

Hunting and Fishing Photo Competition

Healthy Traditions is dedicated to promoting traditional foods culture and is inviting tribal families to submit photos that we can use to promote hunting and fishing. Photos can be submitted from any year, including historical photos.

Photo submissions must include:

- Name
- Mailing Address
- Phone number
- Names of people in photo
- Optional: Description of photo, location of where and when photo was taken

First Place prize will include a \$100 gift card to Cabela's. The Natural Resources Committee will assist with judging photos. By submitting a photo to the competition, you are giving permission for Healthy Traditions to use the photo for promotion purposes. Send submissions to KathyK@ctsi.nsn.us by February 1st, 2021.

Thank you for passing on our food traditions to the next generation!

TRADITIONAL FISHING SEASON IS OPEN until December 29th

Practice Your Traditions!

Traditional Fishing Success!

This season I have had two tribal members let me know they have netted fish out at the Euchre Creek tribal fishing site.

If you need assistance finding the fishing sites, contact me and we can make arrangements for you to follow me in your vehicle to the sites.

*CTSI Tribal fishing license and tag are required**

Healthy Traditions outdoor activities and gardening space would not be successful without the many other CTSI programs that allow some of their staff to assist with the coordination, and the physical work of maintaining land, and resources.

Thank you to the CTSI Public Works, Natural Resources, Diabetes/Fitness, Community Health, and Behavioral Health programs!

Have a blessed and safe Winter Solstice!

**Kathy Kentta
Project Coordinator
Healthy Traditions**

**Office: 541.444.9627
Work Cell: 541.272.1705
Email: kathyk@ctsi.nsn.us**