

I can't find my COVID-19 vaccination card. How do I replace it?

If you have lost your vaccination card, here's how you can replace the card:

- **Contact the clinic or pharmacy** where you got your vaccine
- **Ask your health care provider** for a record
- Follow the instructions on the **ALERT IIS page**
- **Call 211** for help in languages other than English



Oregon
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Authority

What Can I Control About COVID-19?

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Out of our control:



New variants



Predicting what will happen next



The global spread



The duration of the pandemic



How others react



The actions and emotions of others



In our control:



Following public health guidance



Getting vaccinated



Getting a booster if eligible



Wearing a mask and washing my hands



Getting tested if exposed



Quarantining if I have COVID-19



Reaching out for support when I need it



Caring for my health and my community



Taking breaks from news and social media

Most importantly, I know I am doing everything I can to keep myself and my community healthy and safe.

Learn more at coronavirus.oregon.gov

OHA 4013 (12/10/2021)

To the editor:

Whispers

Reflectively I say, arrogance along with ignorance is not an excuse for one to hide behind. Ignoring sensitive issues can lead to negative shortsightedness. We all can be affected by this culprit.

With honesty, integrity and humbleness driven by perseverance, I'm here again with words of encouragement to spark the spirit of enlightenment, the kind that doesn't criticize or defame but deepens an echo from long past.

Removal from sacred lands was devastating. If we listen carefully with an open heart, as I can, you hear a wailing of sorrow but not surrender. It was common knowledge among the people, strength through numbers with like minds become survivors.

Envision small circles for warmth, security, Tribal families. One goal, to reach a far off unknown destination intact – mind, body and soul. Held near, nurtured, a little soul not understanding clings closely for comfort. Can you hear? A whisper. "Hush my child, think not of your tired little feet, dream of tomorrow's rainbow, go gently to sleep."

A prayer, oh Great Spirit, above all else, our children and for our children's children, they must survive this walk. With the powers of all we respect around us, they may then talk the talk. Many didn't survive this treacherous journey, but we're living proof of dedicated perseverance.

Respectfully, we must not continue the extermination of Tribal families. Their culture and heritage were brought upon the people by the powers of a time past. We're now the powers that be, able to control our destiny, our lands, most important, the welfare of our families.

Shadow families. Individuals who have been separated out, neglectfully discarded by the wayside, a throw-away commodity. Their family Tribal numbers are utilized to enhance certain Tribal geographical areas. Shadow dancers living within an environment that picks, chooses. "Eeny meeny miny moe, where does this little Indian go?" I respectfully say, enough is enough.

Our beloved ancestors walked the walk, mine a grandmother, Lucy Dick. It's time, with heartfelt honesty and grace, to step up, talk the talk for our ancestors. Leave no child or family behind.

I believe we can take personnel recognition for granted until it affects us personally. I've been a staunch believer, championed direct descendancy since the early '80s. Since last addressed, children have been born to recognized Tribal families who are unrecognized direct descendants. Some people have faded into the sunsets of final rest. More, if not addressed, will follow without acknowledgment.

Is my child less than thine? To be forgotten, left behind? Approximately 1,250 signatures are needed to bring this important issue before Tribal Council.

Peace, life and joy. Go forward, be enlightened, knowing all things are possible when we live together as one. May your New Year be blessed.

Respectfully,
Eva E. Clayton

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All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

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Editor-in-Chief: Mike Kennedy
Editor: Diane Rodriguez
Assistant: Andy Taylor