

Health Department



June 13th, 2024

LGBTQIAP+ PRIDE MONTH



Come Celebrate Pride Month with Siletz
Harm Reduction & CARE Team!

- ✂ Come join & tie dye your own shirt! ✂
- ✂ Get a pride goodie bag ✂
- ✂ Enjoy some good snacks ✂
- ✂ Learn about what "two-spirit" means, safe relationships & safe self ✂

1 PM - 4 PM in Siletz
in the field behind the Community Garden

Pride is for everyone!



RELATIONSHIP WITH CAMAS

Sign up for
Camas seed
collection and
bulb digging!

Events will take place at the
end of June and early July

Locations TBD. Open to Tribal members,
Siletz families, and CTSI staff

Please reach out to the Siletz Clinic Farm
Program to sign up:

JamesM@ctsi.nsn.us or 541-444-8237 ext. 1327

Myth: "Light" cigarettes are less harmful.

Truth: "Light" cigarettes only refer to the
flavor of the cigarette and have the same levels
of nicotine and tar as "Regular" cigarettes.

Siletz Community Health
Department



CULTURE IS PREVENTION



1-800-QUIT-NOW
AI/AN Line Now Available



Alex Lane

Community Education Coordinator
Commercial Tobacco Cessation Services

541-444-9682

Monday—Friday, 7am-3:30pm

. 1-on-1 Counseling

. Nicotine Replacement Therapy

. Creating a Personalized Quit Plan

. 24/7 Support, 1-800-QUIT-NOW
(1-800-784-8669) and Press 7