

Oregon has new requirements for face coverings, limits on social get-togethers

PORTLAND, Ore. – In response to the alarming rise in COVID-19 case counts across Oregon over the last several weeks, Gov. Kate Brown has announced new requirements for face coverings and limits on social get-togethers.

Effective July 15, Oregon's face covering requirement will be expanded to apply to outdoor public spaces when six feet of distance cannot be maintained. In addition, indoor social get-togethers of more than 10 people will be prohibited.

The gathering limit applies only to indoor social get-togethers. This new rule does not change the operation of businesses or churches at this time (**see graphic on next page for changes that started July 24**).

Brown noted that failure to comply with the new requirements would lead to more outbreaks of COVID-19 and more restrictive closures with greater impact on Oregon's economies, communities, health care systems and families.

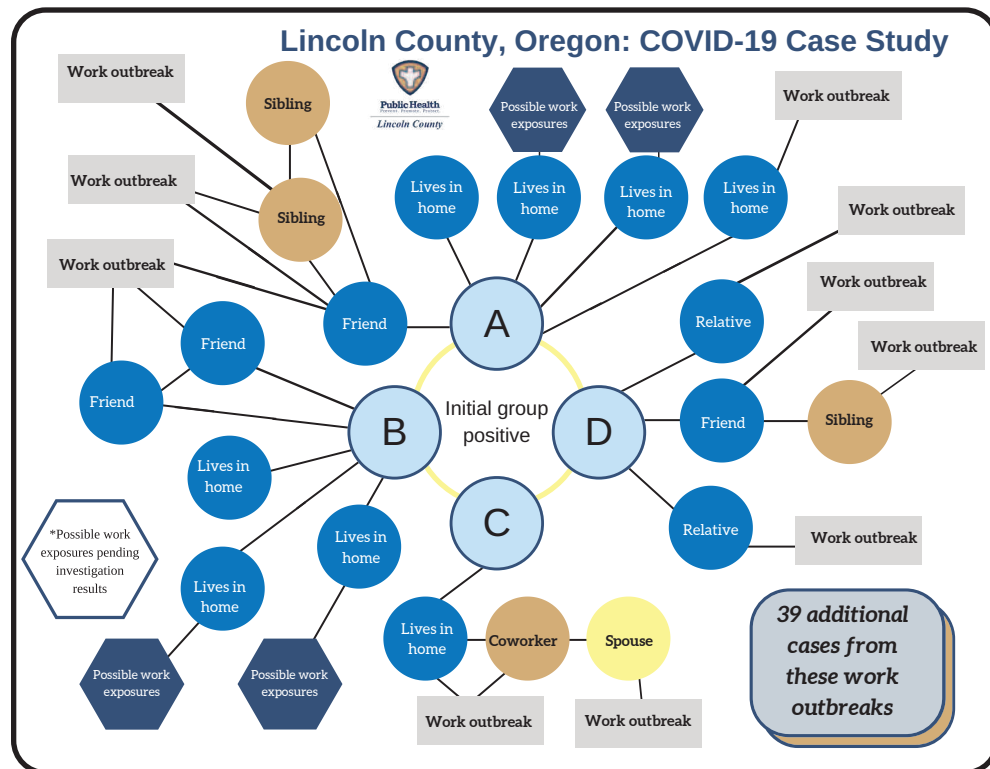
"We need to do absolutely everything

we can to reduce transmission in ways that do not require us to close down businesses again," said Brown. "The proof here will be in the numbers. Either people will adhere to this requirement and be a positive force for stopping COVID-19 or I will be forced to take more restrictive measures. It all depends on you. Your choices determine our future."

