

Winter

"REZIPE" SWAP

Send us your recipes that use traditional foods, are classic recipes with a "rez" or Indigenous twist, or are family recipes that you would love to see in the spotlight on our Facebook page!

Email Danical@ctsi.nsn.us

STEP CHALLENGE!!

SILETZ HOLIDAY HUSTLE CHALLENGE!

STARTS **15**
DECEMBER

<https://www.eventbrite.com/e/ctsi-holiday-hustle-tickets-467987371827>



Holiday Survival Baskets!

Sign up, only 100 baskets available!
We will be providing some "holiday" meal staples as well as some fun activities for the whole family. One basket per household!



More information : Danical@ctsi.nsn.us