

Siletz Community Dental Clinic now offers dental implants – how to find out if they are right for you

Millions of people in the U.S. have lost at least one tooth. If you're one of them, you may be considering the surgical procedure of dental implants but are unsure whether implants are right for you.

Good dental implant candidates are in good health and have a fully developed jaw. Ideally, you should also have a sufficient quantity of quality bone in your jaw to anchor the implant.

To be a good candidate for dental implants, you have to commit to a high level of oral hygiene to look after your implanted teeth and surrounding gums. Regular brushing and flossing are imperative as are periodic checkups and professional cleanings.

To determine whether dental implants are right for you, the Siletz Community Dental Clinic can carry

out a thorough evaluation of your mouth and jaw. This will include a CT (computed tomography) scan.

A CT scan produces a two-dimensional image but we have special technology that turns it into 3D. This helps us identify any areas of bone loss and assess your sinuses and location of nerves – critical information ahead of a dental implant.

Medical conditions that could mean you're not an ideal dental implant candidate include:

- Significant immune deficiencies
- Uncontrolled gum disease (periodontitis)
- Cancer
- Uncontrolled diabetes
- Alcoholism
- Connective-tissue disorder

- Hemophilia, which impedes blood clotting

You may still be a good dental implant candidate if you have a medical condition. It depends on the severity and extent of the ailment. We'll need to carefully evaluate your situation and may need to work with you and your physician to improve your overall health.

Other factors that may raise questions about your suitability for implants are:

- You have undergone high-dose radiation treatment to the neck or head.
- You are pregnant. The American Pregnancy Association says high stress levels in an expectant mother can affect the development of her baby. Any surgery is likely to heighten

anxiousness during an already stressful time.

- If you are prone to excessive teeth clenching or grinding, this could put too much pressure on implants, causing long-term damage.
- If you take certain medications, including steroids or drugs that suppress the immune system.
- You're a smoker/vaper. This will hinder healing, reducing the likelihood of a satisfactory implant procedure.
- You are a young person whose jaw bone is still growing.

If you think you might be a good dental implant candidate, we can perform a detailed examination to determine whether implants are your best option. Call 541-444-1030 or 800-648-0449 to schedule your examination today.

2020 College Students Summer Internship Program Deadline

Students attending college can apply for the Tribe's 2020 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Assistant General Manager Tina Retasket or the education specialists at any Tribal area office to request an application.

This program assists Tribal students with locating internship placements to gain work experience in their field of study. Up to 10 slots are available for 2020.

Students can work up to 300 hours at Tribal minimum wage (currently \$12.75/hour) and can be placed within or outside of the Tribe.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June, but must be completed by Sept. 30, 2020.

Students should send a completed application and an unofficial copy of transcripts to:

<u>By Mail</u>	<u>By Fax</u>	<u>By Email</u>
CTSI	541-444-2307	collegeinterns@ctsi.nsn.us
Attn: College Internship Program		
P.O. Box 549		
Siletz, OR 97380-0549		

Deadline for applications to be received at the Siletz central administration building is **4:30 p.m. on March 13, 2020.**

Culture Craft Nights
Dentalium Stringing Class

Siletz

Siletz Community Center
March 2 • 5-7 p.m.

Eugene

Eugene Area Office
March 3 • 5-7 p.m.

Portland

Portland Area Office
March 9 • 5-7 p.m.

Salem

Salem Area Office
March 10 • 5-7 p.m.



Siletz Tribal members are invited to come and learn how to string dentalium. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320

Sponsored by the Education and Culture Departments

Culture Craft Night
Maple bark class
Ch'ee-shi ch'ee-lan'tr'e'

Siletz

Tribal Community Center
April 6 • 5-7 p.m.

Eugene

Eugene Area Office
April 7 • 5-7 p.m.

Portland

Portland Area Office
April 13 • 5-7 p.m.

Salem

Salem Area Office
April 14 • 5-7 p.m.



Siletz Tribal members are invited to come and learn how to peel and process maple bark. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320; or 800-922-1399, ext. 1320.

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