



Healthy Traditions

Join Healthy Traditions seasonal activities
to gather traditional foods

Our gathering activities are open to Tribal members
and their families.

For questions, please call
Healthy Traditions
541-444-9627



CTSI Healthy Traditions Presentations

Jan. 7	1-3 pm	Eugene
Jan. 14	1-3 pm	Salem
Jan. 21	1-3 pm	Portland
Jan. 28	1-3 pm	Siletz

Kathy Kentta-Robinson is the Project Coordinator for the Confederated Tribes of Siletz Indians Healthy Traditions program. She is a Siletz Tribal member and is teaching and practicing harvesting traditional foods. Healthy Traditions activities reinforce our connection to the land, rivers and sea. The practice of gathering Siletz traditional foods is preserving our traditional ecological knowledge (TEK) and passing our traditions on to our families. Please join us to hear her speak about Healthy Traditions programming for the upcoming year.

477/SSP Siletz Tribal Home Visiting Program is coordinating monthly trainings/presentations on a variety of topics each month in all of our area offices. The presentations are open to the community and anyone is welcome to join.

For more information or questions, please contact Jessica Hibler,
CTSI Home Visiting Program
541-484-4234