

COMMUNITY LIFE

By KC Cowan and Don Snedecor
The Southwest Portland Post

1 Goddesses and Villains: Artist Erika Rier’s new exhibit is an exploration of the inner life of women and the turmoil of the modern world as seen through mixed media. The artist’s reception is on Friday, Sept. 1, 7-9 p.m. The show runs through Oct. 3 at the Multnomah Arts Center Gallery, 7688 SW Capitol Highway. For more information call 503-823-2787.



Dragon Slayer: An original t-shirt design by artist Erika Rier. The artist’s work can be seen throughout September at the Multnomah Arts Center Gallery. (photo courtesy Erika Rier)

7 Pursuit of Happiness: Everyone deserves to be happy, right? Learn about happiness through science, philosophy, religion, and psychology. Sharon Rose, retired college educator, shares strategies to make our lives more content. This event takes place on Thursday, Sept. 7, at 2 p.m. at the Mittleman Jewish Community Center, 6651 SW Capitol Highway. Free and open to the community.

8 Football at Wilson/Alumni Night: Come on out and support your Trojans! This varsity high school football game is at Wilson Stadium (1151 SW Vermont St.) on Friday, Sept. 8, at 7 p.m. vs. Lakeridge.

9 Hike along the future Red Electric Trail: The SW Trails walk this month will be led by Rick Kappler and will showcase parts of the future Red Electric Trail. The group will walk on Trail #7 to Maplewood, crossing Oleson Road into Bauman Park near Fanno Creek. They’ll walk on side streets in Hayhurst. The walk is 5.5 miles with 200 feet elevation gain. Meet at Wilson High School on Saturday, Sept. 9 (behind the bleachers, Sunset Boulevard and Capitol Highway) and be ready to carpool to Gabriel Park at 9 a.m. Well behaved dogs, on leash, are allowed. For more information



Wilson High School’s varsity football team takes on Lakeridge on Sept. 8. (photo courtesy Wilson Athletics)

visit www.swtrails.org. To volunteer to lead a walk in your neighborhood, contact Virginia Hendrickson (vehendric@comcast.net).

23 Wild Food! Ever wonder what free food there might be out in the wild? Learn about what’s safe to eat with John Kallas in a three-hour workshop on local wild food and foraging for families. This event takes place on Saturday, Sept. 23, from 1– 4 p.m. at the Garden Home Community Library Annex, 7306 SW Oleson Rd. Free. For more information, call 503-245-9932.

24 Hank & Claire’s tribute to Pete Seeger: Gather around for songs and stories of a folk hero. Together with Pacific Northwest musical duo Hank and Claire, you

will learn how Pete Seeger’s social activism on labor, civil rights, war and the environment inspired his music. They’ll share the stories of Seeger’s life, historic photos and lead a sing-along. This event takes place on Sunday, Sept. 24, 2–3:15 p.m. at the Capitol Hill Library, 10723 SW Capitol Highway. Registration is required; register online, in the library or by calling 503-988-5123.

24 Mariachi Viva Mexico! Nothing sets your toes tapping like an authentic mariachi band. Trumpets, violins, guitars and vihuelas combine to create lively, spirited music. Free tickets available 30 minutes in advance. This event takes place on Sunday, Sept. 24, 3–4 p.m. at the Hillsdale Library, 1525 SW Sunset Blvd. For more information, call 503-988-5123.

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