

COMMUNITY LIFE

By KC Cowan and Don Snedecor
The Southwest Portland Post

5 Restore the ravine! Help remove invasive English ivy and restore the biodiversity of Tryon Creek Ravine. Friends of Tryon Creek are holding a series of work parties, and you get a free lunch, too! Saturday, Sept. 5 and Saturday, Sept. 19. Meet at 9 a.m. at the Nature Center of Tryon Creek State Natural Area, 11321 SW Terwilliger Blvd. Wear sturdy shoes and bring a water bottle, but tools are provided. You must register. Call 503-636-4398 for more information.

6 A big truck day at the J! What child doesn't love big trucks? Bring your youngsters, ages 3 – 6 to the Mittleman Jewish Community Center parking lot, 6651 SW Capitol Hwy. on Sunday, Sept. 6 at 11 a.m. and hear drivers explain their big rigs up close and personal. Live music and art sidewalk sale, too. Free.

8 Historic exhibition at Nordia House: In the autumn of 1943, Danish citizens successfully rescued 7,000 Danish Jews from imminent arrest and deportation to concentration camps. "Denmark October 1943" commemorates this event in a series of posters and photos with narrative, Sept. 8 through Oct. 31. Opening reception is the evening of Tuesday, Sept. 8 at Nordia House, 8800 SW

Oleson Road. For details visit www.scanheritage.org or call 503-977-0275.

12 Trail, tram, trolley and train: Don Baack will lead the 4T walk on Saturday, Sept. 12. Meet behind the bleachers at Wilson High School (Southwest Sunset Boulevard and Capitol Highway) and be ready to go by 8:45 am. Explore all the TriMet transit options on one walk! From the bus catch MAX at Pioneer Square to the Zoo. Then walk up the Marquam Trail to Council Crest, down the trail to OHSU, and then ride free down the Portland Aerial Tram to South Waterfront, then north on the trolley back to Pioneer Square and bus back to Wilson High School. The loop will have 700 feet elevation gain and 1,100 feet loss and take three to four hours. Bring a snack, water, good boots, sunglasses, and dress for the weather. On this particular walk dogs are not allowed. For more information or to volunteer to lead a future walk in your neighborhood, contact Sharon Fekety, fekety@hevanet.com.

13 Trot like a Trojan! Join the Wilson High School community for a family-friendly, non-competitive Trojan Trot 5K Walk/Run sponsored by the WHS Boosters. Sunday, Sept. 13. Check in at 8 a.m. and the race starts at 9 a.m. All ages and fitness levels welcome to participate. The course begins and ends at the Wilson High School track. Adults (18+) \$35, youth (6-17) \$15, children (0-5) free. Contact Angela Duarte at Alduarte0@gmail.com. Proceeds benefit WHS students.

19 Coptic stitch notebook: Make your own journal from scratch on Saturday, Sept. 19, 2 – 5:30 p.m. at the Hillsdale Library, 1525 SW Sunset Blvd. You'll learn how to bind your book using the four needle Coptic stitch, an ancient binding technique. Perfect for making your own notebooks, albums, and journals. Free, but registration is required. Go online, visit the library or call 503-988-5234.



New acrylic and watercolor paintings by Scott Erwert will be shown Sept. 4-29, at the Multnomah Arts Center Gallery. Opening reception Friday, Sept. 4, 7-9 p.m. Visit www.multnomahartscenter.org for details. (Courtesy MAC)

22 Strategies for a sustainable income in retirement: For many Baby Boomers, retirement is not far away. But are you ready? Come to a workshop Tuesday, Sept. 22, 6:30 – 7:30 p.m. at the Capitol Hill Library, 10723 SW Capitol Hwy. Establish retirement goals and strategies for a sustainable income in retirement. Registration required, so please register online, in the library or by calling 503-988-5385.

26 Vellamo: Folk Duo from Finland: Vocalist Pia Leinonen and guitarist Joni Tiala combine the rich tradition of Finnish folksong with a "retro" sensibility, creating a magical acoustic experience. The 45-minute concert is at the Central Library, in the Collins Gallery, on Saturday, Sept. 26, at 2 p.m. Free.

29 Get Crafty! Learn how to use paper to create traditional

paper crafts representative of Poland and Denmark. Learn how to make Polish "Wycinanki" (folding and cutting stars and people) and Danish hearts through cutting and weaving. Join this free class on Tuesday, Sept. 29, 4 – 5:30 p.m. at the Hillsdale Library, 1525 SW Sunset Blvd. Seating is first come, first served. Call 503-988-5388 for more information.

Help redesign Spring Garden Park. Community gathering on Tuesday, Sept. 29, 5:30 – 8 p.m., at the Multnomah Center Auditorium, 7688 SW Capitol Hwy. Review and comment on preliminary conceptual designs for Spring Garden Park. Feedback is needed on a \$1.5 million plan to develop the park. Part of the funds will hire a landscape architect. For additional information, contact Elise or Hun at 503-823-5596.

Parker Realty, Inc.



