

TESTING FOR CORONAVIRUS

Who can be tested?

- Anyone who has symptoms
- Anyone who is having a medical procedure



Testing requires a clinician's order

How do I get a test?



- If you have a medical provider, call them first.
- If you don't have a medical provider you can call:
 - Lincoln Community Health Center
 - 541-265-4947
 - Samaritan Health Services
 - 541-768-7080

What is the cost?



Free! Most health insurers in Oregon have agreed to waive co-pays, co-insurance and deductibles for:

- COVID-19 testing
- An in-network provider office visit or a visit to an in-network urgent care center to be tested for COVID-10
- An emergency room visit to be tested for COVID-19,
- Immunization for COVID-19, should it become available

If you don't have health insurance call 541-265-0430 for help enrolling



News update from Portland Parks & Recreation

Hello, Portland Parks & Recreation friends, customers and partners,

First and foremost, I hope you and your family are healthy and safe. We have missed you, but we also appreciate everyone following Gov. Brown's Stay Home, Save Lives directive during the COVID-19 public health crisis.

Our team has adapted to help meet the community's most urgent needs while continuing to keep your parks clean and safe:

- Your neighborhood parks, trails and natural areas are still open.
- We have redeployed team members as Park Greeters to make sure people know how to use their park system safely during the pandemic.
- To diminish the spread of COVID-19, we closed pools, community centers and art centers. We also canceled our recreation programs, environmental programs and permitted park events.

These actions have helped protect public health but have also impacted revenues that fund bureau operations. We have had to lay off or not hire hundreds of valued seasonal employees – your exercise instructors, swim teachers, camp counselors and many other important PP&R team members. These employees are the heart of our programs and they will be missed.

This summer, we are refocusing our resources on the community's most urgent needs. That includes an enhanced Lunch + Play program to help make sure families have nutritious food during the summer.

Due to the ongoing impacts of COVID-19, we will be unable to open our community centers or outdoor pools this summer. We must also cancel all summer programming and events, including outdoor camps, Summer Free For All and the Portland World Soccer Tournament. If you are registered for an activity now through the end of August, or if you have any questions about refunds, please visit portlandoregon.gov/parks/article/756846.

As you may know, many of PP&R's services depend on program fees paid by you, our customers, including revenues from our community centers, classes, tree permits, swimming lessons, permitted events and more. Closures and cancellations mean that we cannot earn those necessary revenues.

This crisis has grown our resolve to fulfill Commissioner Nick Fish's vision of a Sustainable Future for PP&R to ensure that we can serve all Portlanders. That work is ongoing and we will continue the community and City Council dialogue to gauge Portlanders' willingness to preserve and restore critical park and recreation system services.

Thank you for reading this important update. I'd like to leave you with one exciting piece of news – PP&R is now delivering online recreation programs with our new Stay and Play video series! We want Portland kids, families and seniors to stay healthy, learn new things, play and be entertained by their friends at PP&R while community programs are canceled.

We look forward to seeing you again soon. Until then, know that your PP&R team is hard at work, keeping our community healthy, active and connected.

Best,

Director Adena Long, Portland Parks & Recreation

Be safe. Stay home. Stay well.

Money for rental relief in Oregon

Oregon Housing and Community Services will receive \$12 million from the (Oregon) Emergency Board, with \$8.5 million for the COVID-19 Rent Relief Program. Eligibility threshold is 50% AMI (area median income, middle number of all incomes for a given area). Funding will go through Community Action Agencies.

The other \$3.5 million is for Safe Sheltering Resources that will be utilized for Oregonians experiencing homelessness and the farmworker population.

Details are available at oregon.egov.com/ohcs/Pages/statewide-homeless-populations-taskforce-covid-19.aspx.

See additional information on COVID-19 on pages 1 and 9.

Below is a map of Community Action Agencies throughout Oregon. All of the agencies have their own websites and phone numbers are listed below. Each agency receives Emergency Housing Account and State Homeless Assistance Program funds that can be used to pay for short-term emergency assistance like hotel/motel. Some have Rapid Rehousing programs or other housing programs.



- ACCESS - 541-779-6691
- Community Action Agency (CAO) - 503-693-3221
- Community Action Program of East Central Oregon (CAPECO) - 800-752-1139/541-278-5671
- Community Action Team, Inc (CAT) - 503-397-3511, ext. 2003
- Community Connection of NE Oregon (CCNO) - 541-963-3186 Office/541-786-2311 Cell
- Clackamas County Social Services (CCSS) - 503-655-8641
- Community in Action (CinA) - 541-889-1060, ext. 101
- Community Services Consortium (CSC) - 541-704-7627
- Klamath/Lake Community Action Services (KLCAS) - 541-882-3500
- Lane County Human Services Division (LCHSD) - 541-682-3797
- Mid-Columbia Community Action Council (MCCAC) - 541-298-5131
- Multnomah County Dept. of County Human Services - 503-988-7453
- Mid-Willamette Valley Community Action Agency (MWVCAA) - 503-585-6232
- NeighborImpact - 541-323-6502
- Oregon Human Development Corporation (OHDC) - 503-245-2600
- Oregon Coast Community Action (ORCCA) - 541-435-7080/541-435-7773
- United Community Action Network (UCAN) - 541-492-3501
- Yamhill Community Action Partnership (YCAP) - 503-883-4172