

Youth Council sets 2020 meetings, encourages young people to join and learn

The Siletz Tribal Youth Council will start off 2020 with a meeting on Jan. 18 in Portland. Youth Council is truly a valuable experience that offers participants the chance to gain leadership skills, learn about culture, education, wellness and how to give back to the community. All Tribal youth, sixth grade and older, are welcome to attend and participate.

Last year, the Youth Council put together winter kits to help the houseless population around Portland, helped at a meadow restoration project at Mary's Peak outside of Corvallis and toured the Long House and Tribal residency hall at the University of Oregon.

Each year a handful of Youth Council members (age 15 and older) are selected to attend the national UNITY conference. Conference attendees are selected by their level of participation in Youth Council events during the year, by demonstrating leadership at school and in communities, and also by writing an application essay and sharing positive grade reports.



Courtesy photo

Members of the Siletz Tribal Youth Council at the University of Oregon

The national conference this year will take place in Washington, D.C., on July 3-7. Please encourage youth to attend each Youth Council meeting as it increases their

chances to attend the national UNITY conference and also helps energize Youth Council projects.

For those of you wondering how to

get your youth involved, each area office has representatives who help organize and transport local youth. For Lincoln County youth, please contact Prevention staff Dee Butler at 541-444-9618 or Jacob Reid at 541-444-9659.

For Portland Area youth, please contact Education Specialist Katy Holland at 541-238-1512. For Salem Area youth, please contact Education Specialist Sonya Moody-Jurado at 503-390-9494. For Eugene Area youth, please contact Education Specialist Nick Viles at 541-484-4234.

Also, for further updates please follow the youth-led Facebook page: Siletz Tribal Youth Council.

Upcoming meetings are planned for Feb. 22, April 20 and May 16, locations TBA. Please reach out if you have any suggestions or questions, or would like to get your youth involved. Our youth are our future and we should help them flourish.

Siletz Community Health Clinic

Important Schedule Changes Coming Feb. 3, 2020

In an effort to improve care and access, the clinic is restructuring same-day visits. The goal is to:

- Increase access to your primary care provider for acute services such as: sore throat, flu symptoms, UTI, migraines, hives, rash, etc.
- Reduce your wait time at the clinic

Questions and Answers

- 1. Will the walk-in clinic be available?**
No, you will call and schedule a same-day appointment instead of showing up for the walk-in clinic.
- 2. Why is the clinic no longer offering the walk-in clinic?**
• To reduce patient wait times

- To improve your comprehensive care
- 3. If I wake up sick and there is no walk-in clinic, will I be able to see a provider quickly?**

Yes, each provider will have same-day access appointments available. You will call the clinic and be given an appointment time for that day or the next day.

4. Am I able to schedule a same-day appointment for routine care?

No, same-day access appointments are shorter appointments. For routine care, you will schedule a longer appointment time with your provider.

5. When will the walk-in clinic change to same-day access visits?

Feb. 3, 2020

Culture Craft Nights

Feather Tying Ch'ee-ta' yee-li'



Siletz

Tribal Community Center
Jan. 6 • 5-7 p.m.

Eugene

Eugene Area Office
Jan. 7 • 5-7 p.m.

Portland

Portland Area Office
Jan. 13 • 5-7 p.m.

Salem

Salem Area Office
Jan. 14 • 5-7 p.m.

Siletz Tribal members of all ages are welcome. Young people under age 10 need an adult to accompany and assist them.

Come and learn how to tie feathers for regalia and other uses. The Siletz Culture Department will provide material and instructors. If you have your own feathers/project, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320

Sponsored by the Education and Culture Departments

Culture Craft Nights

Lhuk yvth-tes (Salmon cooking on sticks)



Siletz

Tribal Community Center
Feb. 3 • 5-7 p.m.

Eugene

Eugene Area Office
Feb. 4 • 5-7 p.m.

Portland

Portland Area Office
Feb. 10 • 5-7 p.m.

Salem

Salem Area Office
Feb. 11 • 5-7 p.m.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320

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