**Marshall Park
\$294,500**

Three bedroom fixer! This home was built in 1937 and is situated on a large 14,800 square foot lot. Complete new kitchen, including cabinets and

quartz countertops. Very quiet street and peaceful setting with old growth trees. This home offers 918 square feet of living space with an additional 450 square feet of unfinished space in the basement. Close to Multnomah Village with easy access to freeways.

The inventory of houses for sale in the Portland Metro area remains at historic lows. High demand for homes in our area coupled with low interest rates and lack of homes for sale translates to higher prices! If you are thinking of selling contact us today for a free market analysis.

503-977-1888 • 7830 SW 35th Ave., Portland, OR
www.parkerrealtypx.com



Jeff Parker
Your Neighborhood Realtor Since 1980



Portland's Favorite Neighborhood Pet Supply Stores

**New Multnomah Village Location
3612 SW Troy Street
(Right behind Switch Shoes)
971-222-2686**

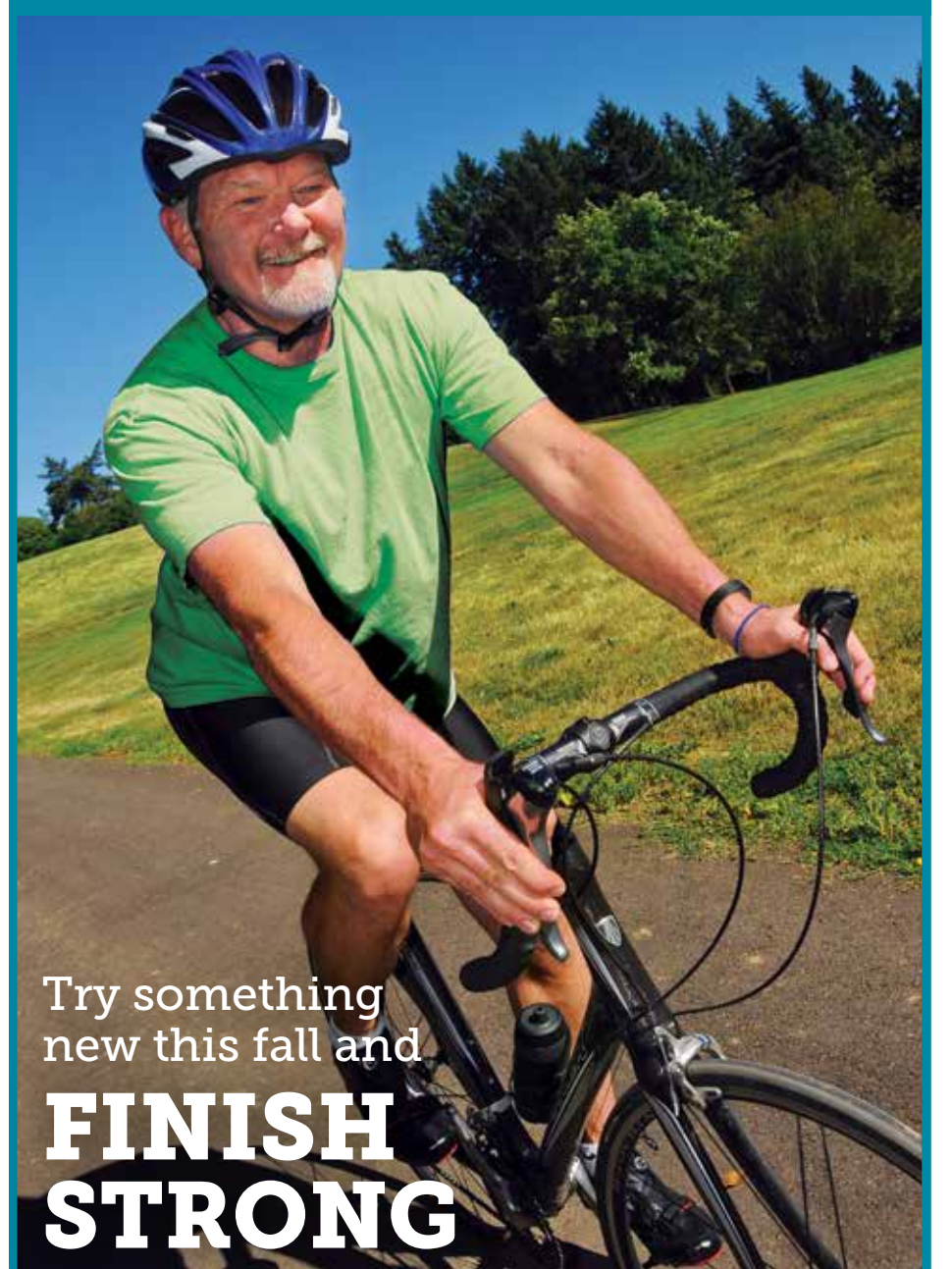
We have three more convenient locations in Portland

4435 SE Woodstock Blvd 1736 SE Hawthorne Blvd 2100 NE Alberta St
503-889-0789 503-236-8036 503-249-6571

www.healthypetsnw.com

The Natural Alternative for Pet Foods & Supplies

PCC CommunityEd



Try something new this fall and

FINISH STRONG

pcc.edu/communityed

