

February Garden Tips

Gardening at home is a great way to get fresh air and exercise. Here is one easy way to get a new garden started in your yard that does not require a tiller or shovel.

To get started, start your seeds inside a window select a area that will get plenty of hours of sunlight. You could also buy healthy plant-starts from a retailer. Lay wet cardboard and/or newspapers down on the area. Lay a bag of soil on top of the cardboard, poke holes all over the top of the bag. Flip it over, and cut a big rectangular hole, or individual holes for each separate plant. After the season is over, your cardboard will have deteriorated and provided a nice area to dump the bag of soil on and it's ready to plant again. This is the easy way to start a No-Till gardening area. For more resources, google: No Till Gardening

Plan what veggies you would like to grow this year and orders seeds early.

Plant windowsill gardens of peas, lettuce, or herbs.

If you already have a flower bed site in your yard, porch or window plant strawberries and vegetables' into the flower bed.

When soil is dry enough and workable, plant garden peas or sweet peas.

Clean up debris and trim winter damage to trees and shrubs.

Make a cold frame to start early vegetables or flowers.

Prune fruit trees and blueberries.

February is a good time to plant fruit trees and deciduous shrubs.

Plant seed flats of cold crops indoors or in greenhouse. (cabbage, cauliflower, broccoli, Brussels sprouts)

Tune up your lawn mower/garden equipment before the busy season begins.



Mission Statement

The CTSI Healthy Traditions project seeks to improve the health of Siletz Tribal Members through educational activities which promote the use of traditional foods through hunting, gathering, gardening, cooking, food preservation and protecting our natural resources.

For more Healthy Traditions information, contact Kathy Kentta-Robinson, call (541) 444-9627, or email, kathyk@ctsi.nsn.us