



Courtesy photo
Miranda Williams

She collaborated with internal (clinical and community-based partners) and local, Tribal, state and federal entities. As part of the COVID-19 response, she was given a special assignment as home support lead to collaborate and partner to ensure essential resources and services were effectively coordinated across the service area in Navajo communities.

Miranda has significant experience and training in improved patient care initiatives using building blocks from the Institute for Healthcare Improvement model for health care improvement. She has 19 years of combined experience as a supervisor, public health and clinical care systems, program development, implementation and evaluation to enhance and progress Indian health care and services.

She is a member of the Institute for Healthcare Improvement, Association for Diabetes Care and Education Specialists, and the American Public Health Association with primary interest groups in applied public health statistics, epidemiology and community health workers.

Miranda has multiple team recognition awards, such as the Navajo Area Indian Health Service Award for Out-

For additional resources and information: <https://www.usfa.fema.gov/prevention/outreach/cooking.html>

standing Group Performances, Indian Health Service Individual Director's Award for Fostering Relationships and the National John Pipe Voice of Change Program Award for Innovative Program by the American Diabetes Association.

As a reflection of her systematic program successes, the improvements have blended public health and clinical medicine to effectively meet the needs of American Indian populations.

"It's an honor to serve in my community as the SCHC health director," said Miranda. "I'm excited to be home in my Tribal community building on existing projects and services to elevate the health and wellness of our Tribal community."

Miranda's interests include hiking, camping, and spending time with her family and children.

Recipe for Preventing Turkey Fryer Fires



When you fry foods, you increase the risk of a cooking fire. Keep in mind the potential dangers of deep frying a turkey:

- ✓ Use your turkey fryer only outdoors on a sturdy, level surface well away from things that can burn.
- ✓ Check the temperature often with a cooking thermometer so the oil won't overheat.
- ✓ Determine the correct amount of oil needed by first placing the turkey in the pot with water.
- ✓ Use long cooking gloves that protect hands and arms when you handle the pot, lid and handles of a turkey fryer.
- ✓ Make sure your turkey is completely thawed before you fry it.

For more information and free resources, visit [usfa.fema.gov](https://www.usfa.fema.gov).



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Cook Safely!

Prevent Kitchen Fires



Did you know?

Cooking is the main cause of home fires and fire injuries. You can prevent cooking fires. Take these steps to keep your family safe!



- ✓ **Stand by your pan:**
If you leave the kitchen, turn the burner off.



- ✓ **Watch what you are cooking:**
Fires start when the heat is too high. If you see any smoke or the grease starts to boil, turn the burner off.



- ✓ **Turn pot handles toward the back of the stove:**
Then no one can bump them or pull them over.



- ✓ **Keep a pan lid or baking sheet nearby:**
Use it to cover the pan if it catches on fire. This will put out the fire.

For more information and resources, visit www.usfa.fema.gov



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