

Make a Vegetarian Soup Mix for Gift-Giving Class

This class features a Soup Mix that is healthy, easy, and cost-effective way to spread some holiday cheer. Just select a few bags of your favorite beans, create a seasoning packet, divide them up and decorate.

You will go home with one jar, instructions and a recipe for doing this project at home!



Thursday, Dec. 19th - 5:30pm

Class is open to Siletz Tribal members and their families, one member per household please. Must pre-register

Please call Healthy Traditions to reserve your space. 541) 444-9627

Sponsored by: CTSI Community Health and Healthy Traditions

Natural Resources Updates

Remember to turn in your cultural salmon fishing report to the Natural Resources department. Each tribal member who reports a successful harvest is automatically entered in an incentive drawing for a Cabela's gift card. If you fill your first tag, you can get another salmon tag while supplies last. **The last day to fish the cultural salmon sites is December 16, 2019.**

The fishing incentive drawing will be held in January

In 2020 the **Lhuuke Illahee Fish Hatchery** will become the home of thousands of steelhead smolts for rearing and release into Rock Creek, a tributary of the Siletz River.

Contact the **Natural Resources department** **541-444-8227** to learn about this project and how to volunteer to help with the feeding and care of the smolts and future returns.