

Vocational Rehabilitation Eligibility Awareness

Gross Motor Control

- Getting dressed
- Physical issues
- Co-ordination
- Balance

Communication

- Speech can be immature
- Gets words muddled up

Fine Motor Control

- Manipulation difficulties
- Buttons and Shoelaces
- Handwriting Issues

Concentration

- Poor memory
- Easily distracted
- Limited focus

Classroom Difficulties

- Difficulty in getting ideas on paper
- Poor listening skills
- Affected by background noise
- Difficulty in copying from the board

Organisational

- Finds planning tricky
- Memory difficulties
- Rules
- Needs visual reminders
- Sequences

DYSPRAXIA/DCD

V1.2 www.DyspraxicFantastic.com

September: What is dyspraxia?

Dyspraxia, a developmental coordination disorder (DCD), is a condition that affects the brain's ability to plan and process motor tasks. It causes disturbances in movements, planning, speech and learning new tasks, and processing new information.

Dyspraxia may adversely affect one's fine and gross motor skills, handwriting, low muscle tone, articulation, learning new information, mental health and more. Individuals with dyspraxia often have language problems and sometimes difficulty with thoughts and perception. Dyspraxia, however, does not affect the individual's intelligence. It can sometimes cause learning problems.

Experts say that **10 percent** of people have some degree of dyspraxia, while approximately 2 percent have it severely. **Four out of every five** children with dyspraxia are boys, although there is some debate about whether **girls are under-diagnosed**. Children with dyspraxia may also have **attention deficit disorder-hyperactivity (ADHD)**.

Dyspraxia/DCD is distinct from other motor disorders such as cerebral palsy and stroke. Individuals may experience changes depending on environmental demands and life experiences. Dyspraxia persists into adulthood.

Symptoms

- ✦ Poor balance
- ✦ Poor posture
- ✦ Fatigue
- ✦ Clumsiness
- ✦ Differences in speech
- ✦ Perception problems
- ✦ Poor hand-eye coordination
- ✦ Social and sensory issues: Individuals with dyspraxia may be extremely sensitive to taste, light, touch and/or noise. They may lack awareness of potential dangers. Many experience mood swings and display erratic behavior.

Accommodations: Use of a white board, checklists, electronic organizers with recorded directives, messages, task lists or a task flow chart.

Contact your local job developer/ vocational rehabilitation counselor for more information (<https://dyspraxiausa.org/dyspraxia-and-adults/>)

Makayla Jackson, Job Developer/Counselor (Eugene)
541-484-4234, ext. 1752

Tamra Russell, Job Developer/Counselor (Portland)
503-238-1512, ext. 1411

Jamie Bokuro, Intake Specialist/Coach (Siletz)
541-444-8266

Toni Leija, Job Developer/Counselor (Salem)
503-390-9494, ext. 1861

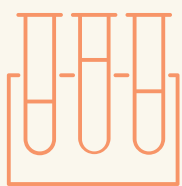
SILETZ COMMUNITY HEALTH CLINIC ANNUAL DIABETES WELLNESS VISIT

The Annual Diabetes Wellness Visit is different than your yearly physical exam. This visit will focus on gathering health information and counseling you on improving your health and preventing complications.

WHAT WILL BE REVIEWED AT YOUR DIABETES WELLNESS VISIT?



MEDICAL HISTORY



LAB RESULTS



MEDICATIONS



PROVIDER PLAN

CALL TO SCHEDULE YOUR LAB VISIT AND APPOINTMENT TODAY!

541-444-1030

ENJOY A FREE GIFT WHEN YOU ATTEND YOUR VISIT!



ONE ON ONE



VIDEO CALLS



OVER THE PHONE

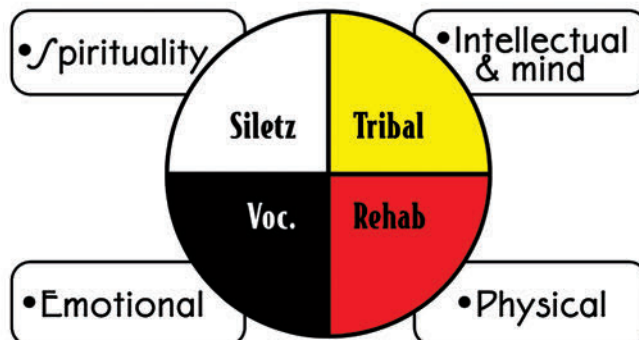
HERE TO SUPPORT YOU, YOUR FAMILY AND THE COMMUNITY! YOUR HEALTH IS OUR PRIORITY.

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

Examples of Services

- Guidance and counseling
- Referral to employment services
- Résumé writing
- Interviewing techniques
- Job coaching
- Culturally relevant and individualized services
- Evaluations, assessments and training placement opportunities
- Adaptive equipment



For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

Makayla Jackson
Job Developer/Counselor
Eugene Area Office
2468 W 11th Ave.
Eugene, OR 97402
541-484-4234, ext. 1752

Toni Leija
Job Developer/Counselor
Salem Area Office
3160 Blossom Drive NE, STE 105
Salem, OR 97305
503-390-9494, ext. 1861

Tamra Russell
Job Developer/Counselor/TSS 1
Portland Area Office
12790 SE Stark St., STE 102
Portland, OR 97233
503-238-1512, ext. 1411

Jamie Bokuro
Intake Specialist/Job Coach
Siletz Area Office
201 SE Swan Ave.
Siletz, OR 97380
541-444-8266

DAY 47 OF QUITTING

SMOKING A PACK A DAY? THAT'S \$3,000 A YEAR. QUITTING IS FREE.

1-800-QUIT-NOW or QUITNOW.NET/OREGON

SMOKEFREE oregon