

Health Department



EVENTS

September 2022

**Paint rocks and make beaded keychains for ECM
in Siletz, Wednesday, Sept. 7 - 5-7 pm**

Virtual Book Club

Every Thursday @ 3:30 pm

New Trauma Support Group

Every Wednesday @ 5:30 pm

Virtual Talking Circle

Sept. 22 @ 5:30 pm

Contact Rachele Endres at rachelee@ctsi.nsn.us

Community Health Air Purifier program

The Program is to assist eligible Siletz Tribal members in **any area with unhealthy to hazardous air quality due to forest fires**, who are at increased risk for particle-related effects; in protecting themselves and their families by providing them with an air purifier. Please note there is a limited amount available and it is first-come first-serve.

Guidelines: Siletz Tribal members who request an air purifier should meet the following guidelines.

- You must live in an area where the air quality impacts your health due to forest fires. This will be verified by staff, then once verified you must meet one of the following qualifications.**
- You are part of the vulnerable population:
 - 6 and under
 - Pregnant
 - Tribal Elder, Or

How can you find the current air quality?

You can find the current air quality for any area in the United States at the EPA and Partners website Air Now www.airnow.gov. Simply enter in the ZIP code, city or state for that area.

What is air quality index?

Good 0-50	Air quality is considered satisfactory, and air pollution poses little or no risk.
Moderate 51-100	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.
Unhealthy for Sensitive Groups 101-150	Members of sensitive groups* may experience health effects. The general public is not likely to be affected.
Unhealthy 151-200	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.
Very Unhealthy 201-300	Health alert, everyone may experience more serious health effects.
Hazardous 301-500	Health warnings of emergency conditions. The entire population is more than likely to be affected.

If you think you may be eligible and are interested in this program, you can apply by copying and pasting <https://www.surveymonkey.com/r/P5KFKPF> to your internet browser

Or contact Community Health to do it over the phone at: (541)444-9613

Congratulations to the two winning logos for the Impalas Car Club in recovery raising awareness of human trafficking through a harm reduction lens in Indian Country. These logos will be used for swag for this event. Thank you to everyone who entered the contest and we can't wait to see you all there!

HEAT ADVISORY

- Limit sun exposure.
- Check up on the elderly, sick and those without AC units.
- Never leave kids or pets unattended in vehicles.
- Stay hydrated. Take breaks in shaded areas.
- **PEOPLE CAN BE AFFECTED BY HEAT IF PRECAUTIONS ARE NOT TAKEN.**



WE PROUDLY BRING YOU

RUN TO THE ROGUE STEP CHALLENGE

An app-led virtual journey to honor our annual event, get some steps in, and share our progress across a Siletz Run to the Rogue-specific community app! Chat with friends, complete the journey on a team, or simply participate to honor our journey

Visit:
<https://Run2RogueStepChallenge2022.eventbrite.com>

SEPTEMBER 1-OCTOBER 14

Join us as we spend 45 days paying homage to our historical journey, share our progress, and participate in virtual challenges

Tribal Car seat and Booster seats

If you are interested in a tribal car seat or booster for your child, please call 541-444-9652 or stop by the Siletz Clinic and request an application from the CHAs.