

Health Department



SACRED TOBACCO FOR CULTURAL USE

The Siletz Tribal membership, with support from the Siletz Commercial Tobacco Prevention and Education Program and Siletz Farm Program, are proudly working to restore the connection with Columbian Tobacco to establish a sustainable access point to tobacco as a traditional medicine.

The intent of this program is to provide tribal members with traditional tobacco for ceremony, traditional practices, and personally held cultural beliefs. Supplies may be limited depending on availability, currently restricting requests to tribal members 21 years and older.

To request* sacred tobacco, go to:

<https://ctsi.nsn.us/cultural-tobacco-request-form/>

*while supplies last

If you have any questions, please email Alex Lane at AlexH@ctsi.nsn.us

Volunteer Garden Days

Come learn and grow with us!

4th Friday of Each Month!



SCHC Farm Property
5213 Logsdan Rd.

Contact Zeph Mullins at
JamesM@ctsi.nsn.us for more information

FIX TICKS

by First Nations Veterinary

Order free monthly flea and tick medication to keep your pet, family and community safe. Sign up today and protect your furry friend from pests!

Order at [Fixticks.org](https://fixticks.org)



Step 1:
weigh your pet



Step 2:
Order the free medication



Step 3:
Apply to your dog or cat once per month

Nations We Serve:

We currently serve the **Hopi** reservation, as well as the 9 federally recognized tribes in Oregon: the Confederated Tribes of the **Umatilla** Indian Reservation, Confederated Tribes of **Warm Springs**, Confederated Tribes of the **Grand Ronde** Community of Oregon, **Coquille** Tribe, **Klamath** Tribes, **Burns Paiute** Tribe, **Siletz** Tribe, **Cow Creek Band of Umpqua** Tribe of Indians, and **Shoshone-Bannock** Tribes.

Requirements To Participate:

Pets must reside within the boundary of a reservation we serve, be over eight weeks old, and have medication sent to an address on a reservation. Both PO Boxes and physical addresses are acceptable.

For more information visit fixticks.org

Tick Information



What are ticks?

- Ticks are small blood-feeding arachnids found in wooded areas, grasses and shrubs
- They can transmit diseases to humans and animals
- There are over 900 species of ticks

Common types in North America

- Black legged tick
- American Dog Tick
- Brown Dog Tick
- Lone Star tick

Diseases

- **Lyme Disease:** rash, fever joint pain
- **Rocky Mountain Fever:** fever, rash, joint pain
- **Ehrlichiosis:** Flu-like symptoms
- **Babesiosis:** anemia
- **Anaplasmosis:** flu-like symptoms
- **Alpha-gal Syndrome:** Allergic reaction to red meat (affects humans only)

How to remove ticks from animals:



What to do if you've been bitten

- Remove the tick promptly using tweezers
- Clean bite area w/ soap

Seek Medical Attention if Symptoms Develop

- Use fine-tipped tweezers or a tick-removing tool
- Grasp tick close to the skin and pull (do not crush, twist or burn the tick while on the skin)
- Clean the site and monitor for illness
- See image at top of page for visual

Most importantly: ticks are preventable with monthly medication! Order at fixticks.org