

Purchased/Referred Care



Updated Hours

Effective May 2022
PRC will be open to calls:

**8 AM to 11 AM
and
2 PM to 4:30 PM**

PRC will be closed for calls during admin time between 11 AM-2 PM for lunch, team meetings and to process claims.

During admin time and after hours, calls will go to the PRC voicemail and will be processed accordingly.

Be safe. Get vaccinated. Get boosted. Stay well.

TILlicum FITNESS CENTER PRESENTS

FITNESS ON DEMAND

Want Access to Exercises you use at our gym??

We can invite you to use our app from your mobile devices or computer-hundreds of videos to keep you in shape and on routine!!

Email:

tillicumfitnesscenter@ctsi.nsn.us

kayaks rafts paddleboards lifejackets transportation accessories & more

REC CENTER RENTALS

Outdoor recreation equipment is available to check-out for Siletz Tribal Members & CTSI Staff

For FREE

For More Information

Call
541-444-9656

Email
TillicumFitnessCenter@ctsi.nsn.us

To rent, visit:
confederated-tribes-of-siletz-indians.booqable.shop
You are only charged if you fail to return equipment.

Coming in July 2022

Dial 988

from any phone to get help.

If you need immediate help now,
Text **INDIGENOUS** to **741741**.



CRISIS
TEXT LINE



"Hi, I can help with OHP."

Do you need help with OHP?

You don't have to leave your home to apply!
Applications can now be done online or over the phone.

Shop for health plans at
<https://or.checkbookhealth.org/>
or call direct at 855-268-9767.

541-444-9611

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or
541-444-8286
Eugene: 541-484-4234
Salem: 503-390-9494
Portland: 503-238-1512

Narcotics Anonymous Toll-Free
Help Line - 877-233-4287

For information on Alcoholics
Anonymous: aa-oregon.org