



Hands on Food for Youth



Youth will learn how to make
nutritious, easy,
healthy meals
for breakfast, lunch, and/or snacks!

Dates: Wed. July 26th
August 2nd
August 16th

Harvesting Juncus at
Farm
August 19th
Sign up today!

Time for
Mountain Huckleberries
in the
Cascade Mountains
Sign up today!

Healthy Traditions
at the Siletz Tribal Community Garden
For more information, email Kathy at
kathyk@ctsi.nsn.us or call
541-444-9627

This event is open to Siletz Tribal members
and their families

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