

SILETZ ORTHODONTIC SCREENING DATES

Monday, June 3rd, 2024

Monday, June 10th, 2024

Thursday, June 13th, 2024

Friday, June 14th, 2024

Please call us at 541-444-9681 to schedule an orthodontic screening for the 2025 Ortho Program.



Announcement

The Confederated Tribes of Siletz Indians has prepared the proposed 2025-2027 477 Self-Sufficiency Program Plan (Proposal to Consolidate Various Federal Programs Under P.L. 115-93 (Amended P.L. 102-477) Indian Employment, Training and Related Services)

The plan document is available from May 1, 2024, through June 15, 2024, for review and comment. The document is available on the website at <https://ctsi.nsn.us/tribal-services/social-services/477-ssp/> or available to review in person at the area offices in Eugene, Salem and Portland.

Please submit comments by June 15, 2024, to:

Siletz Self-Sufficiency Program
P.O. Box 549
Siletz, OR 97380-0549
477ssp@ctsi.nsn.us
541-444-8222

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

Oregon public benefits hotline: 800-520-5292
Oregonlawhelp.org

What is our story and our path? Are we listening to the earth and what she needs?

By Nancy Ludwig, MS, RDN, LD,
Siletz Tribal Head Start Nutritionist

As part of my role as a consultant nutritionist to Siletz Tribal Head Start, I offer information for families and the community. This month my focus is on the power of story as we evolve on this planet.

Our world is heating up. It appears that Mother Earth is struggling. Perhaps she is reaching the end of a cycle to die and to be reborn. What is our part in this story and in this cycle?

Throughout the ages, the original peoples of earth have carried prophecy and instruction for these times.

I recently watched a video call with Leah Lamb interviewing Jyoti Ma (Jeneane Prevatt, Ph.D.) about *Earth Stories: Myths and Prophecies*. Jyoti Ma is an internationally renowned spiritual teacher who has cultivated projects that demonstrate ways of life that honor the earth and all peoples.

As the grandmother vision keeper of the Center for Sacred Studies, she co-founded Kayumari with spiritual communities both in America and Europe. Other projects she has helped to convene are the International Council of Thirteen Indigenous Grandmothers and the Unity Concert.

She is the founder of The Fountain. Its mission is to restore an economic model based on reciprocity and collaboration guided by nature and the sacred. Currently as a delegate of the Mother Earth Delegation of United Indigenous Nations, a collaboration with The Fountain has grown, creating a global movement for and with the earth that is ready to activate the New Day.

Stories are used in many different ways. Sacred storytellers generally have a message to share. Story has a way of bypassing the mind to reach our hearts and shape our consciousness.

In a medical setting, our health history can be considered as our story or our narrative. People can use the term story to

mean something we tell ourselves that may or may not be true. Sometimes it is suggested that we “change our story.” Stories instruct us. There are codes in stories told by elders.

Prophecy is a live story with an intelligence of its own that prepares us. Stories are not literal; they are spoken with symbol and metaphor, etc. Story often offers a way to see what is possible.

Apocalypse, or the end of the world, is also seen as a lifting of the veils according to Michael Mead. To prevent our stories from being hijacked and used against us, we must listen deeply for new opportunities and new ways. It is time to brighten up in this moment of truth.

Apparently from what I have learned from many sources around the Eagle Condor Prophecy, we are in a great cleanse as an earth cycle ending falls into a beginning around 2026. Earth travels through 26,000-year cycles as she expands and continues to develop her own evolutionary consciousness. We are finishing up a cycle and this is to be earth’s sixth extinction.

Jyoti Ma explained that this time, human beings are part of the “choicing moment” to enter into this next 26,000-year cycle. In order to unify us, we can step away from blame about what went wrong as this divides us.

She stated that according to prophecies of many nations (Indigenous and spiritual paths), earth has moved through the lower chakras and we are moving into heart. We have been told to get ready for this moment of climate change with tornados, volcanoes, earthquakes, etc. “The mother is in movement,” as the elders say. I was moved as she asked if we can we say **yes** to her.

Every single one of us has a cord of understanding from our own family lineage and our own personal work that we have come to stand with in this moment. We are encouraged to light ourselves up, as light and bright as we can – in the middle of our family, our community, our village. To light ourselves fully so that radiance can mingle with who we really are. This is

our story. I ask, “What does this mean? I wonder how we step fully into our stories?”

Colonization was the movement that marginalized Indigenous populations and cut us off from nature – our access to receive instruction. The colonizers were takers with an attitude of extraction from nature. In other words, what we could take or get, rather than receive. This economy did not work and brought us to this global crisis.

Now is our time to listen more than ever to the earth and what she needs. As we restore and heal our relationship with Mother Earth, she is pleading for us to “change our ways.” It is time to surrender to the mother. Not give up, but to listen.

Life is in motion, expanding and growing itself. What is our part? What do we need to cultivate individually – or as a collective? How do we shine our light and turn the table of economy upright where we are all sacred and valued?

How do we align with nature? How do we practice and what is our impact on earth? How do we balance giving and receiving? What is the importance of our light and what we bring to this pivotal time?

In Jyoti Ma’s telling of the “Blue Bonnet,” she called it a story of our times. This is a story of drought where a rainmaker came to help a village. He created a bonfire and asked all to sit with themselves, consider what was their most precious item and then put it into the fire so the rains would come. Much detail was shared in story form, of course.

In the end, the story focused on a small child who was clinging to her most precious doll. Her mom and dad had died several years earlier and the last thing they had given her was this doll, who wore a blue bonnet. She felt her parents were in this doll and she connected with them through this doll.

After rocking the doll all night while wondering what to do, she realized she needed to give her most precious doll to the fire. The fire was calling for it. With tears rolling down her cheeks, she walked with intention and love for her people and

the earth. She said her last goodbye to this precious doll and placed her in the fire. Then she went back home to sleep. She awoke to cheering and rain. Then she saw there were blue bonnets everywhere, as far as the eyes could see.

This is the choice we are in right now! How will we feed this story?

My role in my writing is about health and nutrition as a community concern with cultural relevance. Perhaps I’m deviating a bit far by venturing into story. After all, blue bonnets in this story are symbolic.

I do not recommend them for consumption as they are toxic when consumed in large quantities. They do have a place in our environment for beauty, however, and they are ecological powerhouses. As legumes, they are soil enrichers, grabbing and fixing nitrogen into the soil to support the plants that follow. Pollinators love them too.

Now is the time for listening to Mother Earth and responding in our transformation and our health. With colonization, many of us have lost our connection with nature. Earth carries our story. As for food and our nourishment, it seems logical that we align with nature vs. fighting her as we bring our attention, our light and our gifts to support Mother Earth.

Without her, we are lost. May we bring this alignment to our food sources and practices.

Please know that Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist. We want to support your children and families.

Resources

- Center for Sacred Studies at <https://centerforsacredstudies.org/>
- The Fountain at <https://thefountain.earth/>
- The prophesy at <https://thefountain.earth/mother/>