

USDA distribution dates for June

	Siletz
June 3	9 a.m. – 3 p.m.
June 4	9 a.m. – 3 p.m.
June 5	9 a.m. – 3 p.m.
June 6	9 a.m. – 3 p.m.
June 7	By appt only
June 10	9 a.m. – 3 p.m.

For those who work during these hours, we will open the warehouse on the first or second Saturday of each month for better efforts to meet your schedule at the Siletz warehouse.

These appointments will need to be scheduled in advance. Thank you!

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Salem

June 4	By appt only
June 11	9 a.m. – 3:30 p.m.
June 12	9 a.m. – 3:30 p.m.
June 13	9 a.m. – 3:30 p.m.
June 18	By appt only

Our Salem location will start to open up for two Wednesdays after distribution, for those who miss their original appointment, with limited fresh produce.

These appointments will need to be scheduled in advance as well.

Thank you!

Sammy Hall, USDA Food Distribution Manager
541-444-8279 or 541-390-0763
sammyh@ctsi.nsn.us

Chicken Adobo

Ingredients:

- 2 lbs chicken
- 1 Pack of pork ribs (bone in)
- 1/3 cup soy sauce
- 1/4 cup white vinegar
- 2.5 tbsp brown sugar
- 1 tsp whole black pepper
- 3 garlic cloves
- 2 -3 cups of water, just enough to cover the chicken
- 2-3 tbs flour
- 1 green onion, for garnish

Instructions:

Put everything in a big pot and bring to a boil.

Reduce heat to medium and simmer for 30-45 minutes, turning over every 5 minutes.

After meat is cooked through, add a little flour to thicken juice a little.

Serve over rice.

Tribe seeks to update its record of Tribal veterans

It is important for the Tribe to keep a current updated record of our Siletz Tribal veterans. So often we are totally unaware of Siletz veterans who have served our nation, especially our younger veterans.

We are also trying to track how many Vietnam-era veterans have served and also how many were “boots on the ground.” I would appreciate it if you could help supply us with this much-needed information. Thank you!

Buster Lane, Tribal Vet Rep.
P.O. Box 549
Siletz, OR 97380-0549
veteranscoordinator@ctsi.nsn.us
Direct: 541-272-9054

Information for Veterans

- A veteran or a family member whose veteran is enrolled in the VA only has 72 hours to report a non-emergency room hospital visit so as not to get billed.
- There is a new program for veterans called Veterans Appeal Improvement Modernization Act – for those veterans who have been waiting too long for their appeal to be addressed. Again, this is a new program.
- For veterans who are enrolled into the VA system – you can also apply to join My Healthy Vet to have access to your local VA doctor, prescriptions, etc. This is a very useful tool.
- Also, some veterans have joined EBenefits to try to take care of their VA needs online, but first you must be eligible to apply for VA benefits. I’m here to help you in that VA enrollment process. It’s your choice to try EBenefits or let me assist you.
- The VA can be a very complex program and very trying to one’s patience – and I have experienced certain road blocks. So please give me a call and I will do everything within my means to make sure you can enroll in the VA system.
- Our VA presumes that spinal bifida in biological children of certain Vietnam-era veterans who were exposed to Agent Orange was caused by the veteran’s military service. Eligible children may receive VA benefits.

Contact Buster if you have questions on any of these items.



Photo by Andy Taylor

Left-to-right: Nick Vandersloot, Gerald Ben, Bud Lane, Buddy Lane, Loraine Butler, Dee Pigsley, Estaban Camacho Steffensen, Judy Muschamp, Selene Rilatos, Reggie Butler Jr., Robert Kentta, and Miranda Williams.

New mural at the Siletz pharmacy celebrates traditional medicine and culture

A vibrant new mural now graces the exterior of the newly built Siletz Tribal Pharmacy. The pharmacy, now named Chaa-may dvn or “Medicine Place” in the Dee-ni language was completed in January 2025.

The mural was completed on May 15, 2025, and is the work of Oregon muralist Esteban Camacho Steffensen, whose art is known for blending ecological themes with cultural storytelling.

Tribal council, clinic and administration staff all came down to speak with the artist and view the completed project.

The Siletz Community Health Clinic and the Health Committee put out proposals for the mural, when the pharmacy was in its early phases. The mural was envisioned in the pharmacy’s development as a

way to honor Siletz tribal traditions, medicine, and community identity.

Esteban was selected by the Health Committee for this project. He is a multi-disciplinary artist with more than 15 years of experience that has collaborated with many types of organizations - ranging from schools, tribes, cities, and more. He is well known for his strengths in cultural representation.

While he is located in the Pacific Northwest, he loves traveling to his mural locations and embracing the community. Esteban specializes in mural extremes, with murals as big as 50,000 square feet in color.

Esteban’s signature style features dynamic landscapes that draw viewers in, encouraging them to explore the finer details and feel a connection to the movement

and meaning within the piece. His murals often highlight critical species, ecosystem relationships, and human perspectives, aiming to inspire environmental stewardship and cultural pride.

The Chaa-may dvn mural is no exception. It weaves together imagery of traditional Siletz medicine, native plants, and culture in a way that honors the past while celebrating the present. If you come to the pharmacy, be sure to stop for a while and see it. The more you look at it the more things come to life in this work.

Esteban has done an amazing job capturing our people on the new mural. We are grateful for the opportunity to have worked with him, and pleased with his dedication to the project and abilities.