

477–Self-Sufficiency Program Accomplishments/Successes

The Confederated Tribes of Siletz 477 – Self-Sufficiency Program (477-SSP) is able to meet Tribal member clients where they are at in life. The program consists of a director in Siletz and a staff person in every Tribal office; including Home Visiting Program staff.

While the Vocational Rehabilitation Program (VRP) is not officially a part of 477, VRP staff are in each office and they work alongside 477-SSP staff to meet the needs of Natives who are in need of rehabilitation services.

The program offers services ranging from cash assistance to job placement and training and everything in between. The goal of the 477-SSP Program is to help Tribal member clients obtain self-sufficiency by reducing barriers to employment.

While the program needed to be more creative to assist those seeking services in the last few years with COVID setbacks, needs were still met. Program staff utilized technology such as Zoom meetings to conduct regular check-ins with their clients.

Now that COVID restrictions have lifted and offices are open, the computer lab in the administration building once again can be utilized for group training and assistance with Social Security. Clients in Siletz need only to make an appointment with one of the 477-SSP Program staff to come to the computer lab and be connected with a staff person from the Social Security office.

The 477-SSP program has transitioned to virtual client workshops and each office is rotating the hosting responsibilities. It hosted the following workshops in the quarter: Wellness, Apprenticeships and Challenges. It also provided an orientation on services and client expectations.

The program has scheduled workshops through the rest of the year and the staff is planning monthly family engagement activities through TANF Purpose 3-4. These workshops included Drumming, Regalia and Loop Earrings.

Over the past summer, 477-SSP staff worked diligently to provide added services to TANF families. Staff once again provided assistance to Tribal families through PEA funding as part of the American Rescue Plan, combined with state TANF funds.

Each family received \$400 per child to assist with school supplies and clothing for the new school year. Most students have attended school in person this fall versus home schooling and tutoring. This created a hardship on families who are already struggling with loss of jobs, increased costs of groceries and fuel, and the stress of sick family members and the loss of loved ones.

The staff also ran a virtual summer job program where Tribal students were paid to participate in classes, do research and complete homework. They were able to learn and get ready for school to start again. They also earned money to pay for their own items, school clothes, etc. It was a great success and we received positive feedback on the classes.

Statistical data for the first quarter 2022

Area Office	TANF	TWEX	GA	EA	NNCR	CRT	WEX	OJT	DP	SS
Eugene	0	0	6	0	0	1	0	0	0	1
Portland	3	0	16	0	0	2	0	0	1	1
Salem	1	0	2	0	0	0	0	0	0	0
Siletz	16	0	35	1	0	0	4	1	0	1
Total	20	0	59	1	0	3	4	1	1	3

Highlights in the quarter:

- * 53 applications, including 27 new cases
- * 37 approved files in the second quarter
- * Staff made 82 outside referrals
- * 3 clients entered unsubsidized employment
- * 12 clients had positive closures

Home Visiting: Let your toddler help with safe things in the kitchen as they learn

Toddlers love to help. By helping, they are practicing their growing independence, contributing to the family and enjoying time with the adults in their life.

Having toddlers help in the kitchen is a great way to encourage their interest in cooking and healthy eating. If they have helped to make something, they are more likely to want to taste it. As they help in the kitchen they can engage all of their senses, utilize their fine motor skills and learn concepts such as counting and sequencing (first we wash the fruit, then we cut it up).

Prep the space by removing any sharp knives, hot liquids, cleaning supplies or anything else that may be unsafe for your child. If you have a sturdy stool for children to stand on, you can let them stand

at the counter away from the stove. If it is easier, let them work at the table or even a low play table.

Clean off surfaces and wash hands before you begin. Any time your toddler is in the kitchen or prepping and cooking food, they should be supervised by an adult working with them.

Cooking with a toddler does require patience. Be prepared for it to be a little messier than usual and take a little more time. Remember this extra time and effort on your part is a great investment in your child's development and health.

Here are few things to try:

- Wash fruits and vegetables. As they wash their fruit and vegetables, talk about the texture, color, taste and nutritional value.
- Stirring. Give them a bowl and wooden spoon and let them stir room temperature ingredients. At first they may need some help and things will

go over the edge, but with time and practice they will get the hang of it.

- Pouring. Children love to pour! Use small measuring cups to pour dry ingredients into a mixing bowl. Let them try pouring some liquids as well. Have a large enough container for them to pour into and be prepared for some spillage.
- Mashing. So much fun to mash things. Let them try using a masher or a fork or even their hands (probably their favorite) to mash a banana, avocado or a cooled boiled potato.
- Kneading, rolling and using cookie cutters. Play dough is a favorite for toddlers. You can let them help you make homemade playdough or make cookies or bread. They can help knead, roll and cut out shapes. Cookie cutters can be used to make shapes in bread, tortillas, fruit, pancakes and more. Be creative.

Here is a simple snack recipe your toddler can help you make.



Fruit Yogurt Dip

- 1 cup nonfat plain yogurt
- 1 tablespoon honey (never serve honey to infants under 1 year of age. Honey may contain bacteria that can make an infant very sick.)
- ¼ teaspoon ground cinnamon

Combine all ingredients in a medium bowl and mix well. Serve with cut-up fruit of your choosing. Bananas, apples, pears and strawberries are great choices.

Home Visiting is for families expecting a baby or who have an infant or toddler. For information about Home Visiting and eligibility requirements, contact Lori Christy at loric@ctsi.nsn.us or 503-390-9494.

2022/2023 HUNTING/FISHING/GATHERING INCENTIVES

Reminder to all Siletz Tribal members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the season's end and you could receive one of the following Cabela's gift card incentives.

HUNTING INCENTIVES

\$100 ~ \$75 ~ \$50
CABELA'S GIFT CARDS

FISHING INCENTIVE

\$50
CABELA'S GIFT CARD

SHELLFISH INCENTIVE

\$50
CABELA'S GIFT CARD

Please report all harvests to:
Mike Kennedy
541-444-8232
mikek@ctsi.nsn.us
or
Rosie Williams at
541-444-8227
rosiew@ctsi.nsn.us

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2023. All Siletz Tribal artists are encouraged to submit a pow-wow-themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. They also will have their logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the cultural education director's office at the Siletz Tribal Community Center or mail them to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than March 3, 2023.

Royalty Crown Proposals

The Pow-Wow Committee is now accepting proposals for 2023-2024 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown must include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than March 3, 2023. Proposals should be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or buddyl@ctsi.nsn.us.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.