



Siletz Community

Find us on Facebook! Siletz Community Health Department



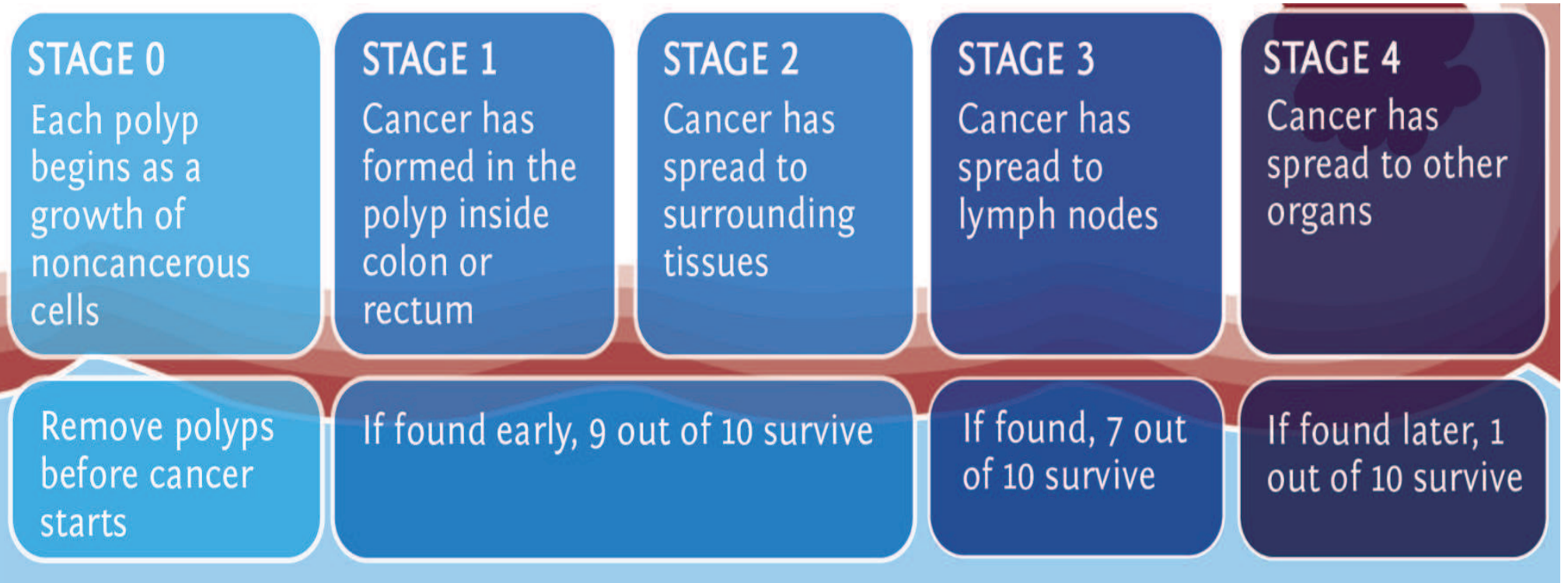
During National Native American Heritage Month, we pay tribute to American Indians and Alaska Natives (AI/AN). We honor the health of Native people and strive to foster healthier AI/AN communities by distributing relevant health information and prevention screenings.

End Colon Cancer

▶▶▶▶▶ in Indian Country

- **What is Colon Cancer?**

- A disease in the large intestine (colon) and rectum.
- Most colon cancers start as small noncancerous clumps of cells called polyps. Without treatment, polyps can turn cancerous.



QUIT SMOKING	EAT FRUITS & VEGGIES	WEIGHT CONTROL
GET SCREENED	EXERCISE	LIMIT ALCOHOL USE



Almost all colonoscopies in the United States are performed with patients under some level of sedation or anesthesia that prevents them from feeling anything. Often, patients are asleep for the entire procedure.