



## Siletz youth need our help!

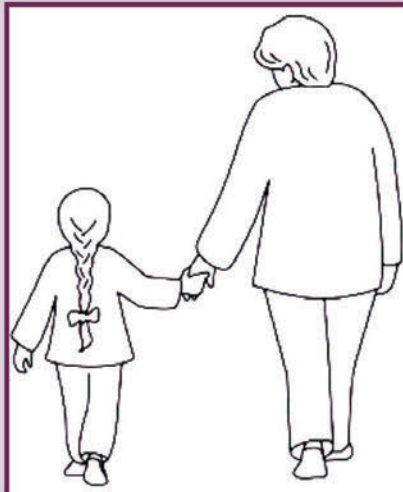
### Have you ever thought about being a foster parent?

Do you want to volunteer your time to help foster youth? Siletz Tribal members around the state are needed to host foster children and also to volunteer to support struggling Tribal families.

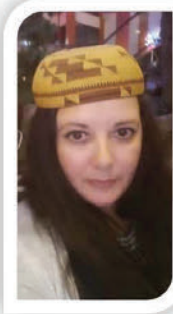
Our team at ICW is working to build a network of volunteers so we can keep foster kids close to their parents and culture, and build lasting relationships with other Tribal members.

**Foster application and Q&A:**  
<https://ctsi.nsn.us/become-a-foster-parent/>

Welcome to the ICW Team!  
Call or email Gail Barker  
Foster Family Coordinator  
541-444-8272/gailb@ctsi.nsn.us



### New Salem Area Office Supervisor



My name is Sarah Ellisor. I have an associate degree in psychology and a bachelor's degree in business management.

Over the last 26 years, my journey has always been helping others. In 1998 with the adult education fund from our Tribe, I was able to get my CNA certification and work for Salem Hospital. In 2000, I moved to Portland and worked Providence Milwaukie Hospital for 19 years. During that time, I was able to further my education with the help of the education grant, which opened up more doors in my career. My last position at Providence was managing the Outpatient Infusion Clinic and the Direct Access Colonoscopy Program.

During the pandemic, I was given an employment opportunity with NARA NW from a CDC grant given to the Oregon Health Authority to help raise awareness for colorectal cancer screenings in American Indians/Alaska Natives. I coordinated the CRC Control Program and was part of the Chronic Disease Team, where we helped clients get their preventative services while addressing their barriers to care. We would get them food, clothes, transportation, help with housing and whatever else they needed.

I have given presentations to the Portland Indian Health Board, Tribes in Oregon and Washington, OHA, OHSU Research Network Collaborative, and the Kaiser Research Center on the different needs of Native communities. I was given the opportunity from Kaiser Permanente to help make an educational visual story pamphlet for American Indians on colorectal cancer screenings. In 2023, I received an award from the Western Colorectal Cancer Consortium for my work with Native communities on CRC awareness and addressing barriers that each community has in both Oregon and Washington.

On a personal note, I am a mother of four young men. I moved back to Salem last year from Portland so I could be closer to my parents and other family. I just recently found out I'm going to be a grandmother for the first time in October. It's a girl and I am so excited.

My hobbies include crafting, painting, playing games, gardening, cooking and learning new things. I got my master food preserver certification from OSU because I wanted to learn how to preserve the foods I have grown so I can have them all year long.

Feel free to reach out to me anytime if there is anything else you would like to know.

For information about the Siletz Tribe, visit our website at [www.ctsi.nsn.us](http://www.ctsi.nsn.us).

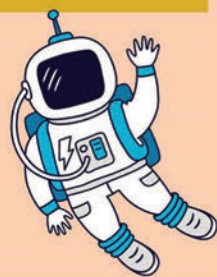
## CTSI VIRTUAL CULTURE NIGHTS

### Upcoming Dates:

**Wednesday, June 5 at 6 pm: Pine Nuts**



## IN-PERSON LANGUAGE AND CULTURE CLASSES



### June: Pine Nut Necklaces

Siletz (Community Center) -Monday, June 10 at 6 pm  
Eugene Area Office-Monday, June 17 at 6 pm  
Portland Area Office -Thursday, June 20 at 6 pm  
Salem Area Office-Monday, June 24 at 6 pm

### July

No evening culture classes. Join us for Culture Camp!

Sponsored by the Education and Culture Departments  
Questions? Contact Nick Viles at [nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us) or 541-270-5814

## Patient Financial Navigator

### Supporting Your Health Care Financial Wellness

Are you confused, frustrated and lost in the maze called health care? Patients are often unaware of the many changes with their insurance, government programs, employer's coverage and all the "rules" associated with getting health care services paid.

#### It's not easy to navigate health care, but help is available!

- Have you lost coverage or have no coverage?
- Are you receiving past due bills? Collection agency contacting you?
- Are you turning 65 in the next year and need to enroll in Medicare?
- You decided not to enroll in Medicare and are now facing penalties?
- You want to be sure your care is covered and how much it will cost?

These are a few examples of where a patient financial navigator can help. They are certified by the State of Oregon to provide Oregon Health Plan and Federal Marketplace counseling and enrollment assistance. Help is confidential, non-judgemental and individualized to you and your family.

**Dedicated to the health and well-being of the members of the Confederated Tribes of the Siletz Indians and the local community.**

Patient Financial Navigator – Amy G. Garrett – SCHC Business Office  
Phone: 541-444-9674 – Email: [amyg@ctsi.nsn.us](mailto:amyg@ctsi.nsn.us) – Fax: 541-444-9678

**CTSI Jobs – Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).**