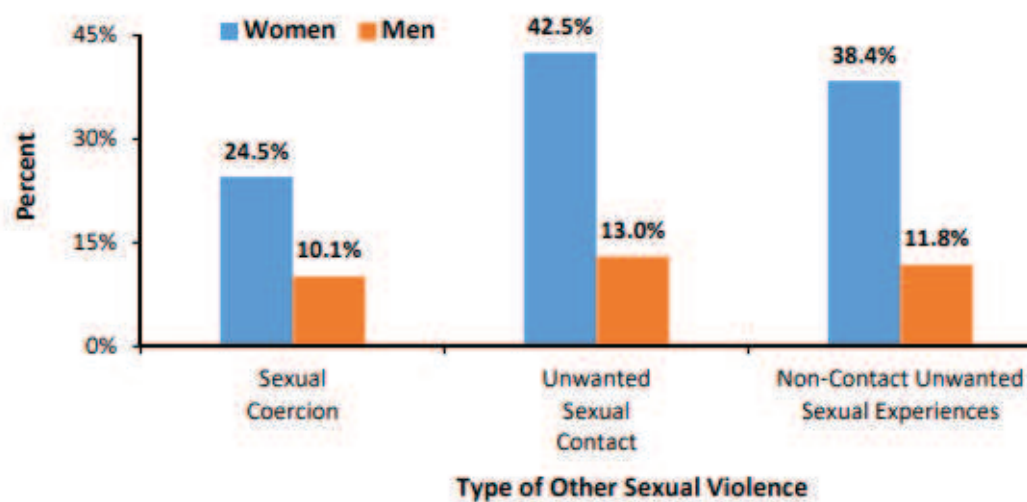


Health Department



April is Sexual Assault Awareness Month

Figure 3. National Lifetime Prevalence of Other Sexual Violence Among American Indian/Alaska Native Women and Men, by Type



Of the Native victims of “Other Sexual Violence” in the U.S., 1 in 4 women and 1 in 10 men experience sexual coercion; 1 in 3 women and 1 in 8 men experienced non-contact unwanted sexual experiences, and roughly 1 in 2 (2.4) women and 1 in 8 (7.7) men experience unwanted sexual contact.

DOOR DECORATING CONTEST FOR SEXUAL ASSAULT AWARENESS MONTH

Decorate your office, home or any door in honor of Sexual Assault Awareness Month.

There will be 3 grand prizes for the best decorated door in one of the 3 categories.

- 1.) Impact
- 2.) Creative
- 3.) Cultural



We are so excited to see everyone’s amazing doors. Please email a picture of your masterpiece to Rachelle Endres at rachellee@ctsi.nsn.us. Feel free to call with any questions - 541-444-9638.

Know the Difference: Sacred Vs Commercial

Sacred Tobacco

1. One of the sacred medicines used in ceremony. Tobacco, sweet grass, sage, and cedar.
2. Can be used as a gift to an elder for teaching new skills and sharing knowledge.
3. Sacred tobacco can be offered during prayer and ceremony to connect with Creator.
4. Used in Pipe Ceremony at an opening of a gathering, though it is typically NOT inhaled.
5. While gathering you can leave Sacred tobacco as a thank you for what you’ve collected.

Commercial Tobacco and Vapes

1. One of the leading causes of cancer in the world. Lung, throat, mouth, and colon.
2. Has damaging effects on your brain development when learning and growing skills.
3. Increase the risk of Heart Disease, a leading cause of death for American Indians.
4. Advertising targets youth to keep gaining new customers. because these products kill.
5. Cigarettes and Vapes contain Formaldehyde, a chemical used to preserve dead bodies.

Siletz Community Health Department

Alexander Harding
Community Education Coordinator
Commercial Tobacco Cessation Services
• 1 on 1 Counseling • Nicotine Replacement Therapy
• 24/7 Support, 1-800-QUIT-NOW • Creating a Personalized Quit Plan
(1-800-368-6050) and Press 7
541-444-9682, 7am-3:30pm Monday—Friday

CULTURE IS PREVENTION

1-800-QUIT-NOW
AI/AN Line Now Available