

SERVICES AVAILABLE
Mental Health Services & Life Alert

Mental Health Services

- **What services are available?**
 - Counseling Services – individual or family
 - Psychiatry Services
 - Psychology Services
 - Up to 8-visits annually (more if medically necessary)
- **Who's eligible?**
 - Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS).

- CALL PRC at 800-628-5720 or 541-444-9648 to speak with a PRC representative.
- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.

➤ **What you need to know:**

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.

- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

- Please contact your local community health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.
 - Eligibility Criteria:
 - Enrolled Tribal member eligible for PRC
 - Work with CHA to determine need/apply for local services

- Contact your local CHA –

- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through community options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

➤ **You can reach the community health advocates at:**

- Siletz – Amy Garrett at 541-444-1030
- Salem – Cecilia Tolentino at 503-390-9494
- Eugene – Adrienne Crookes at 541-484-4234
- Portland – Andrew Johanson at 503-238-1512

CTSI Jobs
Tribal employment information is available at ctsi.nsn.us.

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Use Amazon Smile to donate to STAHS

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you!

- 1--Go to Amazon.com.
- 2--In the Department drop down box, type Amazon Smile.
- 3--See Amazon Smile – You shop. Amazon Gives.
- 4--Follow the easy directions.

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

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A poster for CTSI Virtual College Info Nights Session II. The background is dark blue with a teal border. The title 'CTSI Virtual College Info Nights Session II' is in large, bold, white sans-serif font. Below the title, on a dark grey horizontal band, the date and time 'THURSDAY, JAN. 20 6:00 PM' are written in white. Underneath, the text 'LEARN ABOUT:' is followed by a list of topics, each preceded by a teal diamond icon. The topics are: Types of Federal Financial Aid, CTSI Education Department Programs (with sub-bullets: Higher Education, AVT, Adult Education, JOM/YAF), Siletz Tribal Housing Department Student Housing, 477 Self Sufficiency, and a bolded statement: 'Plus meet representatives from colleges and universities.' At the bottom, in white text, it says 'All Students and Families Welcome' and 'Contact your local education specialist to sign up and for login information'.

CTSI Virtual College Info Nights Session II

THURSDAY,
JAN. 20
6:00 PM

LEARN ABOUT:

- ◆ Types of Federal Financial Aid
- ◆ CTSI Education Department Programs
 - ◆ Higher Education
 - ◆ AVT
 - ◆ Adult Education
 - ◆ JOM/YAF
- ◆ Siletz Tribal Housing Department Student Housing
- ◆ 477 Self Sufficiency
- ◆ **Plus meet representatives from colleges and universities.**

All Students and Families Welcome

Contact your local education specialist to sign up
and for login information

**THURSDAY,
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- Types of Federal Financial Aid
- CTSI Education Department Programs
 - Higher Education
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- Plus meet representatives from colleges and universities.**

All Students and Families Welcome

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and for login information

A graphic with a pink background and a yellow CTSI Youth logo. The text "JOM FAMILIES" is written in a large, black, cursive font at the top. Below it, in a smaller, black, cursive font, is the text "Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information." The CTSI Youth logo is a yellow circle with a black triangle in the center and the text "CTSI Youth" in black. Below the logo is the text "@CTSIYouth". At the bottom, the text "Email your local Education Specialist to be added to our email list." is written in a bold, black, sans-serif font. Below this text are four columns of contact information for different areas: Portland Area Office, Siletz Area, Salem Area Office, and Eugene Area Office. Each column lists a name, a phone number, and an email address.

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

Email your local Education Specialist to be added to our email list.

Portland Area Office	Siletz Area	Salem Area Office	Eugene Area Office
Katy Holland	Alissa Lane-Keene	Sonya Moody-Jurado	Candace Hill
(503) 238-1512	(541) 444-8373	(503) 390-9494	(541) 484-4234
katyh@ctsi.nsn.us	alissal@ctsi.nsn.us	sonyamj@ctsi.nsn.us	candaceh@ctsi.nsn.us



“Hi, I can help with OHP.”

Do you need help with OHP?

You don't have to leave your home to apply!
Applications can now be done online or over the phone.

Shop for health plans at
<https://or.checkbookhealth.org/>
or call direct at 855-268-9767.

Siletz Tribal Behavioral Health Programs

**Prevention, Outpatient Treatment, and Women's and Men's
Transitional Living Center**

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

**Siletz: 800-600-5599 or
541-444-8286**

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

**Narcotics Anonymous Toll-Free
Help Line - 877-233-4287**

For information on Alcoholics Anonymous: aa-oregon.org