "As the number of people in our country 65 and older continues to grow, osteoporosis screening is taking on a new importance," said Health and Human Services Secretary Tommy G. Thompson. "The evidence shows that the risk for osteoporosis and fractures increases with age, and the means are now available to detect low bone den-

sity and treat it," said Dr. Heidi D. Nelson, of the Evidence-based Practice Center at Oregon Health & Science University (OHSU). Nelson led the evidence review along with Mark Helfand, and a team of researchers at OHSU. One variable for physicians to consider is that several technologies are available to measure bone density. Dual-energy X-ray absorptiometry, known as DEXA, is considered the best because it is the most extensively validated test against fracture outcomes. Published studies consistently show that the probability of receiving a diagnosis of osteoporosis depends on the choice of technology and site of the test (forearm, hip, heel, etc.) The optimal frequency of testing is unclear, but intervals of two to five years are most consistent with current understanding of the tests.



**DENTAL AID** - Assisting a group of dentists from Washington state was among mission activities in Mazatlan by members of the Bridgeview Community Church Youth Group.

## Major development planned above community of Harbor

**By Curry Coastal Pilot**  
Designs for "Harbor Hills," a 700-acre, master-planned development above the unincorporated Harbor community are to go before the Curry County Planning Commission this month. Lots would range from a quarter-acre to one acre or larger, and the proposed development would straddle the ridge between Harbor the Chetco River Valley. Half the lots would have ocean views; the other half would face the river valley and Siskiyou National Forest. Some 600 lots are to be

developed, including some multifamily lots. Developers plan approximately 1,200 homes in "Harbor Hills." If the development is approved, a design team will try to incorporate many original designs for Brookings, set forth by Bernard Maybeck, but never realized. Developers say that the community would have plazas, parks, fountains and low-speed roads. The latter would involve gravel shoulders in place of curbs, similar to those found throughout hill towns in Europe, according to plans announced by the developer.

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