

Healthy Traditions



Practice your traditions!

For more information regarding activities contact
Healthy Traditions

541.444.9627 or kathyk@ctsi.nsn.us

Willamette Falls
is a special place
to Siletz Tribal
families.

If you are interested in going
to get eels, are not able to
physically go but would like
to receive eels, please
contact me.

You can be added to our
contact list to continue the
practice of this tradition.

Contact Healthy Traditions at
541-444-9627 or
kathyk@ctsi.nsn.us



Willamette Falls is one of the few places with harvestable eel
populations and where we can practice this tradition to feed
our families.



Eel Cleaning

Raymond Ben
and
Dillon Blacketer
demonstrating
cleaning eels and
helping teach at
Culture Camp.

Healthy Traditions Mission Statement

The CTSI
Healthy Traditions project
seeks to improve
the health of
Siletz Tribal Members
through educational
activities which promote the
use of traditional foods
through hunting, gathering,
gardening, cooking, food
preservation
and protecting our natural
resources.