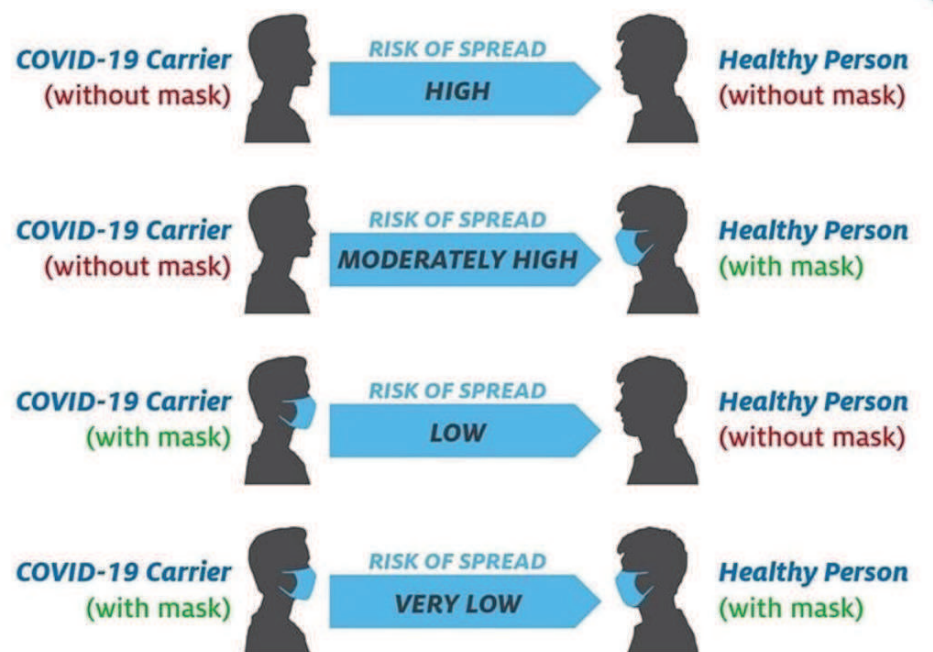
Brown shared the following facts about COVID-19 in Oregon:

- Oregon reported more cases in the past week than in the entire month of May.

- The last time Oregon had less than 100 cases in a single day was more than a month ago.
- Half of all cases in Oregon are from people under the age of 40 and one third of all cases are from people under the age of 30.
- Currently, people in their 20s and 30s are the most likely group to get sick with COVID-19.
- Two Oregonians in their 30s have died from COVID-19.



When social distancing isn't possible...
WEAR A MASK TO PROTECT YOURSELF AND OTHERS



Culture Camp videos to remain online

All of the instructional videos posted on the Tribal website during this year's Culture Camp will remain up on the Tribe's website indefinitely. You can find them in the Tribal members section of the website at ctsi.nsn.us.

Be safe. Stay home if you can.

Wear a mask and social distance out in public.

Exercise a little patience. We're in this together.

Additional LIEHP help available

The Siletz Tribal Housing Department has received additional funding for the Low Income Energy Assistance Program (LIEHP), so clients can access assistance for utility bills through the Housing Department.

Please keep in mind that LIEHP is not just for housing residents.

Contact Casey Godwin at 541-444-8311 or 800-922-1399, ext. 1311, for details.

Siletz Clinic services provided during COVID-19 pandemic

Phone – 541-444-1030 or 800-648-0449

Please call the clinic for current available services as things change rapidly and we may offer more or fewer services depending on COVID-19's impact in the community. Current services being offered are listed below along with some answers to questions we've been asked.

Available Services

Medical/Lab – Visits are available by phone or video. Some patients are brought in when their health care requires it. Please call your medical team to discuss any concerns.

COVID-19 – If you think you have been exposed to someone with Covid-19, please call the clinic and we will discuss self-isolation guidelines and determine if you meet criteria for testing. The clinic does provide COVID-19 testing.

Optometry – Visits are available to patients with an eye emergency or hardware emergency. Please call the optometry department to discuss any concerns.

Medication Assistance Therapy (MAT) – Visits are available by phone or video.

Behavioral Health (A&D counseling/mental health counseling) – Visits are available by phone or video.

Pharmacy – Continues to provide services. You can pick up your medication at the clinic for curbside pickup or your medication can be mailed to you. Delivery services are also available in the Siletz community.

Dental – Visits are available to patients with a dental emergency only. Please call the Dental Department to discuss any concerns.

Community Health – Continues to support members in navigating resources

during the pandemic. For additional information, follow Community Health @ Siletz Health Clinic on Facebook.

Purchased/Referred Care – Is providing PRC numbers and processing claims. Staff is working altered/reduced hours, so please call again if you do not receive a call back as staff may be out

Questions we've been asked

- Will the clinic call me to reschedule my March appointment that was canceled?
 - If you've not received a call from the clinic to date, please contact the clinic to schedule a phone or video appointment.
- May I schedule a routine physical now?
 - Probably not, but call if there are special circumstances. For example,

if you need a physical for your job, every effort will be made to assist you.

- I have an optometry appointment scheduled in three weeks. Will my appointment be canceled?
 - Possibly. The clinic is canceling appointments within a two-week period in hopes that appointments will not have to be canceled, but for now it's likely to be canceled.
- I'm a Tribal member and need A&D services (or MAT) now. Do I have to wait until the pandemic is over?
 - No, call the clinic to schedule. You can access any service being offered.

We thank you all for doing your part in overcoming the pandemic and doing your best to keep us all healthy and safe. We're all in this together.