

# Celebrating Our First Foods!

The co-managed site where we can access nettle shoots and other plant medicines is within the area we have tended the hazel stick patch. Tribal members and their families may contact me for further info. I cannot transport anyone due to COVID restrictions.

Healthy Traditions  
541-444-9627 (office)  
or [kathyk@ctsi.nsn.us](mailto:kathyk@ctsi.nsn.us)



## “New” Garden Box Application

### 11-County Service Area - Garden Beds!

Criteria: You must be a Siletz tribal member/Siletz tribal household residing within the 11-county service area and you did not get approved for the previous Lincoln County Garden Beds application. You must have your application in by April 19, 2022.

Grant funds are limited and we will order boxes online to be delivered to your home, which you will need to assemble.

Please email your application to: [Htgardenboxes@ctsi.nsn.us](mailto:Htgardenboxes@ctsi.nsn.us). If you have any questions please call **541-272-1705**. We will notify you of your application being accepted.

#### Applicant Information

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_  
*Last First M.I.*

Address: \_\_\_\_\_  
*Street Address Apartment/Unit #*

\_\_\_\_\_  
*City State ZIP Code*

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Siletz Tribal Roll Number: \_\_\_\_\_

Since we are ordering online to be delivered directly to your home, the size and materials can vary based on supplier and availability. Some assembly will be required.

Your application must be complete and we must be able to contact you or your application will not be accepted.

Please be sure your application is complete.

We must be able to contact you or your application will not be accepted.

Thank you.  
Diabetes and Community Health Program Staff